

THE IMPLEMENTATION OF TACTICAL APPROACH ON FOOTBALL SUBJECT TO ENHANCE COOPERATIVE VALUES

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Abstract—The purpose of this research is to analyze the implementation of tactical approach on the football game learning activities in order to enhance cooperative values for students of year 2016 in Sport Training Education of Sport Science Faculty of UNNES. The study used a qualitative approach and the method implemented was an action research. The sample was around 80 students. The results of the study were: 1) students were able to reflect themselves the materials given by the lecturer. 2) the lecturer's tactical approach could give thorough evaluation individually about the students' progress, 3) the correct analysis could make students aware of their mistakes done during the learning process, 4) during the learning process, the students could implement the sport values particularly the cooperative values done by students was already high.

Keywords—tactical approach, cooperative values, UNNES.

I. INTRODUCTION

Football is one of the many required subjects for students of Sport Training Education Department based on the 2012 and 2015 curricula. Football class is one of the many branches in the sport games branch. The game is conducted with all parts of the body; such as leg, chest, head, or arm, except the goalkeeper who can play with all parts of the body including arms. Sucipto, et.al (1999:7) explains:

Football is a group game; each group has eleven players and one of them is a goalkeeper, in which is conducted with legs, except the goalkeeper who can play with arms in the penalty kick area.

Based on this opinion, it can be described that football is a sport game played by two groups, in which each group has eleven players including the goalkeeper. To achieve goal in football game, it needs a good technical control. Thus, this basic technique has to be practiced systematically, directedly, and repeatedly so that the player can master and has a good technique quality. Talking about basic technique, Luxbacher, quoted from Wibawa

(1997:11), explains: "All activities that underlie activities, so that, with those assets, the player can play well, and practice directedly". In other words, each player has to learn and practice to master the football basic technique well so the player can cooperate with other team players to score a goal to win the game. Potential and self development in a certain activity are factors to determine the achievement level of an accomplishment and a study result. It is explained by Lutan (1988:13):

The factors above are divided into two: 1) Endogen factor, and 2) Exogen factor. Endogen factor is an attribute attached to someone's physical and psychological aspects, while exogen factor can be interpreted as all external factors, or the environment.

Those factors above support the achievement in mastering football. It is because those two factors give a big contribution in achieving an achievement and study result. Thus, in study process of a sport branch for a student, it needs to pay attention the condition of the endogen and exogen factor. For a student, the function of exogen factor has to be very optimal, meaning that the condition of the studying process has to be able to support the goal achievement. To achieve the goal, a teacher or lecturer will choose the method or model that is suitable for the characteristic of the study material and the condition of the students. To face this factor, it needs a study development model or method that can increase the students' interest. One of the study development that will be discussed in this study is tactical approach.

Tactical approach is a study approach that emphasizes the situation and learning the playing skill. The purpose of this approach is to improve the students' awareness and understanding about playing concept through technical application that suitable for the problem or situation in football game. Ma'mun and Subroto (2001:4) explains: "Tactical approach is a way of improving the students' awareness about playing concept through technical application that is

suitable for the problem or situation in the game". According to this opinion, a study with tactical approach can support the students' interest in football subjects, and is expected to be able to increase their playing ability. In addition, through tactical approach, the study process uses direct and comprehensive play through the play forms and patterns in football game.

In the study process of tactical approach, it can give a positive effect to the students. Ma'mun and Subroto (2001:8) explains: 1) Through the approach of similar practice to the real play, the students' interest will be increased; 2) The improvement of tactical knowledge is important for the students to maintain the balance of their technical skill; and 3) To deepen the understanding of the play and to improve the ability to divert the understanding more effectively from a performance in one game to another game.

Talking about the study process in Football subject through tactical approach, there are social aspects that generally describe the cooperative value. Cooperation is a way to reach goal faster, and almost all of the life aspects need this. Cooperation or teamwork is the most important thing in football game because without good teamwork, all kinds of strategy will not work out in achieving the game goal. From this explanation, it can be said that, with teamwork, a goal can be reached easily and fast. Thus, it needs a study that can be an information in applying the tactical approach in Football subject. From the problem above, it needs a study about the implementation of tactical approach on the study of football game activities to enhance the cooperative value.

II. LITERATURE REVIEW

1. Football gameplay

Football is a game played by eleven players. Each group tries to score goals, and keep the goal from the opponent. To play this game, there are also rules for players.

Football is one of team sport branches that has two kinds of important skill. They are physical skill and the skill of controlling the ball. Basically, physical skill affects someone's performance either in practice or in games, so it is absolute for every football player. According to M. Sajoto (1988:57), physical condition is one of the most important requirements in achieving goals for a player, it even becomes the basic need for the beginning of the games.

