

Prevention and Treatment for College Students' Network Behaviors Developing into Realistic Problems

Inspiration and Thinking Based on the Processing of Related Cases

Chunfang Li

Electrical and Mechanical Engineering Institute

Zaozhuang University

Zaozhuang, China 277160

Abstract—As the backbone of the online world, college students are affected by online culture in their learning, life, psychology, moral quality, and values. Because of the complexity of network culture and the limitations of college students themselves, this effect can not only play a favorable role in the process of college students' growth and success, but also cause some negative problems. Full time instructors should be courageous to face and solve these problems. But the key is to gather all aspects of power to help guide students to prevent the evolution of network behavior into a real problem. On the basis of a recent case of the evolution of college students' network behavior into a real contradiction, which is the author's firsthand experience, the author analyzes and thinks about how to prevent and treat this kind of problem in this paper.

Keywords—college students; network behavior; realities; prevention and treatment

I. INTRODUCTION

With the development and popularization of information technology, the Internet has entered and integrated into the daily learning and life of college students. Due to various reasons, while the network brings positive energy to college students, it also inevitably produces some negative effects. Even by the intensification of online behaviors into practical contradictions and problems, it has a serious impact on the growth and education of college students and also brings new challenges for the schools' management. Recently, the A college students and the B college students have intensified their uncivilized verbal behavior into attacks and fights in the real world because of the trivia in the sports competitions. In the process of dealing with this matter and the follow-up student education management, the author carried out relevant investigations on the characteristics of college students' online behaviors, and conducted in-depth thinking on how to prevent and deal with such problems among college students, and put forward some insights.

II. BASIC SITUATION OF THE CASE

In the annual college basketball match, a college student Wang XX and Li XX had some opinions and feelings about

the result of the competition and the performance of the other party (B College). They post on the Internet without calmness, including the uncivilized language for students of B College. That night, B college student Zhang XX and Zheng XX went to a college dormitory to find student Wang XX and threatened him with verbal intimidation. A college dormitory's duty teachers and student cadres stopped the improper behavior of Zhang XX and Zheng XX of B college students in time, preventing Wang XX from being further injured. As an instructor, as soon as receiving a call from a student dormitory teacher, the author rushed to the student dormitory for the first time and reported to the college leaders about this. After arriving at the dormitory, the author saw that the mood of the student Wang XX is somewhat fluctuating. After knowing that the body of him was not hurt, the author tried to appease his emotions, and made some euphemistic criticisms, to urge him to act correct. The author asked him to find the reasons from himself, and then prepare a written review. In the meantime, the author called Li XX to require him to reflect himself deeply. At the same time, the author thanked the student cadres and duty teachers for their active help, and requested them to pay more attention that how the thing will go on.

The next day, the author promptly reported the relevant circumstances of the previous night to the leaders of the A college and heard relevant instructions followed by that communicated with Wang XX and Li XX and checked their written reviews accompanied by the severe criticism and education for their misconducts. In order to avoid the recurrence of similar incidents, the author summoned all classes of students to hold a class meeting with the theme of cyber civilization to educate students on the importance of civilization. On the second day, for serious discipline and achievement of warning education, College Student Work Office planed and the Party General Office agreed that Wang XX should be given a warning according to regulations of the Student Disobedience Disciplinary, and the disciplinary decisions should be notified to B College, requiring College B to cooperate our college to deal with Zhang XX and Zheng XX.

After a period of conflict resolution, the author continued to track the education of Wang XX and Li XX, and continued

to educate all the students on Internet civilization. Since then, similar incidents have been failing to reoccur in A College. Students also pay more attention to the normalization and self-image of Internet behavior. What's more, other disciplinary behaviors have also been reduced.

