

Study on the Ideological and Political Education Function of Sports under the New Era

Piao Jing ¹, Jin Keyi ^{2*}

¹ Dalian Nationalities University, Dalian, Liaoning, 116622

² Dalian University, Dalian, Liaoning, 116622

346591653@163.com

KEYWORDS: Ideological and Political Education; New Era; Sports

ABSTRACT: Realization of ideological and political education school sports path optimization is subject Interaction Research in school sports and ideological and political education, this study makes theoretical system of ideological and political education discipline is more perfect, from the perspective of the optimal path, so to play school sports ideological and political education has effectiveness, also makes a simple school sports discipline perfusion to the soul, so that school sports are not just one-way learning sports disciplines, but also sports disciplines to learn their political orientation and ideological education can be improved, at the same time the ideological and political education is counterproductive in physical education, so that students learn to regulate their own behavior, the formation of the correct concept of three to learn more determined, more purpose, in order to better participate in the cause of socialism with Chinese characteristics of construction.

I. Introduction

Sport as a social phenomenon, is a purposeful conscious social activity, it produces in labor, along with the emergence and development of human society evolves. Sport has a long history, but the "sport" was the word that appears later. Generalized sports refers to physical exercise as the basic means to enhance the human body, promote the comprehensive development of rich social and cultural life and the promotion of spiritual civilization as an object of conscious, organized social activities. It is part of the total social culture, the development of society by certain political and economic constraints, and to certain aspects of the political and economic services. Throughout the ages, at home and abroad on the theory and practice of ideological and political education has long been familiar with the ideological and political education throughout all aspects of human life, study in it has never stopped. Marxist ideological and political education is the ideological and political education of new stage of human development, promote social development, educational innovation. The so-called ideological and political education is a certain class or political group, in order to achieve their political goals and tasks carried out by political and ideological education as the core focus, intellectual, moral and psychological comprehensive educational practice, so that they form required to meet certain social the moral of social practice.

II. The Main Ideological and Political Function of Sports

It helps to develop the spirit of patriotism and nationalism. Play sports function in the ideological and political education, to avoid empty talk, abstract spirit of patriotism and national spirit manifested use vivid examples, so that people intuitively feel into and within the spirit of quality. History of sports development is a good example of education, from the "sick man of Asia" to "East strongman" from the Olympic gold medal to the medals table Beijing Olympics, from a single sport to diversify and certain items domination, etc., which embodies many of the athletes efforts and hard work, the relationship between reputation and international standing of the country. State Sports Minister Liu Peng told the players, said:. "When you're going to the gym, you have only one name - that is China," Chinese athletes like a business card, it is necessary to show the extraordinary strength of the country, but also the performance of powers extraordinary tolerance, to establish a good image of China in the international community through their own words and deeds, we should always bear in mind my name "Chinese." Development of Chinese sports, the Chinese athletes on the field of fighting spirit for the country, is the best interpretation of patriotism and national spirit.

Help develop legal awareness and awareness of the rules. Law-abiding, fair, honest and trustworthy is an important duty of every citizen, but also the ideological and political education. Today emphasized the rule of law, law, rules and regulations closely surrounds us, regulate our behavior. Similarly sport also has its laws, but also has its own rules, even though such rules can not replace legal education, but can develop legal awareness, develop disciplined habits. Coubertin wrote in "Ode to Sport" in the "ah! You are the sports justice. You embody the pursuit of social life less than fair and reasonable." Sports help students be awareness of the rules.

It will help to develop quality and social adaptation. Strong social adaptability and Volition engaged in sport indivisible, both of them accompanied generated strong will quality is the basis of a person to adapt to the vagaries of the social environment, but also the ideological and political education to achieve educational goals. Any sport has a certain degree of difficulty and challenge, participants are required indomitable fighting spirit, a firm belief to win, perseverance, never give up will, through sport will strengthen the personal unconscious and the quality of training into the internal driving force of progress, it is forced indoctrination, empty talk unmatched.

