National Traditional Sports Culture Elites and the Inheritance and Protection of National Traditional Sports Culture

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**Keywords:** National traditional sports; Culture elites; Inheritance; Protection; National Traditional Sports Culture

**Abstract.** Traditional sports cultural elites is the elites of the society and the people who have mastered a variety of traditional sports culture. They has contributed to the development of regional economy and the inheritance, protection, innovation, communication of traditional sports. This paper, using the research methods such as literature, field investigation method, logic method and so on, discussed the characteristics of the national traditional sports culture elites, their contribution to the traditional sports inheritance and protection, as well as the problems and difficulties they facing and so on. In the day of the non-material cultural heritage protection, the gradually disappearing culture with the impact of the modern society, we have to think about various problems faced by national traditional sports culture elites. They are the main inheritance people of national traditional sports. Without their efforts, our society will lose irreparable spiritual sustenance.

**Introduction**

The inheritance and protection of national traditional sports can not exist without the national traditional sports culture elites. The inheritance of national traditional sports is realized almost by the national traditional sports cultural elites. Without their love for national traditional sports, the cultural heritage activities are difficult to achieve. National traditional sports culture elites refers to the people who are the main the important carriers and passers of national traditional sports cultural heritage, they, with superman's intellect and spirituality, store, master, bear the national tradition sports culture tradition and exquisite craft. They are not only the living treasure of national traditional sports culture, but also the creators of some traditional sports, or the successors, innovators and reformers to some kind of national traditional sports. They have deep feelings for the national traditional sports, and are the social elites and have mastered some skills.

**The Kinds of Traditional Sports Cultural Elites**

Most national traditional sports culture elites can sing and dance. They have a variety of "talents", they mainly include the following categories: Firstly, national traditional sports culture elites include male and female. Secondly, the musicians, namely those who are familiar with instrument; Thirdly, appliance maker. They can not only play, but also can make appliance. Fourthly, they are prestigious artists in the group. They are social elites. They not only inherit the national traditional sports culture, but also have great influence on the society.

**The Characteristics of the National Traditional Sports Culture Elites**

National traditional sports culture elites is a special group. They are the elites of society, their words and actions affect other members of society. To sum up, traditional sports cultural elites have the following features: First of all, the national traditional sports culture elites is the social elites. They are outstanding inheritance people. They make a choice and innovation unceasingly in the inheritance. They play a role in the culture protection and are respected and praised by people.\cite{1} A lot of traditional sports
cultural elites are remembered by people. Some dance or some national traditional events created by the elites are handed down. The contemporary traditional sports cultural elites are still at work. Secondly, national traditional sports cultural elites are not the single technicians, but have mastered a variety of skills and talents. National traditional sports cultural elites with dance types are closely linked to ancient Wu culture[2]. That it is not hard to understand why some national traditional sports culture elites are the Bimo or Badixion and so on. They has a remarkable memory. The national traditional sports they show have the profound meaning and loved by rural people, and handed down from generation to generation. In addition, some traditional sports cultural elites also can make wine, know the knowledge about grass medical and craftsmen skill. So can say, national traditional sports culture elites’ rich knowledge and skills make them not need rely on single traditional sports inheritance for making life.[3]

Thirdly, national traditional sports culture elites have the characteristics of social gender and industry. Such as the instrument makers of Yi nationality and the performers of Dai people’s peacock dance, Naxi people’s Dongba Jump, Yi people’s sword dance, Anshun ground-opera are all male. Most of the national traditional sports culture elites live in the hometown and are engaged in agriculture. Fourthly, most of the national traditional sports culture inheritance ways are such types as master and apprentice inheritance , the father and the son inheritance, the son of the grandson inheritance and coexist with the ways of learning skills from teachers. Although the ways of learning skills from teachers in the modern society are not like that in the ancient society, a lot of traditional sports cultural elites have their own masters and apprentices. Fifthly, the different nationality’s traditional sports cultural elites all contribute to the development of national traditional sports.

