

# The Choreography of Early Childhood Activities

## Taking the Story of "The Small White Rabbit and the Wolf" as an Example

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**Abstract**—Children's dance education is to cultivate children's interest and hobbies, the children's dance organic combine with children's language activity. It can increase the children's interests in language learning, it also conducive to the physical development of children. Adding the choreography of simple dance movements in the children's stories promotes the children's comprehensive development.

**Keywords**—dance education; stories and activities; infants

### I. INTRODUCTION

Children's dance education, as a component of early childhood education, on the micro has its own education target, but it has exactly the same as that of the overall preschool education in the education of promoting the sustainable development of children's life. We should emphasize the children's dance education and early childhood development as into an organic whole instead of stay in cultivating children's dance movement. We should also combine dance education and other areas of early childhood education, organic blend in preschool dance to other areas of early childhood education. The important subjects worthy of our study which combines children's dance education and other areas of early childhood education are how preschool education professional dance teachers in the children's story into dance elements and the reasonable arrangement dance movements in children's stories.

### II. SELECTING THE APPROPRIATE STORIES FOR INFANTS TO PERFORM THROUGH DANCE

#### A. Having Distinct Themes and a Simple Structure

When choosing a preschool dance moves design of the original story, we should consider whether children's story fits into the design of the dance moves or not. First of all, the children stories which we choose should have distinct themes, positive upward, and the positive characteristics. The young children's judgement is not strong, so they have no idea whether it good or bad and they are unable to give a correct judgment. We have to consider in children characteristic when we choose the stories. We select positive children's stories with bright topics, which improve their judgment. Second, the important factors which affect our choices are simple structure and uncomplicated plot. Provided that the content of children's stories beyond their cognitive category, then it will cause the children to

understand the story of great difficulty; if we add the dance movements at this time, young children cannot grasp the intention of dance moves, it will be hard to achieve our original aim of the teaching of a children's story. "The Small White Rabbit and the Wolf", for example, first of all, the theme is distinct, and the story helps young children have subjective judgment. The story also teaches them don't be afraid to bad people. Secondly, the story structure is simple and clear, when children under the teacher's explanation, they can easily understand the story's message, so the first thing to consider is choosing children's story with clear theme and simple structure.

#### B. Creating a Vivid Image Suitable for Children

First of all, the design of the dance moves into the activities of story should consider the image vivid or not. Children in the story of image capture is very simple, they can't perform the image of a vertical display just through reading and understanding of the story, and they can't use body movements interprets the role. Therefore, when we choose a design into the children's dance activity, we have to consider whether the dance is vivid, whether children can through their own actions to perform the image. Second, the story of the image should also conform to the perspective of children; children look at the image in the story from an innocent perspective, and they are in the world of immature senses, so the story of the image cannot be separated from the perspective of children. When we choose a children's story, the story image always in the perspective of children, and it should around the story of the image from children's point of view. Then look at "The Small White Rabbit and the Wolf", the story's images building of two completely different images, one is naïve and lively white rabbit, the other is opposite, which is cunning, sinister and cunning Wolf. There are two kinds of vivid stereo of the story, which confirms to the perspective of children at the same time. Children's imagination to the story of the image is used to unfold; children believe that the small white rabbit is cute, while the wolf has been children considered vicious cunning. So, the story image and whether it in line with the vitality of the young children's cognitive are the necessary conditions when we choose children's story into dance.

### C. *The Story Is Full of Emotions Which Is Beneficial to the Expression of Emotion*

Children's emotional world is pure and abundant. This means that the children read the happy story they will have happy feeling at the same time; when they see the sad scene, they will also follow sad mood, so emotional is abundant in the children's story, which affects children's understanding of the content of the story. When children enjoy an emotional story, their hearts will be filled with his own feelings. We use some personal ways to express their understanding of the emotional story, not only conducive to children's emotion express but also be beneficial to children's cognitive development. Story full of emotion is beneficial to children's emotion expressing; children's emotional express also promotes a better integration of dance and story. In the story of "The Small White Rabbit and the Wolf", when rabbits find the wolf knocks at the door, they feel afraid; when children enjoy here, they will also feel the same way. When the small white rabbit's mother puts the Wolf away, all the small white rabbit is happy, children read this should also be excited. The plot of "The Small White Rabbit and the Wolf" has compact development. This is an emotional story, and the process of appreciation is beneficial to children's emotional expression. The story plays an important role in promoting dance movements closer to them.

