

Evaluation of Quality Characteristics of Panzhihua Moringa Oleifera

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Abstract. In order to provide a scientific basis for the development and utilization of Moringa, dry powder of Moringa leaves and seeds are used as raw materials, referring to the relevant methods in Chinese Pharmacopoeia (2015 edition) and literatures, the contents of moisture, ash and extracts of Moringa oleifera were determined. The results showed that the moisture content of Moringa leaves and of Moringa seeds were 4.19% and 3.47%, the water extracts were 36.28% and 19.19%, the alcohol extracts were 24.85% and 13.70%, the total ash were 11.04% and 3.57%, the acid insoluble ash were 2.18% and 0.30%. The content of total polysaccharides and total flavonoids of Moringa leaves were 11.14% and 3.7%, respectively. The content of oil of the Moringa seeds was 22.70%. The present study could provide experimental basis and help for evaluating the quality of Moringa, and developing related functional products.

1. Introduction

Moringa oleifera is a tropical plant that belongs to the monogenetic family Moringaceae [1, 2]. Recent studies find that Moringa leaves and seeds contain a lot of nutrients and active ingredients, showing a series of important medicinal value and health care functions such as lowering blood pressure, preventing cardiovascular diseases, improving immunity of the body and inhibiting tumors [3]. Among them, polysaccharides and flavonoids are the main active ingredients of Moringa leaves, oil is the major component of Moringa seeds [4, 5]. At present, the literature and research about Moringa are mostly about its nutritional value, but very few experimental studies on the determination of active ingredients and the comprehensive quality evaluation were conducted. Using the Panzhihua Moringa, this work aims to provide experimental basis for the quality characteristics study of Moringa. Specifically, referring to the Chinese Pharmacopoeia (ChP, 2015 edition) [6] and related literatures [7-10], the contents of moisture, ash, water extracts, alcohol extracts, oil, total polysaccharides and total flavonoids were detected.

2. Experimental

2.1 Materials.

Chemicals and reagents. The same batch of fresh Moringa leaves and Moringa seeds were collected from Panzhihua Moringa cultivation base; The standard glucose and rutin were purchased from NIFDC (Nation Institutes for Food and Drug Control, China), they were used to quantify total polysaccharides and total flavonoids of Moringa leaves, respectively; Ethanol, chloroform, n-Butanol, sulfuric acid, petroleum ether, anthrone (9,10-dihydro-9-oxo-anthracen) and acetone were of HPLC grade and purchased from Beijing Chemical Works.

Sample pretreatment. Place the Moringa leaves and seeds in an oven at 60°C to dry, then crush and seal.

2.2 Instrumentation.

Electric thermostatic drier (Suzhou Binde Oven Manufacturing Co., Ltd, Suzhou, China). Electronic balance (e = 10d, Beijing Sartorius Instrument System Co., Ltd, Beijing, China). Resistance furnace (Carbolite Gero, Beijing, China). Electric stove (Beijing Ever Bright Medical

Treatment Instrument Co., Ltd, Beijing, China). DK-98-1 electric heating constant temperature water-bath (Tianjin Tesis Instrument Co., Ltd, Tianjin, China). SK7200LH Ultrasonic cleaner (Su Zhou FEAT Ultrasonic Co, Ltd, Suzhou, China). TU-1901 UV/Visible spectrophotometer (Shanghai Aucy Technology Instrument Co., Ltd, Shanghai, China), et al.

2.3 Routine Quality Assessment.

According to the relevant standards of Chinese Pharmacopoeia appendix (Chp, 2015 edition) [6], a certain amount of dry powder of Moringa leaves and seeds was used, the content of moisture, ash (total ash and acid insoluble ash), water extracts and alcohol extracts were measured (six replication each).

2.4 Determination of Total Polysaccharide of Moringa Leaves.

Preparation of polysaccharide sample. 1.0g powder of the Moringa leaves was first weighted (six replication), then water extraction and alcohol precipitation method [8] was utilized to extract the crude polysaccharide. Finally, the polysaccharide extraction solution was diluted to 250mL as a sample solution with distilled water.

Preparation of calibration standards. The stock solution (1.0mg/mL) of glucose was prepared by dissolving 0.1g glucose in 100mL distilled water. Calibration work solutions were prepared by diluting the stock solution into a final concentration series of 1.0mg/mL, 0.9mg/mL, 0.8mg/mL, 0.6mg/mL, 0.4mg/mL, 0.2mg/mL and 0.1mg/mL with diluted water, all solutions have 3 replicates.

