

Self Determined Plan to Reduce The Risk of Pesticide Toxicity in Karo

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Abstract – Farmers in Desa Gajah, Simpang Empat Subdistrict, Karo, use pesticide to protect their crop from pests and diseases. Poor self-determined plan to reduce the risk of pesticide toxicity among farmers ruined the safe usage of the pesticide. This conditions warrants further research on the usage of personal protective equipment and the level of cholinesterase in the farmers' blood. These findings will assist in the development of a self-determined plan to reduce or minimize the risk of pesticide toxicity among the farmers. A total of 75 respondents were interviewed and their blood samples were taken. Almost all the respondents did not use complete personal protective equipment and majority have poor awareness of their health status. The results of the study also showed significant association between the farmers' self-management to reduce pesticide toxicity which include partial or complete usage of personal protective equipment, and cholinesterase level in the blood. Positive correlation among the two shows that usage of complete personal protective equipment can protect the farmers from the risk of pesticide toxicity indicated by a reduction in cholinesterase level. To ensure the health of the farmers, the usage of complete personal protective equipment must be prioritized rather than having and using the pesticide. Therefore, farmers should practice safe self-determined plan before using pesticide and be aware of the effect on their health status through the usage of complete personal protective equipment.

Keywords – Pesticide; Personal Protective Equipment; Cholinesterase; Self-determined plan

I. INTRODUCTION

Studies have shown that the use of pesticides can increase farm production [1], [2], [3], [4], [5]. Increased production will raise income received by farmers in every harvest activity. However, the use of pesticides does not always have a good impact, especially on the environment and the body of farmers. In large or small quantities,

pesticides can trigger the poisoning of farmers' bodies. It is characterized by a decrease in blood cholinesterase levels. [6], [7], [8], [9]. Poisoning occurs due to pesticide contamination in the farmer's body. Pesticide contamination often occurs through the digestive system of the mouth. In addition, it also occurs through the respiratory system and excretion system (skin pores) [10], [11], [12]. As a result of pesticide contamination to the body, there is a risk of poisoning such as decreased productivity, loss of income due to loss of working time and expenditure for curative action, especially on acute poisoning [13], [14], [15].

Losses due to poisoning pesticides actually have received attention from public health observers. This is marked by the emergence of personal protective equipment (PPE) products. This equipment is expected to reduce the risk of poisoning to pesticide spraying farmers. However, horticulture farmers still rarely used all of this equipment. Good planning is required before applying pesticides to make this PPE available.

If realized further, farming activities is a production process. This process requires careful planning. Relying on work experience without considering the functions of management especially planning in production activities will have a negative impact.

Planning in farming activities begins with consideration of investment and production inputs to be used during the production process. The main investments in horticultural crops such as land, farm equipment and equipment, while important production inputs are seeds or seeds of plants, fertilizers and pesticides.

Farming is highly dependent on the use of production inputs such as pesticides. In fact, the use of pesticides is considered to provide guarantees on farm production.

Pesticides can protect horticultural crops from pest attack. So that the resulting production can increase and look quality [16].

Planning in farming can be categorized 1) pre-determined that is a farming plan arranged and determined by government, 2) self-determined plan that planning of farming, which arranged based on the self-desire, 3) joint plan is farming planning, which was composed by the cooperation of both [17].

Pesticide poisoning has a mild impact such as skin disease until death. In fact, after much counseling about the dangers of pesticide use, the farmers can plan themselves (self-determined plan) as desired and has become a need to keep himself from poisoning pesticides. This can be done by planning the use of PPE from the beginning. Based on this, this study would like analyzing the farmer self-determined plan in order to reduce the risk of pesticide poisoning.

II. METHOD

This study aims to examine the relationship between planning made by farmers in anticipating pesticide disorders through the use of personal protective equipment with their blood cholinesterase levels. The study was conducted in Gajah Village, Simpang Empat Sub-district, Karo. There are 75 respondents selected at random. The method of analysis used is descriptive method and Spearman's rho correlation analysis.

According to ref [18], Spearman's rho correlation is performed using SPSS 20 applications. Through SPSS obtained output, it can be seen the interpretation of the relationship between the variables studied. The criterion seen is the value of correlation coefficient (r_s) and Sig. (2-tailed). The correlation coefficient shows the strength of the relationship between the two variables with the following criteria r_s :

1. r_s .00-.19 “very weak”
2. r_s .20-.39 “weak”
3. r_s .40-.59 “moderate”
4. r_s .60-.79 “strong”
5. r_s .80-1.0 “very strong”.

III. RESULT AND DISCUSSION

Self Determined Plan

The entry of pesticides into the body has a relationship with less self-protection. So that the path that can cause penetration of pesticides is susceptible to pesticides. The use of masks, for example, has a connection with pesticide

poisoning. It is as stated that the use of masks has a relationship with pesticide poisoning in pest farmers. Personal protector is not perfectly able to inhibit poisoning, can only reduce the severity of pesticide poisoning [19].

At the time of spraying pesticides, pesticide solution granules are very easily carried by the wind. It is very susceptible to the entry of pesticide fluid into the body through the respiratory tract. To protect this respiratory tract, the pesticide sprayer should use a mask.

In general, personal protective equipment used by farmers in spraying pesticides is a mask and gloves. Mask aims to protect the contamination of pesticides by mouth and nose by air media. The gloves as a protective hand skin from the danger of entry of toxic materials.

