

Research on the Competition Trend of Traditional Sports

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Key Words: traditional sports; modern sports; competition

Abstract. this paper makes an exploration for the development trend of traditional sports and the research finds out that the competition of traditional sports is a kind of trend in the modernized development process of traditional sports. The competition of traditional sports of China can not be generalized and can not pursuing for greatness and perfection, it should base on the practical, scientifically grasp the development context of traditional sports events and be treated differently. Only the competitive one can be introduced to competition. Find the accurate possibility and reality of the competition of traditional sports, shorten the competition front of the traditional sports; while to those traditional sports that can not be introduced to the road of competition, it should be deeply explored, protected and inherit its traditional culture characteristics and actively promote the qualities of traditional sports of China.

Competition is the main trend of modern sports. The motto “Faster, Higher, Stronger” of modern Olympic Games is the most direct expression for this competition core. As the development source of modern sports, the traditional sports have its own special cultural connotation and development characteristics. As an important part of our national sports, the traditional sports of China cover the traditional culture and custom over 50 nationalities, which obey the styles of respecting for the real, inside and politeness, and take the ethnics and morals as well as self-cultivation as the basis with deep self-cultivation characteristics. With the development of times, in the big family of modern sports which takes the western competition sports as the leading, the development of traditional sports has been shocked and the modernization of traditional sports has become an important topic in the research of sociology of sports.

1 Competition is a Kind of Trend in the Modernized Development of Traditional Sports

1.1 Modernization of Traditional Sports

In the social background of domestic social transformation, expansion of international Olympic Games and the acceleration of the process of globalization faced by the traditional sports, its modernized development will be instructed by the scientific outlook of development, carrying forward the essence of its own while combining the cultural essence of foreign advanced sports, seeking innovation in the development and it will display multi-polar development pattern with the coexistence of a variety of states. While to the modernization of traditional sports and for its inheritance and development, we can not seek for greatness and fast development, can not be too utilitarian, can not “modernization” for modernization and reform for lining with the Olympic Games and going out to the world. The modernized development of traditional sports should take the inheritance of own excellent culture as the basis, continuously draw on other world advanced sports and culture essence, continuously make self-criticism and update as well as make transformation while on the basis of keeping the original cultural characteristics of traditional sports to form into a traditional sports and cultural development road with rich Chinese characteristics.

1.2 Modernization Development Trend of Traditional Sports

World culture is commonly made up of the cultures of different regions, nationalities and countries. Diversified world cultural characteristics will propose new requirements for the protection, inheritance and development of each country’s sports culture under the global development. But a culture in certain historical period may possibly have the global value of times while it is not unchanged all the time. The western sports which take the competition as the leading present the competitive situation everywhere, while the traditional sports present ethnic, regional, fitness, recreational, traditional and competitive and other diversified characteristics. Facing the

strong communication impact of western sports and in the big family of world sports which take the modern sports as the leading, the traditional sports taking the road of competition is a modernized development method to face squarely the differences and conflicts between Chinese and western sports and take the road of mutual promotion, integration and common prosperity.

2 The Necessity of Competition for Traditional Sports

2.1 Competition Rule of Modern Sports is the Premise of Ensuring Fair Competition

For the development trend of sports, it should explore, organize, explain and transform the traditional sports from the form, function, contents and many other aspects, so that the traditional sports can become an organic component of world sports. When display the national characteristics, it will display the obvious world characteristics at the same time. This should be the necessary process and result for the modernization pursued by our traditional sports. The occurrence and development of our traditional sports are mainly based on the form of economic production which takes the farming economy as the main body, while the modern western competition sports mainly mean the modern Olympic Games, which experienced ancient Greece, Renaissance and modern sports three phases. During the process of forming and development, it always regards the sports as the most important component in the comprehensive education of moral, intellectual and physical development and is gradually developed into today's competition sports culture maturely. The traditional sports and western modern competition sports as the two kinds of sports existence forms, faced with the global development trend, these two cultures can communicate, integrate, assimilate, absorb and co-exist etc. If grasp well the competition road in the modernized development of traditional sports, reasonably lead the traditional sports to approach to the modern competition sports, explore the essential characteristics of traditional sports that can be competitive and grasp the economic characteristics of modern competition sports development, the traditional sports can have the feasibility.

