

Self-regulated learning Behavior Research of College English Teaching in Perspective of Internet

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Abstract. In this paper, the writer demonstrates the influence of Internet on the self-regulated learning behavior of college students on basis of summarizing the literature and focusing on the specification. It is found that college English teaching mode based on the internet is beneficial for the promotion of college students' willingness in English learning and can arouse the self-regulated learning behavior of college students. The instructions are based on the college English teaching mode with a combination of computer network and the classroom. It can not only provide learners with effective language learning environment and conditions, but it also can make English teaching and learning keep away from the limitations of time and place in a certain extent, leading its way to a personalized and customized direction.

Introduction

Background. With the rapid development of computer network technology, college English teaching is also impacted by it to different degrees. The present college English teaching reform is waited to be brought about, with a main focus on making full use of modern means of education and educational technology, so as to make up for a surge of enrollment expansion of colleges and universities as well as the limitations of limited education resources. It well integrates the network technology resources with college English classroom, making the modern network have a better service for college English teaching. This is the new college English teaching reform being carried out by the ministry of education. Therefore, the ministry of education in the newly issued college English curriculum requirements explicitly points out that universities should be taught as soon as possible to change the traditional and single teaching mode and make full use of modern network information technology so as to make English classroom become flexible and students' learning become convenient at anytime and anywhere, which is very helpful for college English teaching and learning to develop in the direction of personalized and self-regulated learning. Thus, the network technology has an extraordinary significance to the college English teaching reform and to the innovation of teaching mode. We can say that the relationship between the two complements each other. In other words, the internet depends on the English language while English can also makes use of the internet to give new vitality.

Objectives and Significances. The development and popularization of the computer technology has indeed brought a new look to our college English teaching. It seems that the rich network resources are enough for the self-regulated learning of adult college students. However, in English teaching reform, there are still some questions waiting to be solved on how to integrate the modern education technology into English teaching, how to inherit the outstanding parts of the existing teaching mode reasonably, and how to stimulate and cultivate the ability of the students' self-regulated learning behavior and the Chinese students who have been accustomed to relying on the teachers. The ministry of education promulgated "college English curriculum requirements" which reflects the requirements of the times, that is, the teaching aim of college English is to cultivate the students' English comprehensive application abilities, especially listening and speaking skills. This paper researches the self-regulated learning behavior research of college English

teaching in perspective of Internet perspective of the Internet. The expected results are that the college English teaching mode based on Internet is helpful to promote students' English learning intention and the model is helpful to inspire the self-regulated learning behavior of college English students.

Multimedia network represents the general trend of the realization of the education modernization. Modern education should view cultivating the students' lifelong learning for self-regulated learning ability as the ultimate goal. Over the past two years, since the ministry of education launched the "college English teaching reform", the college English teaching reform has been focusing on the learner and improving the students' English comprehensive application abilities. College English teaching is changing from the traditional teacher-centered, single language teaching mode to a new student-centered teaching mode, which not only teaches language knowledge and skills, but also pays attention to cultivating the students' language skills and self-regulated ability. This new teaching model is supported by multimedia and network technology, combining the computer network self-regulated learning with teachers' classroom teaching and counseling. It reflects the learner-centered thought in the teaching, and develops the personalized and self-regulated learning.

The Necessity and Realistic Demands

The Analysis of Necessity. Education is a service to the society, and foreign language education can highlight the importance of its meaning. Whether the foreign language education policy can be implemented successfully or not will be directly related to the political, economical, cultural development and the construction of science and technology. Along with the advancement of world globalization, modern internet information technology and the rapid development of knowledge economy, there are more and more exchanges and cooperation in our country, which requires learners to have the language cognition and the ability to grasp the unknown world outside and enable to bear the burden to create a prosperous future from the height of the language strategy.

The Analysis of Realistic Demands. At present, current college English classroom teaching is still the dominant mode of the language learning in our country. Due to the restriction of one-sidedness limitations in the traditional teaching system. The problems in time consuming and inefficient college English classroom teaching have been the focus of foreign language world. The problems include that classroom teaching content or form is single; class time or space is limited; the number of the quality of students' language input and output can hardly meet the requirements of language acquisition and the basic knowledge of the students' language learning is not solid, which causes them to suffer a series of insurmountable obstacles in language learning.

Under the Internet environment, the information resource is open, and the learning process is interactive. Through the organic combination of the Internet and the classroom as the extension of classroom teaching carrier and beneficial supplement, we can build up a harmonious and complete teaching system. With colorful teaching patterns, we can cultivate the language information literacy of students, consolidate and expand classroom teaching achievements, and create an ideal language acquisition for learners.

Language acquisition is a long-term arduous journey. Learners need to have good emotional qualities, among which interest is the most important guidance and motivation in the process of learning. Cultivating students' interests in what they have learned is the key to inspire students' motivation in learning and improve teaching efficiency. The Internet teaching mode has a sound and dynamic function, which can be flexible to create the real situation of language acquisition and stimulate learners' interests in learning. The students, who naturally show interest in English can freely choose their own way of language acquisition as they like in the harmonious and relaxed atmosphere and finally form a positive learning attitude. Learning with a positive attitude, students are able to swim tirelessly in the sea of English. It is helpful for learners to develop the confidence to learn English, stimulate the non-intelligence factors, and construct their own strong psychological advantages. In this way, language learning will soon get a good development. Students can easily get the sense of accomplishment and experience the pride in self-realization.

