

Study on the Present Situation of Sports Humanistic Sociology in China

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Abstract. In recent years, the rapid development of China's sports industry, especially since the Eighteenth National Congress of the CPC, China's sports industry goes into a period of rapid development, the sports humanities also ushered in new opportunities for development. In this paper, through the study of the combination of sports and humanities and the development of the status, finding the problems and opportunities in the development process in order to provide a reference for the development of China's sports humanities sociology.

In recent years, the rapid development of sports humanities sociology in China has achieved remarkable achievements. This will not only lay a solid foundation for the sustainable development of sports humanities sociology in the future, but also creates a new situation of the combination of sports and humanities. In the background of the times, it is necessary to make a profound analysis of the current situation of the development on sports humanities sociology in our country.

The Relationship between Sports and Humanities and Social Sciences

What is sports? As the name suggests, sports is the development and movement of the body. Physical education is not only a single or systematic exercise for physical fitness, but also includes sports culture. The most classic sports culture is the Olympic spirit which means higher, faster, stronger. Therefore, it believes that sports belong to the category of human society, so it should pay attention to its role in the human society.

Humanities and social sciences mainly studies the development of human culture and social progress, and draws lessons to guide the development of mankind. It consists of two major parts which means social science and humanities. Human science is mainly to study the development of human spiritual civilization and material cultural heritage. Social science studies the law of social development, the emergence and development of social phenomena.

Since the reform and opening up, people's thinking has begun to be liberated, and sports has become a new way for people to develop themselves. As a result, people began to pay attention to the important role of sports as a sport in the field of humanities and social sciences. In 1997, sports humanities sociology as a separate discipline began to really go on the stage of history. Up to now, China has initially built a sports humanities and social science development system with Chinese characteristics, and it has made remarkable achievements.

The Present Situation of Sports Humanistic Sociology in China

The main branches and research progress of sports humanistic sociology in China. Sports sociology has all encompassing and many branches. It mainly includes the principle of physical education, sports philosophy, the history of physical education, school physical education, social sports and so on.

In 1997, sports humanities sociology was identified as the two discipline. This is the birth day of sports humanistic sociology. Since then, China's sports scholars began to study the problems of sports humanistic sociology, and made a number of important research results. The research direction is very broad, involves the national sports development, the villagers sports development, the school sports development, the community sports development and the national fitness and so on many aspects. In the key period of China's social transformation, the development of sports culture is facing the new world structure and the impact of the Olympic culture, which means the

innovation of sports culture is particularly important. The development of a new trend of the new era of sports infers it is necessary to break the original model of the traditional sports into the development of modern sports. The research on rural sports is mainly about the investment of rural sports, the amount of per capita participation, the awareness of physical fitness, and the form of physical fitness, and puts forward the methods and Countermeasures of developing rural sports industry with it.

Sports humanities sociology research scope and research field expand. Before the reform and opening up, subject to the level of sports development and economic level, China's research in this area is relatively narrow and conservative. However, with the reform and opening up the curtain opened, the economic level of our country has changed people's thoughts turn the world upside down, which has also been an unprecedented liberation, more and more people realize to participate in sports activities is not a shameful thing, but a physical exercise develops their own scientific movement. In particular, the occurrence of ping-pong diplomacy in China and the United States set off a wave of movement. The sports also take the opportunity to start to the political, cultural, economic, educational and other fields to expand, it means sports humanities sociology research direction gradually moves towards the cross type, comprehensive and applied research.

The development trend of applied research in sports humanistic Sociology. 2008 is the year of China's sports harvest. This year, China successfully held the twenty-ninth Olympic Games, the Chinese delegation in the Olympic Games got the top 51 gold medals in the Olympic gold medal standings breaking the traditional pattern of the Olympic gold medal standings. The successful hosting of the Olympic Games has combined the traditional sports mode with the modern international sports in development mode, which has opened up a new field for the research and development of sports humanistic sociology. Comrade Deng Xiaoping once said, "we must focus on what we are doing". Guidance on the reform of the sports industry application, it must play sports culture research theory combined with practice, targeted to select topic and direction using the theory of the breakthrough research in sports development and social development of the combination of the research. The guidance of the National Sports Bureau on the sports humanistic sociology, the research content should focus on the development of sports culture and sports industry and the difficulties and hot issues. This further shows that the development trend of the application of sports humanistic sociology which has been the trend of the times, and it will gradually spread in the future development.