III. A BRIEF ANALYSIS OF THE CHARACTERISTICS OF COLLEGE STUDENTS' NETWORK BEHAVIOR

This event was caused by the uncivilized speech intensification on the network of college students, and then evolved into a contradiction in reality, resulting in violating the school rules and destroying the order of the campus. After this incident, as a full-time instructor, the author has made a summary and reflection on my own student education management, and thought about how to perform student work well and fulfill the duties as a good instructor. Investigation and research is the basis of doing things. In the process of summarizing and thinking, the author has a systematic grasp of the characteristics of college students' network behavior through theoretical study, data collection and in-depth investigation.

A. The Universality of Network Behavior

According to the CNNIC information of "2017 China Internet network development statistics report", as of June 2017, China's Internet users have reached 751 million. From the internet tools, the proportion of netizens using mobile phones to access the Internet is 96.3%; the percentage of users using desktop computers, laptop computers, and tablet computers are 55%, 36.5%, and 28.7% respectively. From an age point of view, the proportion of netizens aged 20-29 is the highest, reaching 29.7%. From a professional perspective, the proportion of students is the highest, with a ratio of 24.8%, of which college students are the main force. Looking at the 200 or so students in the four classes where the author is the instructor, the proportion of netizens is 100%. No student is found to be not using the Internet at all. Students' Internet access tools cover mobile phones, desktop computers, laptop computers, and tablet computers. Each person has a mobile phone in their hands. Some students have their own computers for Internet access in their dorms, and some students go to the school's computer room or Internet cafes outside school and to use computers for "online games."

B. The Diversity of Network Uses

University is the transition stage from "ivory tower" to "social man", but learning is still the main task of university students. Therefore, it is the main network use of the college students to obtain the learning education resources through the network, obtain the knowledge outside the classroom and the books to promote the personal learning achievement and the comprehensive quality. But the author finds that the Internet use of college students is far more than learning knowledge, but showing a distinct diversity. According to the advantages and disadvantages, these uses are divided into three levels, "good, medium and bad". "Good" network uses include online access to download learning materials, use online learning platform, etc. Especially for graduates, they are faced with the pressure of employment or graduate study. The network

inquiries for the past years of exam excises of civil service examinations and postgraduate entrance examinations as well as their minimum passing scores, especially the mass basic knowledge needed for the examination of civil servants has obvious advantages over paper materials. In order to facilitate the communication between students, the student QQ group, the WeChat group, the class public network account and so on, are also the "good" network uses. The "medium" use of Internet is mainly for leisure and recreation after school, such as browsing news, updating micro-blog, shopping online, watching movies, listening to music, communicating with friends and relatives through modern means of communication. "Bad" network uses mainly include cyber love, browsing unhealthy websites, online games, and spreading Internet rumors and even online fraud as "keyboard man" while does not discriminate the web information.

C. The Incomplete Controllability of Network Behavior

The Internet is called the fourth media after newspapers, radio and television. Today, although the network is no longer a real new thing, because the network is an open, relatively free virtual Kingdom, it is easy to achieve information exchange beyond the limit of time and space, and most Internet services are free. College students have high cultural quality, strong interest in learning, quick acceptance of new things, active thinking, pursuit of freedom and personality, the spirit of suspicion and innovation, but at the same time, they don't have enough economic power. These characteristics determine the natural attraction of the network to young college students, and the appropriate use is beneficial to the growth of college students. Otherwise, it will become a "stumbling block" that hinders the normal study and life of college students. In the author's survey, it is found that in the diversified network use, the study that have ought to be the "main task" have become a "sideline" for college students. Leisure and entertainment even killing time is the main purpose of most college students' Internet access. Some students fall into cyber love and indulge in Online games, causing decadence, academic waste and even more, there are phenomenon that some students can't normally graduate because of the failure of the more than one course. Due to the poor ability of acuity, discernment and self-restraint and the influence of bad network resources for a long time, individual students have appeared in different degrees of network moral problems, resulting in the distortion of world outlook, outlook on life, values and unsound development of personality. They not only behave badly on the Internet, but also lose good performance in real world. They will even break the moral bottom line and the legal "red line", resulting in serious consequences. In this event, the students of our school evolved from the verbal conflict on the Internet into the real abuse and assault, which is essentially the performance of the actual behavior anomie caused by the anomie of the network behavior of the university students. Although it did not cause more serious consequences, both the student involved in the incidents and the instructor should be aroused enough vigilance.

