

## Optimization of Sports discipline organization

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**Key Word:** Discipline Organization; Sports; Optimization

**Abstract.** Study on sports discipline organization can optimize of the sport discipline organizations and provide effective organizational security for discipline construction. With literature, research, comparative analysis and other research methods, this article studied on the elements and structure of sports discipline organization, analyzed the present situation and development trend, proposed that should clear development goals, strengthen the construction of academic team, construct discipline platform, strengthen conditions, optimize of the organizational structure, promote the characteristic development.

Discipline organization, system and culture were the elements of the discipline construction, and the organization was the foundation of system and culture. Study on the optimization of sports discipline played a vital role. According to the theory of discipline construction, combined with the development of sports discipline, this paper analyzed the connotation, elements and structure of sports discipline organization, and then discussed optimization strategy of sports discipline organization, so as to promote the construction of sports discipline effectively.

### The connotation of sports organization

"Discipline organization is an academic organization which take the discipline knowledge as the operating material"[1]. Sports discipline organizations were the academic system which managed and operated the sports discipline knowledge, the organization guarantee for the emergence and development of the sports discipline. The form of the organization was generally sports teaching and research department. The connotation of the sports discipline organizations included the following 3 main points:

First, the scope of the discipline organization was mainly the higher education school. Although sports discipline organization included institute of sports science research and a variety of sports research associations etc., but the sports school in university were the typical representative of discipline organization.

Second, the subject of sports discipline organization management and operation was the sports discipline knowledge. Sports discipline organization managed, operated, researched and disseminated the sports discipline knowledge. Because the discipline organization was established on the basis of the development of sports discipline, its internal structure was divided according to the sports knowledge.

Third, the nature of sports discipline organization was an academic organization. Sports discipline knowledge were the research object of sports discipline organization, the task was mainly carrying out academic activities, were responsible for personnel training, scientific research, social services and cultural inheritance and innovation.

### The elements of sports discipline organization

From the history of the first Sports Institute (physical education institute of East China) was founded in China in 1952, sports discipline organization experienced a series of changes, from the

physical education department, office, teaching and research section, teaching center, it gradually evolved in sports school (department). The elements of sports discipline organization gradually cleared, the discipline organization structure gradually stabilized. “As the academic organizations which operated directly on the discipline, included four basic elements: discipline development targets, scholars, academic information and material” [2]. It provided the framework for analysis of the sports discipline organization elements, such as goals, scholars, academic information and academic material, but sports discipline organization had its own characteristics.

**The first element was goal.** Discipline goal was the direction of sports discipline development. The discipline target taken an important role, mainly reflected in three aspects: (1) direction of the sports discipline development, cleared the way of sports discipline organization improvement and construction; (2) incentive of the organization members, discipline target was the shared vision encouraged the discipline organization members; (3) cohesion of other organizational elements, the goal of sports discipline will organize relevant elements condensed to one pot, formatted of discipline organization development efforts.

**The second element was academic team.** It was academic team not scholars. Scholars were the main force of discipline construction, but with the development of society, the progress of science and technology, already sports scholars cannot simply rely on personal power to carry out scientific research. Especially for the sports discipline construction, need the help of the strength of team to make progress, therefore, this study suggested that the application of "scholars" academic team instead. The scale of the humanities and social sciences was from 20 to 30 in the mature period [3].

**The third element was material.** It was the material guarantee conditions, including academic information, materials and funds. Material guarantee referred to necessary funds, facilities, equipment and all kinds of information of the sports disciplines construction and development, was the material foundation of the implementation the target of discipline organization, supplied the workplace, experimental equipment, research data and financial security for sports discipline organization.

**The forth element was platform.** It was the discipline platform, such as sports laboratories and scientific research center, which was a comprehensive system of the discipline organization construction, played an important role in support for the growth of the discipline construction. Moreover, the trend of the development of the discipline organization structure in international universities indicated that setting up a lot of research institutes outside the traditional department structure, which was an important direction of the development of discipline organization [4].

## **The structure of sports discipline organization**

The sports disciplinary organization formed different structure type, basing on the different ways association and combination of the discipline target, team, platform and guarantee elements. Currently, sports discipline organization in China mainly included the following 4 kinds of structure models: school / department ——teaching and research section, school—— department, department ——teaching and research section, ministry of sport——teaching and research section.