### III. CHOOSING THE APPROPRIATE WAYS TO CREATE THE DANCE IN THE CHILDREN'S STORIES

We aim to cultivate children's learning and understanding through the story, to help children experience the work and improve their presentation skills as well. Combining a variety of ways and interaction of the story activity including design of dance movements, which is also one of the teaching methods. So, when we choreograph, the story plays a significant role, which means the story should be targeted.

#### A. *Capturing Images (Childlike Dancing)*

In the children's story, image capture is critical, which determines the style of all story activities. Usually when we capture the image, we only consider the imitation of children. We hope children present the image of imitation base on the story, while ignoring the children's imagination and action. We can build the image by using the dance movements design approach. We can also design the simple movement which is more specific and vivid, and help children use their bodies to show their images. When we were in building the image into the design of the dance movements, children's physical coordination capacity has been strengthened, and the plot of the story is not destroyed. It combines the dance and story correctly. In the story of "The Small White Rabbit and the Wolf", the first scene shows a group of lovely small white rabbits and a guileful wolf, when we imitate image into the dance movements, we can not only mimic the story but also make it more vivid. The design of the dance movements can perform the images of small white rabbits and cunning wolf vividly. Obviously, using the dance movements to perform images both can increase the interest and the plot of the story.

### B. *Expressing Emotion*

Children who aged between 3 to 6 are in the early stage of language expression, so their ability of expression is very weak. Their feelings cannot be expressed through the existing vocabulary and language. As for 3-6 years children, their direct emotion has performed on the body language and facial expression. They usually jump and laugh to show the happiness, and they also cry when they feel said. Children can express their emotions directly and appropriately through body movements and facial expressions. We can make use of actions and performance to express emotions better. In "The Small White Rabbits and the Wolf", the initial scene is a group of untroubled small white rabbits are playing. If we only use language to show the scene, we cannot show the loveliness of the white rabbit. It is also hard to reflect the characters' emotion and it hardly gives the audience the intuitive feelings. If we use design some actions to express the state of the characteristic of white rabbit, the result will be more different. In addition, in the climax stage of the story, it is necessary to use the specific actions to express rabbits' excitement when they beat the Wolf.

### IV. USING SIMPLE AND SUITABLE METHODS FOR CHOREOGRAPHY

First, we should get the story as the core content of activity; using a variety of effective ways to enrich the content of the activities. Therefore, we should consider the modification of actions when we create dances. Second, children are the most significant factors of an activity; we'd better use the simple steps in the process of creation.

#### A. *Repeating the Same Movement*

"Repetition" means using a set of movements to repeat a set of actions or a single action. In the children's stories, action repeated method is simple and feasible and the action design can be creative in this way. "Repetition" is generally used in strengthen emotions and express the status of the characters. For example, the story which I have mentioned before-"The Small White Rabbit and the Wolf", we can use an action to show how pleased the rabbits are (when the small rabbits use their wisdom beat the wolf), and repeat this action to emphasis the small white rabbits' positive feelings. It is a useful way to help young children release their emotions even the actions are simple.

#### B. *Improvisational Performance*

"Improvisational Performance" - giving a feature in the scene or music, using imagination to act choreograph. "Improvisational Performance" in choreography of children's stories activities is mainly used in some role-play. Every child has their own imagination when they hear music and comprehend it. "Improvisational Performance" provides an opportunity for children to show their inner thoughts by movements. Therefore, "Improvisational Performance" can build children's inner thoughts, it plays a significant role in strengthening lots of abilities of children, such as the imagination, the understanding of music, and it also exercise their movements. For example, at the beginning of "The Small White Rabbit and the Wolf", the article describes the

carefree rabbits and they are playing together, we can use "improvisation" to spread the imagination of children, and fully arouse the enthusiasm of young children, which promotes them use their own images and movements to show the lively rabbits.

#### V. CONCLUSION

Dance in the choreography of children's stories is a product of children's dance education and primary education of language. The logical story is a starting point of choreography. Children's story activities boost children's development of language ability; the choreography inspires children's imaginations, creativity and physical coordination. Contributing young children's comprehensive development, which is each preschool dance workers' goal.

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