IV. REFLECTIONS ON PREVENTING THE EVOLUTION OF COLLEGE STUDENTS' NETWORK BEHAVIORS INTO REALISTIC PROBLEMS

Although college students' network behavior has the characteristics of universality, diversity and incomplete controllability, because most college students have strong self-restraint ability and good moral quality, and the strict school management system is standardized, it is not a common phenomenon that college students' bad network behavior evolves into realistic problems. However, the actual contradictions and problems caused are not an individual case. Many problems caused by Internet behavior are in the "brewing period". Although they are not yet intensified, they cannot be ignored. In response to these problems, it is necessary to control potential risks, sink the focus of the work, and strengthen diversion as well as prevention so as to avoid adverse effects as much as possible.

A. *It Is Necessary to Pay Attention to the Students' Network Moral Education*

Under the condition of informationization, we must strengthen the network moral education of college students with the times. The key point of the network moral education is to train the students to resist the bad network culture, to guide the college students to obtain positive energy from the network and to improve their self-cultivation and state on one hand. On the other hand, it is to make college students realize that the network ethics is not only the need to maintain a good network environment, but also to safeguard the interests of their own network, and consciously standardize their own actions on the Internet. The growth environment of college students is relatively simple, and there is no fundamental conflict of interests between them. Most of the network contradictions are caused by improper speech and competitive personality especially that at present, college students are accustomed to making speeches with the help of network positions. In particular, they often reveal in cyberspace what they dare not express or it is not inconvenient to express in real world. Some students behave well in the reality and pay attention to the behavior, but on the Internet, they will act the opposite performance with dirty and scold words and without moral constraints. This requires instructors to keep abreast of the current situation so as to standardize the basis of network behavior and develop network moral education for college students.

B. *We Must Pay Attention to the Improvement of the Quality of the Students' Civilization*

On the surface of this event, the students violated the network morality, but the network morality is the continuity and expression of the moral quality of the college students in real world. So, the essence of the incident is that the quality of some students is not up to the standard. Thinking is the guide of action. To prevent this kind of phenomenon fundamentally, we must insist on putting the ideological and political education of college students in a prominent position, which is also the duty and responsibility of a full-time instructor. For a counselor, the management of students lies in not only discipline constraints and disciplinary actions, but also to the

development of socialist core values education, traditional moral education, civilized etiquette education and so on to help students establish a correct world outlook, outlook on human life, values, and make civilization and rite become the self-conscious pursuit of the college students.

C. *It Is Necessary to Pay Attention to the Construction of the System*

The system is the most fundamental, long-term and normative constraint. In order to explore the long-term mechanism to prevent such phenomena, it is important to integrate network moral norms and disciplinary of students' network behavior anomie into the system construction. In the student management rules and regulations, we can increase the section of network morality or compile the code of conduct of network ethics separately. And the students' network behavior, the quality of civilization should be linked with the evaluation of the "three good" student, excellent League members, outstanding student cadres and scholarships, comprehensive quality assessment and so on. At the same time, if there is any violation of discipline, the students should be punished accordingly or be canceled the eligibility for evaluation.

V. SUGGESTIONS ON THE EVOLUTION OF COLLEGE STUDENTS' NETWORK BEHAVIOR INTO A REALISTIC PROBLEM

Based on the thinking about the process of dealing with the practical problems caused by the network behavior between the A college and the students of B college, as well as the inspiration from the similar case handling skills and the duty of the full-time instructor, the author puts forward the following suggestions on how to deal with the actual problems of the evolution of College Students' network behavior.