**School / department ——teaching and research section.** The colleges and universities set up school or department based on the second sport disciplines, the school or department set up the teaching and research section according to the professional or sport item, most of the professional sports colleges and universities in China had adopted this type of discipline structure. For example, Beijing Sports University, included education school, competitive sports school, management school, human movement science school, martial arts school, sports art department, sports rehabilitation department, social sports department, sports media department and sport English department. Education school consisted of 8 teaching and research sections: basketball, volleyball, football, table tennis, tennis, small ball, gymnastics and physical education [5].

**School——department——teaching and research section.** This type referred to setting school based on the first sports discipline, setting department based on the second sports discipline, setting sections based on the professional or sports item, the normal universities used to adopt the structure.

Taking physical education school of Shandong Normal University as an example, which included social sports department, physical education department, sports art department and national tradition sports department. Social sports Department included 3 sections: sports training, public sport, physical education and female students' sports. Physical education department had track and field, ball games, gymnastics, human movement science, social sports science teaching and research section [6].

**School—— department.** In most of the comprehensive universities, it set physical education school according to first sports discipline, the school set department according to second sports discipline. For example, Normal University of East China, this had sports and health school, including the department of physical education, social sports and competitive sports [7].

**Department——teaching and research section.** Some universities set physical education department based on the first sport disciplines, set up the teaching and research section according to the second sports discipline or sport item. Such as Shanghai Jiao Tong University, had a department of physical education, which included the teaching and research section of basketball handball, small ball, boxing exercise, soccer and volleyball [8].

**Ministry——teaching and research section.** This type of the structure referred to establishment the ministry according to the first sports discipline, setting up teaching and research section according to the second sports discipline. Such as Tsinghua University, which had a physical education ministry, consists of the basic course section, swimming teaching and research section, staff room, humanities sports research base [9].

**In addition,** the sports discipline organization had a corresponding laboratory or research base in general, as discipline research platform. Such as the sports and health school of East China Normal University, established measurement and evaluation of physical fitness laboratory, sports technique analysis laboratory, function of human exercise laboratory, human motion morphology and structure laboratory, sports adaptation mechanism research laboratories and sports psychology laboratory.

## **The development situation and trend of sports discipline organization**

Discipline organization had been in the process of dynamic development, researched on the optimization strategy of sports discipline organization shall be in-depth analysis of the status quo and conformed to the development trend of sports discipline organization.

**The current situation of sports discipline organization.** Sports discipline organization in China formed a system, and played an important role in the construction of sports discipline. But the sports discipline organization existed obvious problems, embodied the discipline organization factors and structure were weak, the deficiencies were existed in the elements of sports discipline organization, reflected in the small scale and the lower quality. In addition, the discipline organization structure was lack of characteristics and there was the vigor shortage problem in development. Many scholars also agreed that the existence of these problems, such as Zhang Ruilinh, thought sports discipline construction in our country could be judged: " The research direction was uncertain, the scholars studied alone, scientific research achievements was not systematic." [10]. And broke the problem of the sports discipline construction, we should sort of discipline organization, clear discipline organization mode, optimize the composition of the discipline organization elements.

**The development trend of sports discipline organization.** First, it was the diversity and innovation of the sports discipline organization. Physical education developed rapidly, appeared the phenomenon of interdisciplinary, researched in the field of continuous integration, new research direction was ceaseless emerge in large numbers, in order to adapt to this new trend, sports discipline organization also continued to adapt to the changing, cross organization and the new organization become development trend. Second, was the sports discipline organization of the pragmatic and strain. Sports discipline research fitted the needs of society and sports development, discipline organizations were more pragmatic, the organizations was set up because of the changing needs. Discipline organization became liberalization and flat, the inherent logic of knowledge was the motive forces of the development of sports discipline, in order to achieve a better development of sports discipline,

discipline organization management authority constantly decentralization, scholars had been given more rights and more freedom, management organization was more flat.

