

The Cultivation of Aesthetic Value and Aesthetic Ability in College Art Education

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Abstract. Aesthetic essence refers to human's subjective social consciousness of beauty. Since things have different types of display, people have different attitudes and views on the concept of beauty. At the same time, the level of objectivity produced by things also makes objective objects have different judgments and evaluations of beauty. These are also commonly known as aesthetic value and aesthetic ability. With the renewal of social trends, many students who have not yet left the campus have different understandings of beauty. In order to better cultivate the good aesthetic ability of college students, aesthetic education has become an important part of China's quality education that cannot be ignored.

Keywords: college art education; aesthetic value; aesthetic ability cultivation.

1. Overview

In the social environment with diversified aesthetic trends, many social opinions will split or even distort people's aesthetic ideas. Establishing correct aesthetic values can effectively form correct aesthetic consciousness and exert positive aesthetic values, so as to have an appropriate cognition of others and themselves. Moral education is the main purpose of education in colleges and universities. Nowadays, with different definitions of beauty, education of fine arts in colleges and universities not only belongs to the expansion and extension of art colleges and universities, but also becomes one of the important ways to cultivate correct aesthetic values and aesthetic ability of college students. It is not only the main force in art education, but also a course that the education department attaches great importance to. Having correct aesthetic value can not only promote the physical and mental development of college students, but also promote positive social energy.

2. Significance of College Art Education

Perception and insight are the most basic ability to discover beauty, and people's emotional fluctuations are due to the injection of freshness, so that they have different perspectives on aesthetic understanding. The courses of aesthetic value and aesthetic ability added into college art education can not only effectively improve college students' aesthetic perception ability, but also strengthen their intuitive perception ability to the outside world, so as to grasp the external world objectively and accurately. This kind of acute sense of smell and visual perception of the micro aspects of things can effectively improve the insight of college students. In order to better help readers understand the meaning of college art education, the following will be displayed in the form of pictures, as shown in Table 1.

Table 1. the significance of fine arts education in colleges and universities

Curriculum cultivation purpose	Significance of curriculum cultivation
aesthetic value	Enhance the sensibility of beauty
aesthetic judgment	Strengthen the external intuitive perception

For this reason, in response to the changing social environment, there is a special ability to quickly find the differences and similarities between things. To some extent, it also expands the thinking of students' brains and solves practical problems more quickly, which is the most core content value of the university where aesthetic education is located.[2] It can be seen that aesthetics has far-reaching

significance. In order to better help readers understand the content of the article, it will be displayed in the form of pictures, as shown in Table 2.

Table 2. aesthetic importance and aesthetic education function

Aesthetic importance	Aesthetic education function
Be able to think in depth	Stimulate imagination
Active thinking	Stimulate creativity

The cultivation of aesthetic value and aesthetic ability is not spread as a single ideological course. In the process of aesthetic appreciation, it is also helpful for us to correctly view beauty and recognize the beauty of morphological features. Therefore, for college students majoring in sports, with basic aesthetic education knowledge, they can fully combine physical beauty and physical movement, and give full play to sports quality and aesthetic quality in the process of realizing strength and beauty.

3. Current Situation of Education in College Art in China

3.1 The Proportion of Art Skills and Internal Aesthetics in Art Education is Unbalanced

Education diversification and the industrialization of education institutions have caused many problems in college art education. In order to make readers better understand the content of the article, the following picture will show the causes and effects of education problem in college art in China. See Table 3 for details.

Table 3. causes and influence results of education problem in college art in China

Cause of the problem	Influence result
Educational institutions pursue benefits	Poor teaching quality
Candidates with low threshold access	Less contact with Aesthetic ability

As can be seen from the chart, the problems derived from it cannot be ignored. Among them, the admission standard of colleges and universities is always at a low level, and the uneven level of students also influences the teaching enthusiasm and quality of teachers to some extent after a large number of colleges and universities flood in. However, due to the neglect and prejudice of art education, in the highly competitive obligation education college entrance examination, many students who fail the college entrance examination will choose art major, thus winning admission tickets to the university for themselves. Therefore, in the same batch of art students of different levels and levels, there will be some "examinees" who are quick to succeed. They only pay attention to the cultivation of artistic skills, but have little contact with and understanding of the intrinsic aesthetic value and ability. When two different levels of students enter the same college, the school will only carry out a unified teaching arrangement for students. This kind of teaching concept of non-discrimination cannot stimulate students' aesthetic potential to the greatest extent. This kind of superficial skill improvement, the neglect of aesthetic value and aesthetic ability, even makes college students' aesthetic practice ability unable to get the fundamental display[1].