The problems in the development of sports humanistic sociology in China. The development system of sports humanities and social sciences has not been completed. The development of any discipline can not be divorced from the actual situation, and the repairer is difficult to achieve healthy and sustainable development. Similarly, the development and construction of sports humanities sociology can not be separated from the modern discipline system and separated from the actual situation of China's education reform and sports development. Under this premise, it should construct the system of sports humanities and social sciences into a system of opening to the outside world. However, due to the establishment of sports humanistic sociology, the foundation is still weak, although in a short period of time to achieve a number of results, but the system has not yet been fully established. The characteristics of subject structure have not yet been combined with internal and external. The system construction level, logic and openness are still lack of.

The construction of sports humanistic sociology is relatively weak. Speaking of sports, it first think of entertainment rather than education, this reflects the current understanding of the physical deviation. The sports humanities sociology has two level discipline, but the research on sports culture is still relatively small with not much attention. Although in recent years, there are a large number of experts and scholars of humanistic social sciences in the field of sports humanities and sociology to study, but because of China's traditional sports based on theory and practice is scarce which has not yet established the modern physical education theory system, at the time of the study can only refer to foreign research results as a reference, it is difficult to form a rich and special characteristics Chinese according to the national conditions of the theoretical system of China.

The development of discipline is not comprehensive. There are many kinds of sports, and there are a lot of outstanding achievements in China. With the help of national system, in table tennis, diving, weightlifting as the representative of a number of individual sports in the international arena all-powerful has achieved remarkable results. However, it also can be seen that many large groups of competitive sports such as football, basketball in China has developed slowly. This is a typical portrayal of the overall development of sports which is not strong. In the same way, the field of sports humanities and sociology which is involved in a wide range of areas, such as political, economic, cultural and education that are inextricably linked. It is inevitable that there are more or less limitations in the study of the single aspect of a single person. Therefore, the research and development of sports humanistic sociology needs the close cooperation, mutual cooperation and common development of experts and scholars from all walks of life.

Countermeasures for the Development of Sports Humanistic Sociology in China

To strengthen the research of ontology theory. To study the development of any social science, it must start from the subject itself, and finally return to the discipline itself through a series of research operations. What is the subject of ontology research? In-depth study of mining ontology research subject is the subject of its own theory and knowledge through careful analysis on definition, research purpose, research object, research methods, research contents and so on, which will be the subject of meaning and value to teach the public at the same time, continue to strengthen their discipline construction. The development of a discipline is complete with the mature theory of social science. Strengthen the discipline ontology research is not a retreat that is not even play showy. However, it is necessary to play a leading and guiding role in practical practice through basic theoretical research.

To create a strong atmosphere of sports humanistic sociology. The so-called “one party of soil and water conservation, it means the impact on the environment is subtle, everyone for having heard it many times from the story of “Mother Meng” illustrates the truth. When one side of the people is right, this person is very easy to become honest people, while on the other hand, friends are the people who are clever talk and an ingratiating manner, easily changed into who is also true for the clever talk and an ingratiating manner and judgment. In order to keep the sustainable development of sports humanities and Social Sciences, it is necessary to create a strong academic atmosphere. In the stable, upward and unity of the research atmosphere in order to be better, faster access to excellent research fruits. First of all, it is necessary to build a good research subject. From the national and even global selection of a number of good moral character, sports research and interested in the achievements of sports athletes and sociology experts and scholars. These experts and scholars and athletes with a reasonable number of research teams. Then, choosing the research topics which are operable, innovative ideas and having certain social influence. Finally, improving the conversion rate of research results. Through sports colleges and universities to carry out sports humanities experimental class. And connecting with social sports groups, associations and clubs butt, so that the results of the study will be more directly to the social effect.

Learn from the research methods and achievements of Natural Science. In today's society, the integration of disciplines and knowledge becomes the trend of cross. Therefore, the study of sports humanistic sociology can learn from the natural science research. As an example, the techniques and theories of natural science have been successfully applied to the research and development of sports humanistic sociology.

Conclusion

The development of sports humanities sociology can not be completed overnight, it needs to grasp unremittingly. In the new normal, the sports workers should seize the opportunity for development which is not easily won. Through in-depth research on ontology, improving the depth of theoretical research combined with the development of Chinese truth, and realizing the progress of theoretical

research with guide practice, laying a solid foundation for the development of sports humanistic sociology.

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