2.2 The More National Colors a Building reflects, the More Attractive to the World

Does the necessity of competition for traditional sports only limit to the external affecting factors? The necessity for the traditional sports going into competition on the one hand, it needs to analyze the international external environment. The strong development of western modernized competition sports make the traditional sports developing competition become an inevitable thing. On the other hand, it needs to comprehensively review the reality of domestic traditional sports development, sort out the current survival status of traditional sports and make development organization and scientific statistics for the traditional sports. In the traditional sports, originally there are some sports that already have or have the potential competition characteristics, so it only needs to fully explore and organize and make gradual communication, study and improvement with the modern sports, the successful competition for the traditional sports will come when conditions are ripe. Moreover, our nation has already formed the event system of national ethnic games with special characteristics, from national to local and to the ethnic gathering areas; it has already formed the relatively scientific organization and management mechanism of the national sports game. The unity and rationality of games ensure the fairness of the competition for traditional sports and this kind of events have created conditions and offers platform for the traditional sports go into the road of competition. Therefore, go to the world and try to approach to the world are the inevitable trends for the world transmission and international development of our traditional sports. But the traditional sports go to the world should not be accomplished at the expense of disintegration of the self internal structure system, loss of inner spirit, discard of cultural connotations and the loss of original ideological foundation and features. Although Marx once said "what belongs to the nation, must belongs to the world", we should know better that "the more national colors a building reflects, the more attractive it is to the world. The national should be national first, and then it is the world". It can only talk about the world when the national cultural values be fully presented and played in maximization. If remove the national cultural characteristics of traditional sports and purely view this sport itself, then its value of existence will decrease. Because the core value of traditional sports is its fixed national characteristics and the nationality is the basic premise of the survival and

development of the traditional sports. Take the martial art as the example, under the lead of competition sports characteristics of “high, new, difficult and beautiful”, it gradually involved into the competition mode of competition sports. But recall it carefully; this kind of reform may possibly make the inherent cultural connotations disappear. In the fierce competition of globalization, the western sports culture will definitely make assimilation and nibbling to our traditional sports, which will be measured by the western sports theory and standardized by the operation mode of western modern sports. It will definitely make the decline in the status of the traditional sports. Only on the basis of maintaining full national characteristics, diversity and richness of world sports culture, it can be called the real world sports culture. It is not correct to call the Olympic sports which take the western sports as the main body as the world sports culture and it is extremely harmful based on this standard to “castrate” the other national sports. So our right choice is the globalization road on the basis of going nationality, that is possibly realize the goal of going to the world on the basis of sufficiently maintain the distinctive features of national culture. Therefore, only deeply explore, retain and develop the special culture value in the process of globalization and fully presents the special value that different from western sports, our traditional sports can be in an invincible position in the impact and collision of eastern and western sports.

3 Successful Example of So-called Traditional Sports Competition

Duan Wen believes that “both the Japanese Judo and the Korean Taekwondo are through grafting and improving the traditional Chinese martial arts, inhaling the essence of western fighting, boxing and other programs and make them easy to study, train, competition and promotion.” Through the persistent efforts, they finally became one of the Olympic Games. The reason why they can enter the Olympic Games is because that when displaying the national characteristics, at the same time, they present obvious world characteristics, which is in compliance with the culture principles of Olympic Games and grasp the competition characteristics of modern competition sports.” Based on this statement, the author believes that the successful competition factors of Japanese Judo and Korean Taekwondo, besides their efforts mentioned in this article, there are also historical opportunities, special social background, artificial and other factors. While the standards for judging whether competition for a national sports is successful or not, it should not be judged by whether it has entered the Olympic Games or the national games. The successful competition of traditional sport is a dynamic process and it should be reasonable, sound and complete evaluation index system. Here will not repeat.

The competition of Japanese Judo and Korean Taekwondo has lost the original ideological basis and sports characteristics. **Duan Wen** takes the Japanese Judo and Korean Taekwondo entering Olympic Games as the successful cases of traditional sports competition. In fact, it is open to question. The reason why Japanese Judo and Korean Taekwondo became the evidence of successful traditional sports competition is that they all enter the ranks of modern Olympic Games. But when make the scientific research discussion; it can not only look at the results. The traditional eastern sports program which takes the Japanese Judo and Korean Taekwondo as representatives takes the modern sports as the standard and after reform; it has developed into modern sports competition program and basically lost the original ideological basis and sports characteristics. Many domestic scholars believe why the Japanese Judo and Korean Taekwondo become the successful case of traditional sports competition is that they all enter into the official Olympic sports. The research believes that it is worthy of reflect whether it is scientific or not for taking the entering of official Olympic Games as the successful competition of traditional sports. Coincidentally, the official events in the Olympic Games are all with extremely competition characteristics, whereas there are some traditional sports that have been transformed to go the competition road. It is just like the whole country actively promoted the martial art into the Beijing Olympic Games before, so can we say today that the martial arts is not a competition since it does not enter the official events of Olympic Games? Whether the competition of traditional sports is successful or not, not only see whether it enters the official events of Olympic Games or not, but also see the fixed characteristics of this event have the competition characteristics, like strong external performance, distinctive local

skills, exceeding competition, specific nature of training etc as well as its study and promotion, training and contest, popularity and regularity etc.

References

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