The Traditional Sports Cultural Elites’ Contribution to Cultural Heritage

National traditional sports culture elites are the people who can make cultural choices and innovation in the inheritance of national traditional sports cultural heritage. They, play an extraordinary role in the intangible cultural heritage protection, continuation and development, and receive local people's respect and praise.[4] Their main continuation to the development innovation and inheritance of national traditional sports culture is mainly manifested in the following aspects: Firstly, they protect and inherit the national traditional sports culture. National traditional ethnic sports can be handed down till now, this is realized by hundreds of national traditional sports culture elites in the ancient and modern time. Without the efforts of the national traditional sports culture elites, there is no prosperity and development of national traditional sports. Today, national traditional sports culture elites are still active on the traditional sports inheritance and protection, and strive for national traditional sports development in different places. Among them, the excavation and systematization and protection are their most care about. Not only that, they are activists and leaders of national traditional sports activity. They play a backbone role in the dissemination of national traditional sports. Secondly, they innovate the style of the national traditional sports. The development of national traditional sports is based on the basis of constant innovation, which is the result of the efforts from national traditional sports culture elites. The combination of traditional sports with acrobatics and dance and so on makes the national tradition sports enter a new stage. However, the acrobatic and artistic development of national traditional sports are not one person's credit, but closely linked with a lot of traditional sports cultural elites. After the national tradition sports develop towards aerobics, they become the important contents of school gymnastics and exercise between classes, which is inseparable with the national traditional sports culture elites. National traditional sports development towards the direction of the stage, the contribution is , of course, linked with the modern arts workers of chorus, but also include the contribution of national traditional sports culture elites. Because a lot of artists get the help, guidance and advice from the national traditional sports culture. Some traditional sports cultural elites directly involved in the stage performance, although they are not producer directors, they have a better understanding about the traditional sports and the exquisite performance, makes the national traditional sports on the stage more close to the original ecology. All of this are inseparable from traditional sports cultural elites. Thirdly, they promote the national traditional sports to spread into different areas and different groups. No matter where national traditional sports come from, they will spread towards different regions, which indisputable fact. That
the traditional sports spread towards different regions is the results of national traditional sports enthusiasts and the national traditional sports culture elites make efforts. In addition, national traditional sports culture elites impart their own knowledge to different people, such as college students and artists. Some artists and college students thank those national traditional sports culture elites for imparting them national traditional sports culture deeply in their hearts after many years. [6]Fourthly, they promote the exchanges and propaganda with the society and outside world. National traditional sports cultural elites have attended various performances at home and abroad for many times. They have been met by the party and state leaders. They contributed a lot to promote national traditional sports. Fifthly, national traditional sports culture elites contribute to national culture education in school. A lot of traditional sports cultural elites have classes in local universities, middle schools and primary schools. They not only bring the students new learning contents, but also make the traditional culture be inherited in the schools. They not only teach students the national tradition sports skills, also teach them the related culture. Traditional sports cultural elites contribute to the teaching contents, teaching methods, making up for the teachers, improving the quality and so on.[7] Actually, the reward that national traditional sports culture elites get in school is very limited. But their attitude to work is totally awesome. At present, national traditional sports are carried out in many schools. This shows that national culture is very important to Chinese descendants. That excellent traditional sports culture is listed into the primary and secondary school education will be realized in the near future. Sixthly, they promote the development of economy and society in national regions. Traditional sports cultural elites often engage in other industries. in addition to the achievements they achieve in the field of national traditional sports culture, some of them are masons and carpenters and production experts. Some of them often go out to work for making living, which often happen both in the past and now. These elites bring a lot of information and opportunities to the local villagers, thus promote the development of the economy. In fact, many of the national traditional sports culture elites have some troubles, but these difficulties do not affect their love of national traditional sports culture. They get the respect from the society.

The Problems and Difficulties Traditional Sports Cultural Elites Facing

National traditional sports culture elites has long been regarded as the core and the main contributors of the national culture inheritance. But they are faced with all kinds of problems. These problems not only impact on their lives, also impact on national culture inheritance. These problems are reflected in the following aspects: Firstly, this phenomenon is mainly caused by history, politics and contemporary society situation. After those elites who hold the " unique technique " of national traditional sports culture die, it represents the loss of an art, or the of the key technology. Secondly, some young national traditional sports cultural elites thrive in some areas, but in some areas, some national traditional sports culture elites appear temporary shortage. Young people, due to go out to work, few of them are passing on traditional sports. The young men who work in performing arts company, of course, have more opportunity to accept national traditional sports culture. However, if it weren't for work, the young people have no desire to learn traditional sports.[8]If traditional sports inheritance will not be able to bring them the basic life safeguard, so, they will depend on other the ways making money. This contradiction exists commonly in the ethnic areas. Thirdly, a lot of traditional sports cultural elites go out to work. Even though their wages and their income has increased a lot compared to that in the village, but they have not gotten the incomes matching their status and technology, which also causes the difficult of the national traditional sports cultural inheritance in the villages. Fourthly, national traditional sports culture elites haven’t gained the enough attention from the local governments. National policy are more ambiguous in many cases. To protect the national traditional sports-this intangible cultural heritage, the first thing is to rescue the excellent national traditional sports culture elites. [9]When people realize deeply the important role of national traditional sports culture elites, the effective protection ways can’t be worked out. The whole society must have profound reflection about it.[10] In addition, the traditional sports cultural elites are also facing many problems. Their position in society has not linked with their economy. The culture ministry awarded some "national traditional sports cultural elites", but they are common migrant workers. Their income has not gotten basic improvement. [11]
Conclusion

Traditional sports cultural elites is the elites of the society and the people who have mastered a variety of traditional sports culture. They has contributed to the development of regional economy and the inheritance, protection, innovation, communication of traditional sports. In the day of the non-material cultural heritage protection, the gradually disappearing culture with the impact of the modern society, we have to think about various problems faced by national traditional sports culture elites. They are the main inheritance people of national traditional sports. Without their efforts, our society will lose irreparable spiritual sustenance.

Acknowledgements

This research was financially supported by 2015 Western philosophy and Social science Fund project of Hunan province (15YBX037); Sports Science Society Project of Hunan Province (2016 xh037); 2015 Philosophy and Social Science Fund Project of Hunan province (15YBA318); 2015 Scientific Research Key project of Hunan Province Department of Education (15A154); 2014 Core Curriculum group Construction Projects of General Class of Jishou University.

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