Exploration on Path of Practical Teaching Reform in Ideological and Political Education ---A Case Study of "Introduction"

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Abstract. As an important part of the teaching of ideological and political courses (hereinafter referred to as ideological and political courses), practical teaching needs to be included in all of professional teaching plans, and set the proportion in scientific method, which means that ideological and political teachers should pay attention to the reform and research of practical teaching. Reforming the practical teaching is not only beneficial to the contemporary college students to understand Marx's theory practice in depth, but also update the teaching methods and ideas of education, to put the students in the main body of learning, motivate the initiative and creativity of students in order to better realize teaching interaction, to enhance the quality of education and teaching. Taking the course of "Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics" (hereinafter referred to as "Introduction") as an example, this paper discussed the importance and necessity of practical teaching reform in the teaching process of ideological and political education of colleges and universities based on multi-aspect.

Ideological and Political Affairs is the main position of college students' value on life education. Over the years, educators mainly rely on the theory inculcation to students in this area, having made many achievements and laid a solid foundation for college students to establish a correct outlook on life values. After the new century, the "after 90" youth gradually stepped into the university, this generation is a more personalized generation than the "after 70 and 80", they come into contact with more social problems, but also use modern media tools to understand social phenomena in the shortest possible time and analyze social problems. They look at the problem in a more unique perspective, more problematic to analyze the problem. At the same time the development of market economy has brought earth-shaking changes to the community. "The free and all-round development of human beings is the eternal theme of education and the pursuit of the highest ideal, the ultimate goal of education is no doubt that students can get free and comprehensive development" ③, so in the process of ideological and political education of college students, and we should organically combine teaching and learning, to promote the comprehensive development of college students.

To sum up, in the process of ideological and political education of college students, if teachers still adhering to the previous teaching methods, it is apparently out of date, under this situation, the practice of teaching is particularly important. It is an important part of the ideological and political teaching in colleges and universities, and echoes with the theory teaching, complement each other, students can verify the theoretical knowledge from the classroom through a variety of rich practice class, and internalize ideas, externalize behavior. In view of this problem, this article took "Introduction" course as an example to explore the path of practical teaching in ideological and political education in colleges. The learning of "Introduction" course not only requires students to master the theoretical system of Marx's theory, but also requires them to learn ideas, milestone and methods from Mao Zedong Thought and the Socialism Theory System with Chinese Characteristics, try to observe and analyze social practical problems, try to solve and analyze these problems, these real problems can be introduced into the "Introduction" classroom, through classroom discussion and analysis to enhance students' ability and level to solve the problem, so as to cultivate their consciousness of dedication to serving the cause of socialism with Chinese characteristics. Of course, it this requires the teachers to continue to improve course practical teaching ability of the
"Introduction", and in-depth study. In this paper, the author explored the path of the practical teaching of the "Introduction" course from various aspects in order to further enhance the quality and effect of the practical teaching of the "Introduction" course.

The School Practice is the Basic Way of "Introduction" Course Practice Teaching

Zhang Zhihui pointed out that "higher education should cultivate qualified personnel, we must improve the quality of personnel comprehensively, including a solid professional quality, broad human quality, good political quality, healthy psychological quality." it is obviously not enough to cultivate these qualities only relying on the indoctrination of the theory, which requires us to combine theoretical teaching with practice teaching organically.

1) Practical teaching in class is the main model of "practice" course practice teaching

The so-called in-class practice mainly includes classroom discussion, debation, analysis of cases, reproduction of historical context and other different forms. The most commonly used method is classroom discussion, teachers first choose the right view, students discuss around the point of view in the classroom, expressing their views. For example, evaluation of Mao Zedong, the founder of Mao Zedong, teachers can try to lead students to analyze using the dialectical point in the Marxist philosophy principle, to guide students to correctly understand the status of great men and great achievements in the liberation of the Chinese people; At the same time, the students learn to take a comprehensive view of historical figures, correctly evaluate the impact of Chinese society due to the "Cultural Revolution" activities in his later years. Through the classroom discussion, students can learn to use a critical and scientific attitude towards historical figures.

Teachers can also be arranged the deeper level problem in advance, if necessary, timely adjusting the direction of college students to deal with the problem, carefully analyze the errors and biased problem in the discussion, to protect them to objectively look at some of the problems. For example, the students can be arranged in the pre-class to collect the relevant information of the market economy when China began to implement in the 80s of last century, and think about the implementation of the market economy bring what big shocks and impact to the Chinese society. Through these activities, students can be more profound understanding the initial social situation in the initial stage of China's reform and opening up, and the difficulties and obstacles encountered, so that they love and cherish today's happy life more.

Of course, in the course of these classroom activities, teachers should keep track of the status of student homework to understand the changes in their ideas, timely answer questions in the course of practice, and finally help students sum up their views. In this way, students can not only sort out the main content in the discussion, but also have a clear understanding of the issues under discussion. In the process of these activities, teachers can consider the introduction of multimedia in the classroom and other teaching media, through playing related audio, video to promote the implementation of classroom practice and enhance the effectiveness of classroom practice. We can also use pre-class lectures, explore hot spots and situational training and other forms to promote the effectiveness of teaching practice.