### **Optimization Strategies of sports discipline organization**

**Clear the target of the sports discipline.** First of all, optimized of sports discipline organization, we should clear the target of sports discipline. And determined the sports discipline development targets, should be based on the needs of national economic and social development, sports industry development trend, the external security of the material conditions and internal discipline development logic. The national economic and social development needs, referred to the requirements of economic and social development for the sports discipline, including the target of the discipline in the academic requirements and application requirements, such as national physique and health quality improvement, the industry transformation and other aspects of demand. The demand for the sports industry development was the scientific theory needed, such as the comprehensive reform of sports management system, the transformation of the development mode of the sports industry and so on. Sports subjects were scattered in different institutions of higher learning, the subject material conditions of each school were not same, so the determination of subject objectives can not be divorced from the actual situation of the school, to determine the objectives of subject. Physical education discipline has its own development rules and logic. It is necessary to explore the unknown field of physical education, and the determination of the sports discipline target should be based on its own development logic.

**Strengthen the academic team of sports discipline.** Academic team had its own characteristics; management should be treated differently, formed people-oriented development management. In the university sports discipline organization, we should establish the democratic management system which took the academic leader as the leader, completed the academic autonomy, and carried out the democratic management. In order to build higher academic team, personnel management should be establish the talent flow mechanism, stage evaluation of the academic team work, the introduction of new talent, exit backward talent. Effect evaluation of the academic team should research projects, especially the number of key projects, research funding of the quantity and achievements, research of the quantity and quality, was used in the evaluation of and supervision, controlled sports academic team to maintain a higher performance, continuous innovation, more results.

**Construct high level sports discipline platform.** The construction of high level sports discipline platform; one should pay attention to the introduction of the discipline platform, two should strengthen the management of discipline platform. First, the introduction of discipline platform should be prepared and declared two aspects of the work. The introduction of sports discipline platform should have scholars, funds, facilities, equipment and the academic achievements, the sports school and department should be to establish university discipline platform in the accumulation of experience. Second, improve the sports discipline platform management, improved the organization, staffing. Established academic committee to guide the operation of the discipline platform, to consider the work plan of the discipline platform, the academic committee is composed of well-known experts and scholars in the country, control the number in about 10 people.

**Strengthen the material construction of sports discipline.** According to the relevant provisions of the use of funds, the project funds to meet the requirements of the project, the fund management person in charge should be the subject leader or project leader. Discipline platform facilities and all kinds of information is the discipline construction, purchase and import should according to the need of discipline development to establish facilities and data plans to introduce, to obtain the best resource by way of bidding means in an open, fair and introduced to establish storage and using system, standardized management, rational use of a variety of facilities and equipment and materials, play to their maximum effectiveness.

**Optimize sports discipline organization structure.** The organization structure of sports discipline can adopt different types, and optimize the organization structure of the subject, which

should be the most suitable for the development of sports organization in university. On the one hand, we should pay attention to the practicality and the degeneration of the discipline organization structure, make the design of the discipline organization structure be able to realize the organization goal effectively, and adjust the organization according to the change of the internal and external environment. On the other hand, sports discipline organization structure design should be on academic research as the center, get rid of the organization department level obstacles, establish freedom of flat management culture, give full play to the collective wisdom of the academic team, improve the efficiency of discipline organization.

**Promote the characteristics of sports discipline organization.** The characteristics and direction of sports disciplines organization of concise, around the characteristics of configuration of sports discipline organization elements and optimize the structure of the sports discipline organization. Under the background of development of interdisciplinary integration, and actively promote the sports and the economy, management, society, medicine and art related disciplines cross, build a multidisciplinary academic team, form a new hotspot of study and research, establish the characteristics of the discipline organization. To strengthen collaborative innovation, integrated innovation and innovative features, innovation as the mission of the organization for the construction and management of discipline, constantly expand new areas, and create new achievements.

## Conclusions

The optimization of sports discipline organization was to strengthen the effective way of sports discipline construction, this paper cleared the sports discipline organization goals, the team, the platform and the conditions elements, analyzed of the four types of sports discipline organization structure, put forward clearing objectives, strengthening the academic team, constructing discipline platform, strengthening security conditions, optimizing of the organizational structure and promoting the characteristic development suggestions. The optimization of sports discipline organization was dynamic and flexible. In the future, we should continue to strengthen the relationship between the organization construction and the development of sports discipline.

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