UV/Visible spectrophotometric analysis. The UV/Visible spectrophotometric analysis of polysaccharide was conducted according to the method of Chen et al [8]. Specifically, 1mL of sample or calibration solution was added to a 10mL clean tube, followed by 4mL of anthrone-sulfuric acid solution. Then the tube was placed in boiling environment for 10min of reaction and stopped under ice-water conditions, the absorbance was measured by TU-1901 UV/Visible spectrophotometer at 620nm. Finally, the calibration curve was constructed via linear regression, and the polysaccharide content in the samples was calculated based on the glucose standard calibration curve.

2.5 Determination of Total Flavonoids of Moringa Leaves.

Preparation of flavonoids sample. 5.0g powder of the Moringa leaves was first weighted (six replication), then ethanol extraction method [10-11] was used to extract the total flavonoids. Finally, the total flavonoids extraction solution was diluted to 100mL as a sample solution with 70% (v/v) ethanol.

Preparation of calibration standards. The stock solution (200 μ g/mL) of rutin was prepared by dissolving 0.02g rutin in 100mL 60% (v/v) ethanol. Calibration work solutions were prepared by diluting the stock solution into a final concentration series of 8.0 μ g/mL, 7.0 μ g/mL, 6.0 μ g/mL, 5.0 μ g/mL, 4.0 μ g/mL, 3.0 μ g/mL, 2.0 μ g/mL and 1.0 μ g/mL with 30% (v/v) ethanol, all solutions have 3 replicates.

UV/Visible spectrophotometric analysis. The UV/Visible spectrophotometric analysis of total flavonoids was conducted according to the method of Sun et al [10]. Specifically, 5mL of sample or calibration solution was added to a 10mL clean tube, then the 0.5mL of NaNO₂, 10% (v/v) Al(NO₃) and 4% NaOH (v/v) solution were added sequentially, after 20min of reaction, the absorbance was measured by TU-1901 UV/Visible spectrophotometer at 510nm. Finally, the calibration curve was constructed via linear regression, and the total flavonoids content in the samples was calculated based on the rutin standard calibration curve.

2.6 Determination of Oil of Moringa Seeds.

Oil from Moringa seeds was extracted by ultrasonic method and measured by weight [12-13]. In particular, accurately weighed 1.0g powder of the Moringa seeds in a conical flask (six replication), 20 times the amount of petroleum ether was added and the total weight was weighted, after 40min extraction in a 40HZ ultrasonic cleaner, the supernatant was collected and the above process was repeated twice. Finally, the extracts were combined, concentrated, oven dried (60 $^{\circ}$ C) and weighted sequentially, the content of oil in the seeds samples were calculated based on the dried extract weight.

2.7 Data Processing.

The calibration curve was drawn with GraphPad Prism software (Version 6.0, Demo, GraphPad Software, USA), and the calculation of other content data was done with Microsoft Excel (Excel version in Microsoft Office 2016 for Windows).

3. Results and Discussion

3.1 Routine Quality Assessment.

The contents of moisture, ash, water extracts and alcohol extracts from Moringa leaves and seeds were shown in Table 1 - Table3.

Table 1. Moisture content of Moringa leaves and seeds (n=6)

Material	Mean (%)	SD	RSD (%)
Moringa leaves	4.19	0.08	1.86
Moringa seeds	3.47	0.06	1.80

Table 1 shows that the moisture content of dried Moringa leaves and seeds was 4.19% and 3.47%, respectively. The leaves was slightly higher than that of seeds.

Table 2. Ash content of Moringa leaves and seeds (n=6)

Material	Total ash			Acid insoluble ash		
	Mean (%)	SD	RSD (%)	Mean (%)	SD	RSD (%)
Moringa leaves	11.04	0.16	1.45	2.18	0.03	1.19
Moringa seeds	3.57	0.05	1.40	0.30	0.01	3.33

The results of Table 2 indicate that the total ash and acid insoluble ash of Moringa leaves are higher than those in seeds, especially the acid insoluble ash. Excluding the reason for the introduction of sediment and other impurities due to incomplete cleaning, the results show that the leaves of Moringa are more likely to enrich non-oxides such as inorganic salts and mineral elements.

Table 3. Extracts content of Moringa leaves and seeds (n=6)

Material	Water extracts			Alcohol extracts		
	Mean (%)	SD	RSD (%)	Mean (%)	SD	RSD (%)
Moringa leaves	36.28	0.38	1.05	24.85	0.15	0.60
Moringa seeds	19.19	0.30	1.56	13.70	0.12	0.88

Table 3 compares the contents of water extracts and alcohol extracts in leaves and seeds of Moringa. Compared with seeds, the water extracts and alcohol extracts in the leaves were higher than the seeds. The level of its content can be used as one of the evaluation indicators of the quality of Moringa [14].