Collectivism and help develop sense of collaboration. Whether as a competitive sports program, classroom instruction, or fitness and entertainment activities, they can act out a collective form, a certain organization. This organization although by a different consciousness of individuals, forming a complex relationship, but in the end it is a whole, any individual must clearly recognize only one goal, a collective effort is great, as any excessive self-expression behavior has It may weaken the strength of the team, leading to the eventual failure. Well, the secret of success is only one: everyone has a collective mind, to do his duty to work together, the collective spirit and sense of unity and cooperation is the foundation of all success, and only rely on the strength of individual and collective solidarity, to their personal aspirations and target combined team together, transcend the limitations of the individual, to play a strong role in the collective, an effect of $1 + 1 > 2$. Holds many lessons for popular Adidas ad "Brotherhood Basketball" is the collective spirit of basketball included solidarity and best interpretation of basketball as a collective project, team members must obey the court requires collective, collective of five people complex and must rely on common goals between individuals, players can correct understanding of their position in a timely manner to express themselves, to fully trust his teammates, use transduction mobilize all factors, dribbling, offense and defense conversion to create shots.

III. Sports Play an Ideological and Political Function

Sport as a social activity, and is produced in the evolution of social production and people's life. It has given birth to human development has a guide, incentives sporting spirit and content of ideological and political education is exactly the same, it goes beyond the sport itself, internalized into human faith and the pursuit to enhance the effectiveness of ideological and political education. Glory for the country, for the collective honor of fighting spirit of patriotism, collectivism spirit, to compete for the victory of the sense of competition, enterprising spirit, discipline, sense of fair rules of the game, etc., are able to directly or indirectly participate in sports and resonate, and education coupled with positive guidance, strengthen, so that people can find ideological and political education from the epitome of sports, intuitive to feel, to imitate and this spirit to migrate to the daily learning, living and working among and ultimately achieve the goal of education.

Entertaining sport, so many the same age, similar interests together, both in the game to watch or participate in the contest, you can feel directly or indirectly, those noble spiritual quality, in fact, sport is an excellent spirit develop education, participate in sports activities already required indomitable will, the spirit of never giving up and so on to support and spur participants achieved outstanding results. So, with such a feeling occurs during sports practice is entirely in the case of human unconscious completed, people willingly into sports, go into the sporting spirit perception, to understand, and this hidden, indirect ideological and political education are more likely to be accepted, a little more than less effective results.

Sports as a carrier of ideological and political education, ideological and political education carries information, enabling educators to interact through sport and the student occurred, although it has other subjects do not have the advantage, but in the sports ideological and political education function, education are the main object there is a "light body weight known" ideas, seriously affected the effectiveness of ideological and political education Sports.

All-round development of human culture is the highest ideal goal of education today, with the needs of society for new talent, emphasis on the overall quality of the individual layers change from exam-oriented education to quality education designed to fully focus on human development, emphasis on education of "people-oriented" and "scientific development." Sport is set in one of the theory and practice, by the people personally involved in a campaign to enhance physical fitness and get true knowledge, it can express the human physiological needs and emotional needs, is based on the "people" on the basis of conduct, it should seek to enhance Sports play an ideological and political education an effective way, and strive to develop into a more humane Sports ideological and political education. Sports With the emergence of human society, the development and evolution, which promotes social, political and economic development, science, culture, education provides a wealth of content, is to show a country's comprehensive strength, an important aspect. Sport as a social human activities, enhance the human body through exercise and continue to help standardize the production and accumulation of human behavior and mental quality of thought in motion, it is an important part of socialist spiritual civilization, ideological and political education It provides a wealth of content, to enhance people's moral quality, improve social civilization has played a very important role.

IV. Conclusion

China will always be ideological and political education in the way of constant topic of education, according to many people at this stage of development status and characteristics of China National Quality Education and a lot of in-depth inquiry, which aims to make it play a greater ideological and political education the role, the better for building socialism with Chinese characteristics. Improve the effectiveness of ideological and political education is a long-term,

complex project, which requires us to continue to sum up in practice and to enhance the content of ideological and political education among the various disciplines throughout as the purpose of education and unwavering implemented. Currently you can play sports for ideological and political education of awareness is not enough, we need to continue to deepen it in practice, understanding, continue to tap the advantages of sports, advanced with the times of Marxist theory and practice closely, to further improve the ideological and political education theoretical system and educational practice.

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