3.2 There is a Deviation in the Emphasis of Independent Learning of Art Education Middle School Students

The fast-paced lifestyle not only quickens the pace of action of people in work positions, but also enables college students who should be in a slow learning environment to study courses in a hurry. In addition to professional art colleges and universities, ordinary colleges and universities often position art teaching as an elective course. Due to the small proportion of credits and short course time, most college students' study of this course is "fleeting". Many students even leave in a hurry after they get the credits. This kind of deviation in emphasis in students' independent learning makes college students not have more subjective consciousness to learn art knowledge, or even have insufficient motivation to learn what beauty is. The emergence of this situation not only requires

colleges and universities to set art courses as compulsory courses, but also attaches importance to the cultivation of aesthetic ability while strengthening the basic skills of art. In this way, students' interest in art learning can be enhanced and their aesthetic ability can be continuously improved.

4. Cultivation of Aesthetic Value and Aesthetic Ability of College Students

4.1 Cultivation of Students' Aesthetic Value and Ability by College Teachers

In order to improve college students' cognition of art education in essence, the school and students need to make joint efforts. University teachers on their own to improve the depth of understanding of the fine arts education, starting from the spirit of students, teaching environment and aesthetic activities make full use of and integration, in different teaching links, pay attention to their aptitude, the training of aesthetic personality, let the students can use the standard of beauty to appreciate beauty, create beauty and beauty. The flexible teaching method and the free teaching content can greatly show the aesthetic characteristics of college students. College teachers should study and develop together with students in art education. Can develop aesthetic acme only.

4.2 Improvement of College Students' Aesthetic Value and Ability

Painting is a kind of college art education, clever practice of painting, not only can improve students' sense of beauty, but also can improve students' aesthetic ability, so as to maximize students' aesthetic creativity. This kind of full expression of students' emotions and information and the display of their imagination freedom can completely liberate students' spiritual level. In other words, students are more willing and interested in exploring the beauty of art in the external world. Therefore, in the process of imparting knowledge to students, teachers in colleges and universities should consciously promote students' aesthetic appreciation, so that students can express their individuality in the refinement of painting skills and images, or even fully integrate them with aesthetic appreciation. Students can only create works of art with more aesthetic value when they become more sensitive.

4.3 The Significance of Image Thinking Ability to Aesthetic Value and Aesthetic Ability

The diversity of beauty enables college students with mature views and unique understanding to have more different levels of understanding. For students' own aesthetic feelings, teachers do not need too much intervention. Let students have enough space to play, in order to be able to aesthetic art in a relaxed and pleasant atmosphere. In this process, as a college teacher, we should clearly understand the significance of image thinking ability to students. Students have certain image thinking ability, which can greatly improve students' analysis and judgment of the external world. In the creative process of restoring things themselves, it can even be extended to real life[3]. It enables students to grasp the essence of things more comprehensively and intuitively in the face of practical problems in the future. Reduce detours in problem solving. The following picture shows the frame map of image-thinking, as shown in Figure 1.

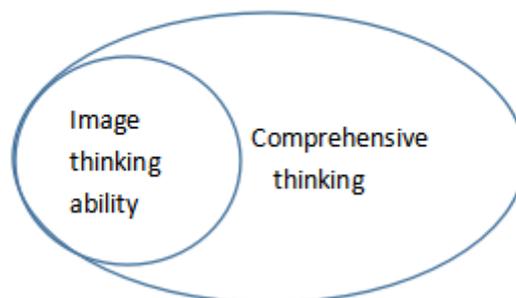


Figure 1. frame map of image thinking

It is not enough to rely only on the ability of image thinking, but also need to stimulate students' pursuit of aesthetic ability. Teachers can also guide students to make full use of aesthetic vision to find the beauty of things and show the beauty of things in their later life[4].

5. Conclusion

Set up the correct aesthetic values is the fine arts education in colleges and universities, and even the age problem that not allow to ignore, in the process of art education in colleges and universities, courses related to specific Settings, timely adjust the focus of education, to the training of the students thinking in images, etc., is fully develop and enhance the aesthetic value and aesthetic ability of students. The level of individual aesthetic appreciation is essentially the level of individual appreciation. I want to be an outstanding person with correct outlook on life, world outlook and values. The cultivation of students' aesthetic value and aesthetic ability is the most basic premise for colleges and universities to continuously supply interdisciplinary talents for the society.

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