

# *Study on the Mental Care System of Disability Elderly People from the Perspective of "Linkage of Community"*

—Take the H community in Jinan City as an example

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**Abstract**—To improve the modernization of the community, the spiritual care for the disabled can't be ignored, and how to better serve the disabled elderly by using the "linkage of community" is not to be ignored. This is the focus of this paper. Based on the empirical study of community H in Jinan, this paper summarizes the causes, paths and effects of spiritual care for the disabled elderly in community. The system construction is the top-level design of the government, the platform construction is the community platform guarantee, and the carrier construction is the perfection of social organization, and the talent construction is the cultivation and supply of social workers. The study found that as a part of the heart-warming community construction, the spiritual care for the disabled elderly people could not achieve good results by unilateral force. Only the linkage of the community, social organizations and social workers is really realized in order to promote the healthy development of services.

**Keywords**—"Linkage of community"; The disabled elderly people; Mental care

## I. INTRODUCTION

In order to weaken the administrative color of community services, in recent years, the government has begun to try to introduce social organizations into the construction of community services, marketize community services, and realize the multiple participation of community services. Among them, the importance of the "linkage of community" has become increasingly prominent and has become an important theoretical support in the construction of community services. At present, China's disability elderly have exceeded 40 million, Jinan City, 244,000 disabled elderly disabled, elderly people are not only faced with enormous physiological pressure, but also faced great psychological pressure, to improve the modernization of the community, the development of human nature, the spiritual care of the disabled elderly can't be ignored, in the process of caring mental disability elderly, how to use the "linkage of community" to better serve disabled elderly, this is the focus of this article.

## II. THE THEORETICAL BASIS: LINKAGE OF COMMUNITY

### A. *Integrated Platform of "Linkage of community"*

The community is not only a geographically and administratively zoning community, that is, the geographical

meaning of space and its jurisdictional streets, community neighborhood committees, and community party organizations; it is also a platform-meaning community, that is, an activity platform or service platform, and a community in the sense of community.<sup>[1]</sup> In the "linkage of community", the community plays a role as a platform to provide infrastructure and services to social organizations.

### B. *Social organization: the main body of the "linkage of community"*

Social organizations are different from governments and markets. Organization's non-profit, autonomy, and volunteerism are their basic characteristics.<sup>[2]</sup> Social organizations play a role as a carrier in the "linkage of community".

### C. *Social Work Professionals: The Backbone Power of "linkage of community"*

Professionals in social work refer to professional social workers who follow the professional ethical norms and the value concept of "Helping people to help themselves". Applying social work professional knowledge, skills and methods, integrating social resources, and providing professional social services, and help individuals in need. With organizations to develop their own potential, coordinate madness, restore and develop social functions, and promote social harmony.<sup>[3]</sup> In the "linkage of community" linkage, the social worker's sensational role is mainly composed of community workers and professional social workers.

### D. *Linkage of community*

The definition of "linkage of community" has varied opinions in theoretical research. For example, Ye Nanke and Chen Jincheng believe that "through the linkages among the three agencies established through community building, social organization cultivation, and modernization of social work, we will form a good situation in which the three communities share resources, complement each other, and promote each other, and accelerate the formation of interconnection between the government and society. The new pattern of social governance, interaction, and complementarity gradually promotes the joint development of the three agencies at different levels and steps, fundamentally enabling various

social conflicts to be effectively prevented and resolved at the grass-roots level, and achieving the harmonious development of the society. Based on the above discussion, the author has a clear understanding of the “linkage of community” and the “linkage of community” is guided by the needs of the masses, with government purchases, policy-led, community-based platforms, and social organizations as carriers, social workers are the backbone of the community governance system.

### III. H COMMUNITY DISABILITY MENTAL CARE

The H community is located within the Second Ring Road of Lixia District, Jinan City. It is located in a relatively economically developed area and is a middle-to-high grade community. It covers an area of 73,000 square meters and has a building area of 123,000 square meters. Currently, there are more than 4,900 residents and 43 disabled elderly people.

#### A. *The motivation of disabled elderly people*

The H community is a middle-to-high grade community; there are many disabled elderly people. The children of the elderly are generally busy with work, no time to accompany the elderly; the care of more elderly people is completed by the home care worker. However, disability old people not only face enormous physiological pressure, but also face enormous psychological pressure. As a result, the "disability elderly mental care project" purchased by the Civil Affairs Bureau of Lixia District of Jinan City was piloted in the H community.

We hope to improve the physical health of disabled seniors and their families, improve their quality of life, meet their needs, provide spiritual comfort services, alleviate the pressure of old age pensions and mental burdens, resolve emotional distress. We will improve the service capacity of social workers and promote industry propaganda and development. Through empirical research on relevant policies, we will provide case refers to policy improvement, promote social workers and develop the service industry for the elderly, and finally achieve the goal of building a warm-hearted community.

#### B. *Disability elderly mental care path*

The disability elderly mental care project was undertaken by the Jinan Shanquan Social Work Service and purchased by the Civil Affairs Bureau of Lixia District of Jinan City to serve the community of H community and nearby communities.