A. *Counselors Are Not Only Students' Political Teachers, but also the "Eudemon" of Student Safety*

This case not only exposes students' lack of network morality and the anomie of network behavior, but also exposes the hidden problems of students' safety management. If not handled in time, it may cause serious physical conflicts among students, and even intensify the fight between students. For the education and management of students, instructors should adhere that ideological and political education is the fundamental, moral quality cultivation is the key and safety and health is the focal point. On the basis of Ideological and political education and moral quality education, it is necessary to always pay attention to protecting the personal safety of students. In particular, it is essential to educate and guide college students to resolutely not take violent behavior such as fighting as a means to solve problems, so as to ensure that students' physical and mental health is not harmed.

B. *It Is Necessary to Care Not Only for the Students of this College, but also for the Students of the Other Colleges*

Contradictions are not caused by one side. It's right to pay attention to the work of both sides in resolving conflicts. "Putting the blame on the both parties equally" is not only the doctrine of the mean, but also the methodology of solving problems sometimes. To solve the contradiction, we should not

favor our college students intentionally. Using a ruler to measure the faults of both parties and dealing with the issue in an objective and fair manner is conducive to resolving contradictions and to the development of students.

C. Communication Is the "Lubricant" for Solving Problems, and Mutual Understanding and Support Is the "Catalyst" for Solving Contradictions

Communication can make the wall a bridge. In order to solve the problem smoothly, it is inseparable from the guidance of the leadership of the college. It is necessary to report the events and the matters that need the support of the leadership in the first time, so that the information between the upper and lower levels is symmetrical and the communication is smooth. At the same time, it is necessary to pay attention to the communication with the other college instructor and win the understanding of the other person, and then give support in dealing with students who are guilty of misconduct. The two party students also should understand each other, and give concession to each other for common progress.

D. We Should Give Full Play to the Role of Student Cadres and Form a Joint Effort

The instructors need to be actively responsible for their duties, but the education management of college students should pay attention to the independent management and self-regulation of the students as well as the role of the student cadres. Comparatively speaking, students are less restrained in dormitories than in teaching places and public places. It is necessary to highlight the main force role of student leaders and house leaders. As the "master" of students' dormitories, the teacher on duty is richer in social experience than the students. It is more active and safe to deal with students' contradictions in the perspective of "social people", and to form complementary roles with student cadres, which helps to find problems and solve problems in time.

VI. CONCLUSION

In the information age, we must pay attention and specification to the Students' Network behavior, the key is to do a good job in the basic work of Network Moral Education, the Improvement of the Quality of the Students' Civilization, and the Construction of relevant Systems, so as to prevent the evolution of network behavior into a real problem. If this happens, Full time instructors should gather all aspects of power to solve these problems actively in the first time and explore the establishment of a long-term mechanism.

REFERENCES

- [1] Hui Min, Li Liang. "Study on the Regulation of College Students' Network Anomie Behavior" [J]. Ideological and Theoretical Education. 2013(09).
- [2] Hua Huang. "A Study of the Moral Identity of Social Cognitive Orientation" [J]. Psychological Exploration. 2012 (06).
- [3] Ma Xiaohui, Lei Li, "The Relationship Between Adolescents' Internet Morality and Their Deviant Behaviors" [J]. Journal of Psychology. 2010 (10).
- [4] Hu Kai, "Study on the Improvement of College Students' Mental Health Quality in Network" [M]. Chinese Book Publishing House, 2013.
- [5] Fu Xiaoling. "Innovative Research on College Students' Network Ideological and Political Education" [D]. Southwest Petroleum University 2102.
- [6] Wang Yirong, Liu Quanfeng, Liang Yong, Zhang Yijun, "Analysis and Countermeasures of Internet Behavior of Vocational College Students in the Internet Age" [J]. Journal of Zhejiang University of Water Resources and Electric Power. 2013(01).
- [7] Luo Xiaoling. "Research on College Students' Internet Morality and Moral Consciousness and Their Relationship" [D]. Central China Normal University 2007.