Furthermore, Djawad (1981:29) says that, to be a good player, someone needs to know the basic techniques in football game. There are some ball control techniques in football game; they are: 1) kicking the ball, 2) receiving the ball, 3) dribbling the ball, 4) tackling the ball, 5) heading the ball, 6) deceiving the opponent, 7) throw-in, 8) special goalkeeping technique (Depdikbud 1991/1992:65). Sardjono (1988:16) also explains that football techniques consist of two groups; they are 1) techniques that do not require ball, such as changing the direction of play, throwing and jumping, deceiving without ball, and

2) techniques that require ball, such as kicking, receiving, controlling, deceiving with the ball, tackling the ball, and goalkeeping technique. From those basic techniques, throw-in in a modern football game is usually used for attack if there is a throw-in in penalty area, besides, the off-side rule is not applicable when there is a throw-in, and this is advantageous for those who receive the ball to score a goal.

2. The Study of Football Game

The activity of studying in university or usually called "perkuliahan" (in Bahasa) is an interaction between education and the students in learning subjects that have been composed in a curriculum, and the students have to finish the Football subject.

3. The Study of Tactical Approach

Basically, the tactical approach is related to the application of technical skill in game situation. The lecturer uses model of tactical approach by planning the level of study assignment in the similar game context to develop the students' skill and tactics.

III. METHOD

Method is a way to reach a goal or purpose. The method usage in the study is important because the right method is expected to reach the goal. Besides, the use of a method depends on the discussed problem, meaning that the use of a method is seen from the effectivity, efficiency, and relevance towards the analyzed problem.

The study uses qualitative approach and Action Research method that focuses on the common class situation or "*Classroom Action Research*". The writer of this study uses this kind of method to know how far the students are able to think reflectively doing the discussion and determining their own choices in overcoming problems.

The population in the study is the students of the Sport Training Education year 2016. To determine the subject of this study, the writer uses purposive sampling. In addition, the sample of the study is 80 students of Sport Training Education.

The variable of this study is tactical study approach for Football subject to enhance the cooperative value.

To help the students in implementing tactical approach in Football subject, the writer modifies the material of the study, so that the writer can do the direct observation during the study process. In this study also, the main instrument is the writer itself, and do the direct observation to collect the data or information. The writer collects the data by observing and interviewing.

IV. RESULT AND DISCUSSION

The students know the basic technique of passing in football game. Thus, the lecturer gives tactical approach with modified rules and field.

a. Planning

Tactical problem : Short pass, long pass, and how to keep possession of the ball

Focus of the study : Long and short pass, and receiving the ball using the inside of the foot and tip of the inside of the foot.

Indicator:

1. Doing the variation and combination of passing using the inside of the foot and the tip of the inside of the foot in pair within the group.
2. Playing with modified rules to instil the cooperative value.

The purpose of the play:

1. The accuracy of pass
2. The use of two touch to control and pass the ball to a team mate.
3. The skill development of pass.

The game : 2 vs 2, the game is conducted in a field or 30x20 meters area.

The purpose of the activity : Passing and receiving the ball alternately.

Questions :

Q : What should the player do in this game?

A : Tackle and control the ball from the opponent.

Q : How do you pass the ball?

A : By transferring the ball accurately to a team mate.

P : How do you stop the ball?

J : By moving to the direction of how the ball comes and control it accurately.

The purpose of the material : Two students in pair within 15-30 meters.

The purpose of the activity :

1. The use of two touch to control and pass the ball to a team mate.
2. A strong and accurate passing using the inside of the foot and the tip of the inside of the foot, which is conducted alternately with both feet (left and right feet).

Directions :

Passing

- a. Look forward to the passed ball
- b. Place the feet next to the ball
- c. Use the inside of the feet and the tip of the inside of the feet
- d. Stretch the arms to maintain the balance
- e. Kick the ball in a middle and lower spot
- f. Bend the feet when kicking the ball

Receiving the ball

- a. Stand right in front of the ball when it comes
- b. Try to use two or three touch with the inside of the feet (left or right)
- c. Prepare to do the next pass.

Game : 2 Vs 2 within 30 x 20 meters without goalkeeper.

The purpose of the activity :

1. Fast control and pass
2. Strong and accurate pass
3. Look forward
4. Kick the ball to a team mate

Conditions :

1. Maximize two or three touch before passing
2. Short pass should be done by keeping the ball low on the ground
3. Long pass should be done high

Action : Applying Football subject

Observation : Doing and evaluating the result of the action

Reflection :

1. Evaluating the action in Football subject
2. Fixing the application of the action
3. Evaluation the action

There are some problems found when the observer tries to observe the study, they are:

1. The position of the foot is not equal to the ball, or the foot is close to the ball when shooting the ball using the outer side of the foot.
2. Some students just stand (not looking for a space) when receiving the ball.
3. Some students cannot maneuver the ball to the target.
4. Some students still look down the ball.
5. There is an interaction between students when they pass and receive the ball
6. The cooperative value found in the students is high.

V. CONCLUSION

From this study, it can be concluded that:

1. The study of tactical approach model with modified rules and field gives an optimal result, which results a high cooperative value in football activity done by the students.
2. Some problems found in the study that uses tactical approach can fix the error in football techniques more effectively.
3. In the process of evaluation, each student is seen to be more cooperative.

Based on the conclusion above, it needs a tactical model in study process to see how the students develop and master the basic football technique to support the value of a team sport, especially the cooperative value.

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