3.2 Determination of Total Polysaccharide and Flavonoids of Moringa Leaves.

The calibration curves of glucose and rutin are shown in Fig.1a and Fig.1b, and their regression equation are $y = 0.0754x + 0.0257$ ($r = 0.99965$, $n=6$) and $y = 0.264x - 0.007$ ($r = 0.99995$, $n=6$), respectively.

According to the calibration curve, the content of total polysaccharide and total flavonoids obtained as showed in Table 4. As can be seen from Table 4, the total polysaccharide content up to 11.14%, it is the key active ingredient of Moringa leaves and its content is an important quality evaluation index [3-4]. While the total flavonoids content is relatively low, less than 4%, but flavonoids is an important active ingredient of Moringa leaves, with the function of preventing hypertension, hyperglycemia and hyperlipidemia, anti-oxidation and anti-tumor [1,9,11], and the level of its content plays an essential role in the quality evaluation of Moringa.

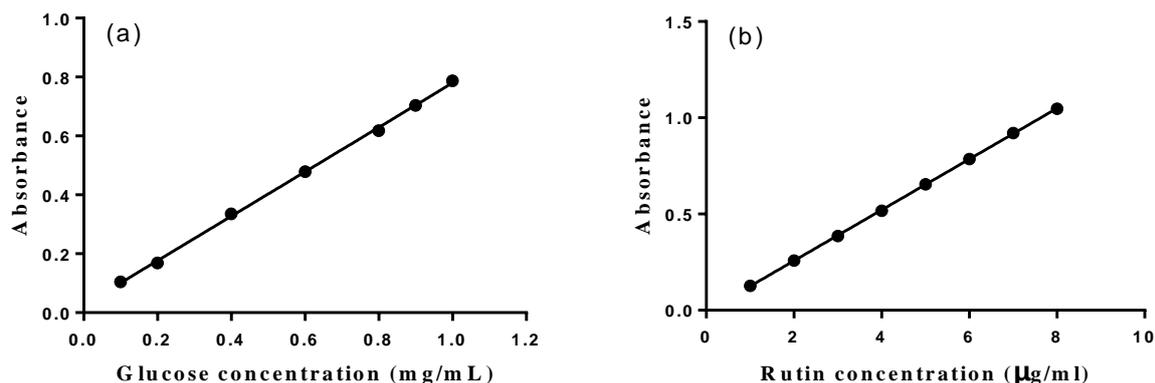


Figure 1. The calibration curve of glucose (a) and rutin (b)

Table 4. Content of total polysaccharide and total flavonoids of Moringa leaves (n=6)

Material	Total polysaccharide			Total flavonoids		
	Mean (%)	SD	RSD (%)	Mean (%)	SD	RSD (%)
Maringa leaves	11.14	0.19	1.71	3.70	0.05	1.24

3.3 Determination of Oil of Moringa Seeds.

Table 5 shows the results of determination of the oil content of Moringa seeds. It can be seen from the table that Moringa seeds has a high oil content, close to 30%, and its chemical composition is mostly monounsaturated fatty acids, accounting for about 76% [12], which makes Moringa seeds oil has stable properties and is not easily corrupted, it is an excellent raw material for cosmetics, spices, and preservatives [16]. In addition, eating Moringa seeds oil can protect the liver, prevent liver cirrhosis hangover, anti-oxidation, anti-gastric ulcer, hypoglycemic and so on [16], so its level can also be used as an indicator of quality evaluation of Moringa seeds.

Table 5. Content of oil of Moringa seeds (n=6)

Material	Mean (%)	SD	RSD (%)
Moringa seeds	22.70	0.50	2.22

4. Conclusion

The contents of moisture, ash, water-extracts, alcohol-extracts and oil of leaves and seeds of Panzhihua Moringa have been tested. The results showed that the moisture content of leaves and seeds were 4.19% and 3.47%, the total ash content were 11.04% and 3.57%, the acid insoluble ash content were 2.18% and 0.3%, the water extracts content were 36.28% and 19.19%; The alcohol extracts content were 24.85% and 13.70%. Polysaccharides and flavonoids are the main active ingredients of Moringa leaves, their contents were 11.14% and 3.70 respectively. And the oil content of seeds was as high as 30%. This study provides an experimental basis for the evaluation of the comprehensive quality characteristics of Panzhihua Moringa in China and the development of related products. Future work will also be necessary to identify the specific structure of various compounds in total flavonoids and oils.

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