The Research Contents

The Research Contents. Learn the strategies training regularly, but the emphasis of the each semester is different. We first give the students metacognitive strategy training at the beginning, help them to set long or short term goals or objectives including term and week goals. We also require students to pay attention to the pronunciation and intonation aspects of training, emphasizing the importance of a large amount of reading after class, and learning English through the contrast between English and Chinese sentence structures and so on. Then, train students to judge and give inferences mainly through memory strategy, reciting strategy, writing practice strategy, the former prediction, reasoning and guessing according to the meaning from context of listening, and contacting more true and natural materials after class. Then it comes to the emotional/social strategy training on how to help students in the learning process control their emotions, attitudes, motivation, etc. For example, how do they learn and understand the target language culture in the interaction. They can turn to teachers and classmates for help when they have trouble in listening.

It is required to make a system set of tests after studying a unit. Then the teacher decides whether to go on the next unit of study or not. The scores of each unit test are viewed as an important basis of the final grade.

In addition to the prescribed learning time, students can go to the college English learning center to do self-regulated learning after class or study on any computer in the campus.

The teacher should do regular case analysis and relevant cultural differences between east and west for the students.

Enlightenment

Fulfill the teaching goals. Teaching goal is the criterion system of teaching activities and it is also the starting point and destination of teaching activities. It plays an important part in guiding teaching directions, evaluating teaching results, and achieving course objectives. "College English curriculum requirements" points out that the teaching aim of college English is to cultivate the students' English comprehensive application ability, especially listening and speaking skills. Meanwhile, every college should make full use of modern information technology, adopt the English teaching mode based on the computer and classroom and improve the single traditional teaching mode so as to provide students with a better learning environment and conditions. However, it is the reality that the teaching method of college students' English listening and speaking abilities is single. It cannot better reflect the characteristics of the language communication function, and run counter to the spirit of teaching goals and objectives. At present college students' application ability is so weak that it cannot satisfy the trend of increasingly frequent exchanges between our country and the outside world. The diversity of social demands appeals that college English teaching should earnestly fulfill the teaching goal, viewing the teaching goal as orientation, and avoiding the blindness of teaching. Through the use of Internet teaching, learners are supposed to practice languages in open real language situation, achieve the real transfer from "language learning" to "language acquisition", and achieve smoothly transfer from the declarative knowledge to procedural knowledge.

Reconstruct the Course System. For a long time, many colleges and universities teachers view language teaching as single explanation of the knowledge. They think language teaching means accumulating lots of knowledge and passing on the knowledge to students. Results show that under the traditional teaching mode, the knowledge level of the students becomes narrow, which has been unable to adapt to the social demands. Adversity leads to prosperity. In order to establish the scientific position, college English teaching must reconstruct fixed curriculum system, adjust the specific aim of the teaching contents and strengthen the multidimensional cross, combination, and penetration of the English knowledge with different professional knowledge, so as to cultivate a strong language foundation and interdisciplinary talents with extensive knowledge.

Internet teaching patterns conform to the developing needs of our times, centering on general

education, viewing innovation practice as breakthrough, and emphasizing the combination of theory and practice and the combination of in-class and after-class. It breaks the strict boundaries between disciplines by rich learning of knowledge content, expands the learner's knowledge in different areas, so as to cultivate many applied talents with comprehensive knowledge, and adapt to the demands of developing social market economy to talents.

Innovate the Teaching Mode. The successful symbol of teaching mode reform is the formation of students' individualized learning methods and the development of students' self-regulated learning ability. At present, college English teaching basically views classroom knowledge teaching as the main teaching mode, in which students often lack the ability of independent thinking and practical application. Therefore, it is time for the teaching mode reform and to take the college English course as the carrier of students' self-regulated learning ability. The Internet teaching mode is essentially based on the support of modern information technology, constructing a mode with learners as the main center and teachers as dominant. The learners can enter a state of happy and effective learning, cultivating the ability of self-regulated learning. In the teaching mode based on internet, the learners can use independent, flexible, open and innovative language environment, fully mobilize the enthusiasm and initiative of learning, get deep understanding of language cognition through the analysis, questioning and verification, cultivate the spirit of thinking exploration and the consciousness of independence and eventually become the master and owner of self education and self development, which lays a solid foundation for creating and cultivating talents in our country.

Conclusion

First of all, from the perspective of the habits of the students, not all students can fully adapt to the self-regulated learning which has the time flexibility and freedom. Several students whose English foundation are weak and have little self-control don't have obvious learning effect. In addition, the students make little progress in speaking. Therefore, how to make students who have poor autonomy have a strengthening independent consciousness, cultivate the beliefs in self-regulated learning, improve their self-regulated learning ability and improve the ability in speaking is a focus of attention in the future.

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