##### 1) *Government purchase*

The "disability elderly mental care project" is a project-led model. The project is funded by the Li Ka Shing Foundation of the Ministry of Civil Affairs, and the Liberal District Civil Affairs Bureau is responsible for supporting financial support. Purchased from 2014, the project period for 2018 is 12 months from January 2018 to December 2018. The purchasing of government is actually a manifestation of the marketization of public services. Through the form of government purchases, the use of a competitive mechanism can improve the service quality of social organizations and improve the service level of the community, and at the same time, it can better meet the diversified and personalized service needs of community residents.

##### 2) *Social organizations as carriers*

The "Disability elderly Mental Care Project" was undertaken by the Jinan Shanquan Social Work Service, and comprehensively used case group and community methods to provide mental care for the disabled elderly. Social organizations are stationed in the community, while social workers are embedded to guide their business and undertake specific business development. While introducing social organizations, H communities pay attention to the nurturing of local community organizations.

##### 3) *Community as a platform*

The "Disability elderly Mental Care Project" mainly serves disabled elderly people in the H community. The H community provides office space and services. In the actual activities, the community plays a role of propaganda and guidance. During the household survey process, the community staff, especially the residents' committee members, led the prevention of social organizations and social workers. There is a close cooperative relationship between community staff and social workers. The community reflects the needs of residents to social workers in actual work. Social workers involve activities programs and activities are carried out under the mobilization of the community. At the same time, the two sides exchange information and understand the needs of residents, providing services to community residents.

##### 4) *Social workers are the backbone*

Social workers play a central role throughout the process and the community provides support and assistance. Through the embedding of professional social workers, it guides the business work of social organizations. At the same time, the specific development of business activities also requires professional social workers to complete. Social workers provide professional services to communities and social organizations. H Community the launch of the "Love You and Me" volunteer service and the "Old Neighbour" program service benefited from the "linkage of community" of professional social workers, communities and social organizations. The community provides basic information for social workers and social organizations, and utilizes the role of social organizations as carriers to provide services by professional social workers.

### IV. ANALYSIS OF MENTAL HEALTH CARE SYSTEM FOR DISABLED ELDERLY FROM THE PERSPECTIVE OF “LINKAGE OF COMMUNITY”

#### A. *Management Guarantee: System Construction*

##### 1) *Establish and improve the government management system*

Establish and improve a scientific leadership mechanism and working mechanism, and establish a “linkage of community” working mechanism with “government leadership, department coordination, social coordination, and resident participation” to ensure efficient operation.<sup>[4]</sup> At the same time, relevant policies and regulations will be improved and preferential policies and financial support will be given to the development of social organizations and the training of social workers.

## 2) *Improve the assessment criteria*

The first is to form a multi-monitoring operating model. All government departments must perform their duties and supervise each other, effectively implement relevant policies for promoting the "linkage of community", and avoid the problem of the government's separation from the community and social organizations. The second is to improve the project evaluation plan and establish different assessment plans for different demand projects. For example, on the issue of assisting the handicapped elderly, the project is mainly aimed at the mental relief of disabled elderly people. At present, the government insists on this project. Quantitative assessment will make the community, social organizations and social workers "unable to handle."

### *B. Platform Security: Community Construction*

#### *1) Reduce administrative assignments*

During the H Community Survey, it was discovered that the H Community Residents' Committee often performs administrative work for social organizations and social workers. Social organizations that are resident units are not independent and will spend some energy on administrative work. The community should clearly divide its work and reduce or avoid allocating administrative work to social organizations.

#### *2) Establish community social organization training mechanism*

Actively nurture local community social organizations, establish community organization incubator bases, and focus on cultivating social organizations in public welfare communities to provide residents with more diversified and personalized services. Under the professional guidance of social workers, H Community has set up computer interest classes, Chinese painting classes, and manual classes to enrich the lives of the elderly.

### *C. Carrier Safeguard: Social Organization Construction*

Social organizations need to explore a self-sufficient system of work, improve their ability to make blood, reduce their dependence on the community, and actively appeal to socially caring people, charitable organizations, and volunteer colleagues to provide mental support and improve independence for disabled senior citizens.

### *D. Talent Support: Construction of Social Workers*

In the "linkage of community", talent is an indispensable part. In recent years, college students have chosen to continue their studies or engage in other areas of work. The loss of professionals is very serious. The fundamental reason is that the salary of social organizations is too low. Raising the wages

of social organizations is undoubtedly a good solution to the problem of brain drain. Second, we must strengthen the integration of community workers, social workers and volunteers. For disabled seniors, community workers are the ones who know the basic situation of disabled elderly people. Social workers are those with the best professional skills. Volunteers are the most convenient people to provide services.

## V. SUMMARY

"Linkage of community" as a new theoretical model of community governance is also the goal pursued by community governance. To sum up, it can be concluded that the "linkage of community" actually starts from the needs of the masses, under the leadership of the government, using the community as a platform, social organizations as the carrier, and social workers as the backbone of community governance. Today, with the modernization of community governance and the construction of service-oriented government, the "linkage of community" plays a more and more important role in community service. Social organizations have become the carrier for the transfer of government service functions, and social workers have gradually become the backbone of community service. The synergistic development of the square elements and the current difficulties of service promote the mutual promotion of all parties and realize the construction of a warm-hearted community and a harmonious community.

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