2) Campus cultural activities are the extension and supplement of practical teaching in "Introduction" course

"The form of campus culture mainly are state, behavior and spirit, its content is colorful, including the school spirit, school appearance, school philosophy and so on". In order to better understand the culture for the students, the school invited local heroes to enter the campus for the report, such as every year before or after the Ching Ming Festival, invited local heroes to carry out targeted patriotic lectures to students, through such activities, these " 90-after" college students understand the history of China in a different way, and thus more cherish today's happy life. We can also carry out specialized academic seminars, knowledge contest, theatrical performances and patriotism education, etc., to set up theoretical research group in the school, organize group, party activities, using campus radio and television to carry out specialized educational activities.

Colorful and diverse forms of campus cultural activities are effective ways to inherit and promote Chinese traditional culture, because the excellent traditional culture is foundation that
China can stand up in the world, through the various forms of activities, promoting traditional culture in the campus can enable students to consciously accept the relevant patriotism education in a good atmosphere, strengthening their patriotism and philosophy.

As the students are in the critical period for the formation of life, values, world value, through these activities, we can using the "Introduction" course to guide them to further establish their own outlook on life, values, and we can also use the course to carry out patriotism education, collectivism and other education, to mobilize students to actively carry out self-education, management and service to form a good character, consciously concerned about others, schools, taking active publicity of polite, civilized, good quality for students to enhance the overall quality of contemporary college students, to lay a good foundation for their future study and work.

Social Practice is An Important Way of the "Introduction" Course Practice Teaching

During the university period, there are nearly three months of vacation in each school year, which provides ample time for the extracurricular practice of the "introduction" course. Diversified holiday social practice, such as visiting the Red Memorial, understanding the history of these areas, and understanding the efforts and devotion of the local people to the establishment of the new China. Arranging students to study in Jinzhuang County, Anhui Province during the summer vacation, this area is known as "the hometown of the Red Army, the cradle of the general" in the history. Through field study, students closely understand the local customs and humanistic spirit, personally experiencing the feelings of these heroes, and enhancing their patriotism spirit.

During the holiday, we organize students to enter into the community to promote the party's policies. In order to carry out these work effectively, college students must first learn the relevant theories, laws and regulations, and truly understand the spiritual core. Of course, in the course of this work, in order to ensure the effectiveness and relevance of social practice, teachers should be ready to work, issuing the contents of the investigation to students in advance, the work of students can be planned and carried out step by step. As to the practical content selected, it is suggested to select the social hot spots that students are interested in, such as health insurance reform, education reform, financial crisis, state-owned enterprise innovation and so on. Throughout the practice of the holidays, the teacher need to group the students in advance, and then real-time tracking and field guidance, in order to achieve the desired results. In these social practice, students apply the theoretical knowledge to practice, can deepen their understanding of the theory, lay a good foundation for their future theory to solve practical problems. Teachers can also ask and instruct students to collect data from major achievements since the reform and opening up, emphasizing the use of facts to speak, so that college students have a deeper perception on the scientific sense of Mao Zedong Thought and the socialism of Chinese characteristics, which is conducive to improving the consciousness of learning for students; in the rich and varied social class, the students will learn a lot of social knowledge, will also find the problems existing in society, which will promote his deep thinking. Not only that, from theory to practice, from practice to theoretical learning path, the theoretical knowledge can be rooted in the students' consciousness.
The Network Practice is a New Way of "Introduction" Course Practice Teaching

After entering the 21st century, the role of the network in modern society is obvious to all. The popularity of smart phones making students do live in the network all the time. Therefore, in order to enhance the effectiveness of the "Introduction" course practice, network practice is essential. Colleges can build the relevant campus network platform, the threshold appropriate to be lower, so that students can ensure free login, randomly play with the case analysis, current affairs closely related to the social reality in these websites, such as the "two sessions" Common sense in the "two sessions", timely update the "two sessions" content, open up a special window for students to understand the community. In this case, the school arranged a special ideological and political affairs or the Communist Youth League teachers to manage these sites in the background, to keep abreast of the students' ideological trends, find the problems, and give them appropriate guidance, but also through this way to prevent the occurrence of some accidents. Finally, the network platform can promote and introduce the spirit of the campus culture, releasing schools and local social humanities interesting, through a variety of forms, producing the subtle influence on student thinking. Through the plan and guidance of college students, using modern information technology to collect relevant reference and information, using text, pictures and other information collected online to verify the full range of "Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics" those reality of the problem, students are more intuitive and vivid to learning of "Introduction" course, utmost attract students to think, causing students' interest, enhance teaching effectiveness. They can also learn to use modern network technology in the process of completing the extra-curricular operations and scientific research activities. Relying on modern information network technology, to guide students to log in college boutique ideological and political courses, ideological and political teacher teaching blog and the site related to "Introduction" course, to achieve the purpose of learning other institutions of teachers, and constantly strengthen the self-learning and online Q & A activities, to strengthen the communication between teachers and students, students and students, to enhance the ability of independent students to learn, and ultimately serve the classroom teaching effect. In short, the above methods used in the teaching reform process is a cooperative teaching or collaborative teaching method. It is a teaching method which takes students as the main body of learning, applying flexible and diverse intuitive images, and guiding students to actively participate in the teaching process and become the explorer and constructor of knowledge.

"Introduction" course embodies the latest achievements of Marxist theory in China, and it is of great significance for contemporary students to establish Marxist beliefs and enhance their ideals and beliefs. The teachers of ideological and political education in colleges should constantly strengthen their own teaching and teaching skills, reform education and teaching concepts, and enhance the level of education and teaching so as to strengthen the determination and ability of
college students to serve the socialist modernization construction and cultivate more qualified successors for the cause of socialism in China.

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