The gloves used by pest sprayers are long-lasting gloves. The goal is to allow gloves to fit into the sleeves or in the sleeves. Another thing that can be used is trousers and shirts with long sleeves and glasses for the eyes protected from the dangers of pesticides [19].

The results of a study of self-determined plans to avoid pesticide poisoning demonstrated through the use of personal protective equipment are presented in Table 1. Not all respondents in the study used self-protective equipment in a complete amount. This incomplete usage is a reflection of poor planning. However, when referring to [11], the use of personal protective equipment on pesticide sprayers can be fully said when using at least five materials.

TABLE 1. PERSONAL PROTECTIVE EQUIPMENT BY RESPONDEN

No	Personal Protective Equipment	Persentase of User (%)	Persentase Not User (%)
1.	Mask	32,0	68,0
2.	Gloves	2,7	97,3
3.	Boots	49,3	50,7
4.	Long-sleeved Clothes	92,0	8,0
5.	Trousers	93,3	6,7
6.	Heat/Headgear	80,0	20,0
7.	Sun Glasses	0,0	100

Source: Primary Data, 2017

Referring to the study, only 10.7% of respondents used an incomplete protective device. The use of gloves and glasses is still very minimal among respondents, while boots used by almost half of the respondents. The results show that the number of respondents who use the mask is 32%. The most widely used personal protective equipment of the respondents is a long-sleeved shirt, trousers and headgear.

Glasses and gloves used are still lacking among respondents.

Lack of knowledge regarding the importance of PPE can be one reason behind the lack of use of personal protective equipment. The farmers should be aware of the use of this tool aims, that is to reduce health losses due to poisoning. Health is the initial capital for farmers in carrying out their farming activities [20].

The use of PPE has a connection to the farmer's knowledge of its benefit. Knowledge of personal protective equipment ultimately leads to adherence to its use. This is in accordance with the study [21] that the level of knowledge has a relationship with compliance in the use of personal protective equipment.

Relationship between the Use of Personal Protective Equipment and Blood Cholinesterase Level

Use of PPE is expected to protect the body of pesticide sprayers from poisoning due to pesticide contamination. However, most farmers have not been applied in a complete amount. This can be because they don't have all of them. As a result, the potential for poisoning can increase. Pesticide poisoning in the human body can be monitored by looking at blood cholinesterase levels. This is because cholinesterase is a substance that can be decreased due to the entry of active ingredients of pesticides into the human body.

The use of pesticides is also similar to the use of another equipment. User of pesticides should obey the pesticide user management procedures. As with any other product, the use of pesticides should be done with caution. Using proper clothing and personal protective equipment can help reduce the impact of pesticide exposure and reduce the risk of pesticide poisoning [22].

The lack of self-protective equipment by respondents is feared to have an impact on the high risk of poisoning for farmers. The result of correlation analysis presented in Table 2 shows that spearman's rho correlation value is 0.726. This value indicates that there is a strong relationship between the two variables. Use of personal protective equipment has a positive effect on blood cholinesterase levels. This can be seen from the positive value shown in spearman's rho correlation coefficient. Respondents who used a complete self-protective device had higher blood cholinesterase levels. Meanwhile, when the use of personal protective equipment only slightly, it affects the low levels of Cholinesterase in the blood of respondents. The habit of using personal protective equipment in spraying pesticides has a relationship with the signs of poisoning to farmers. This habit also becomes the variable with the most dominant

relationship to poisoning signs compared to the level of knowledge [23].

The significant value of 2-tailed on the result of correlation analysis is 0.000. At the 0.01 significance level, it shows that there is a significant relationship between the use of personal protective equipment with the blood cholinesterase level of respondents. This result has a similar meaning to the study [19] which states that there is a relationship between the use of masks with pesticide poisoning in farmers. Ref. [22] also mentioned that the use of protective clothing and personal protective equipment when touching and spraying pesticides can reduce the risk of exposure to pesticides.

No matter how high the pesticide toxicity is used, if exposure risks can be minimized and prevented from the start, then the harm caused by pesticide poisoning will also be low. Therefore, personal protective equipment should be prepared by farmers from the start of farming. This preparation can be started by providing specific budgeting for the procurement of personal protective equipment and improving farmers' knowledge about farmers' health urgency as well as optimizing the use of pesticides and other inputs.

TABLE 2. CORRELATIONS COEFFICIENT

Correlations		Level of AChE	PPE
Spearman's rho	Correlation Coefficient	1,000	,726**
	Sig. (2-tailed)	.	,000
	N	75	75
	Correlation Coefficient	,726**	1,000
	Sig. (2-tailed)	,000	.
	N	75	75

** . Correlation is significant at the 0.01 level (2-tailed).

IV. CONCLUSION

1. The results of the study indicate that 10.7% of respondents have not conducted a comprehensive self-set plan to reduce the risk of pesticide poisoning.
2. There is a significant relationship between the self-determined plans reflected by using PPE with cholinesterase blood of farmers.

VI. RECOMMENDATIONS

1. It is suggested to the farmers to prioritize the procurement of personal protective equipment than the procurement

and use of pesticides because pesticides should be used optimally.

2. Farmers should also implement self-determined plans when using pesticides and increase knowledge about the importance of using personal protective equipment.
3. To the stakeholders, it is suggested to do periodic cholinesterase checks in order to monitor and anticipate pesticide poisoning in farmers.

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