The Study on the rights of Student Sports

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Keywords: Higher Education; Students; Sports Rights; Analysis

Abstract. Student sports rights including the right to physical education, equal rights and personal rights, etc. In the process of the establishment of university sports teaching system, the lack of sports, sports equipment would severely restrict the ability to improve students' sports. Therefore, at this stage in the process of teaching, college physical education staff should conduct systematic analysis for sports rights to enhance students' rights and the concept of sports, so as to lay a good foundation to enhance the students' comprehensive sport ability.

Introduction

With the gradual optimization and development of education, physical education is becoming more important in education curriculum form, in different areas of its specific forms will influence the development of sport. In the process of manipulation of sports rights arise sports education in Chinese universities has entered a new stage of development, sports rights is becoming a more independent system of rights, it is a manifestation of the fundamental rights of citizens, but also the student sports rights abuses have been effectively guaranteed. In recent years, many students are in the process of sports courses, extracurricular sports activities and sports events in sports injury incidents continue to increase, which led to the issue of compensation disputes arise between students and schools, judicial practice and theoretical there have been many controversial issues Therefore, sports rights has a very important significance in the process of college physical education.

Content of Sports Rights and Sports Rights Analysis

Sports Rights. Sports rights of university students or capacity primarily for students in sports activities in the process, in accordance with relevant Chinese laws and regulations in the course of sports activities, and are not formed, or ask others in the course of activities made in the inhibition of certain behavior to satisfy their own interests dynamic means.

Content of Sports Rights. The main content of sports rights, including the right to physical education, personal rights and the right to equality in sports activities sports activities, colleagues also contains the right to participate in sports activities as well as the right to physical education, its specific content as shown in Table 1. Where the right to receive physical education mainly through legislation fully reflects the physical education; and the right to participate in sports activities and the use of principal invested through equal time, money and sports venues hardware facilities to achieve.

<table>
<thead>
<tr>
<th>Citizens should enjoy major sports rights</th>
<th>Relative person shall enjoy the right of as a sports administrative person</th>
<th>Students should enjoy civil rights as a sports body</th>
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</thead>
<tbody>
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<td>The right to equal physical education and sports rights</td>
<td>Honor rights</td>
<td>Physical activity personal rights</td>
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<td>Gregarious right</td>
<td>Administrative Recommendations Right</td>
<td>Physical Property</td>
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<td>Freedom</td>
<td>Administrative protection obtained permission</td>
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Sports Rights Enjoyed by the University Student as A Civil Body

Physical Activity and Body Weight of the Right to Health Person. For the purposes of civil entities shall enjoy personal rights, personal rights and property rights primarily civil law together constitute the basic civil rights. Students enjoyed hidden personal rights in the sports rights can be divided into personal rights and the rights of mentally; and personal rights materially include body the right to health, the right to life; the spirit of personal rights including the right of reputation and privacy. The right to health of the body can also be called the constitutional rights of citizens sports rights, life safety is people's health, improve organ function working as personal rights.

The Right to Life and Physical Activity in Custody. The main sports rights is implicit in the dominance of the right to life, the right to more dangerous sport will be reflected, for example, hiking, rafting and boxing and other projects. Regulatory authority is right as a student in one of the more important right content, sports activities related to the transaction, the university students' safety from the obligation to carry out monitoring and management, and fully effective in preventing students against accidents in sports activities.

Analysis of Physical Property Rights. The main property is the property interests as the basis for content, directly reflects the interests and civil rights of property. Property is the right to life, system analysis, its main contents include property rights, creditor and inheritance rights, but also contain a certain amount of intellectual property rights. The so-called sports industry, mainly during sports activities sum of property acquired through sports, certain civil rights and obligations. Contains SPORTS funds, sports, equipment, etc., it occupies a very important position in sports rights.

The Constraints of Practice of Sport in Universities

Sports, Equipment for Sports Rights Constraints. The process of establishing the university sports curriculum, in many cases does not adequately reflect the sports rights, for example, sports, equipment for sports rights constraints, the specific content can be reflected in the following aspects: First, the stadium, the limited number of equipment. In the investigation can be found, relative lack of material resources of college physical education, various stadiums establish insufficiency, in the process of analysis of the results by content and "University sports stadiums with equipment catalog" provisions compared to a lot of hospital school students per capita amount and content requirements differ greatly, this phenomenon for their comprehensive development has had an impact of conditional. Secondly, the university sports grounds and equipment, skills of teaching phenomenon. In the process of college physical education in our country at this stage is to establish a venue most competitive sports as the main venue, equipment and activities are mainly basketball, soccer-based. Establishment of Physical Education activities are mainly its strong student body as the basis, for the purpose of entertainment friends, which establish the existence of competitive sports activities essential difference, so college physical education managers should be fully aware of this factor through sports, athletic equipment optimization, lay a good foundation to enhance students' abilities.

Sports Textbook Implementation Constraints on Sports Rights. University sports curriculum establishment process, the application of its materials to implement student sports rights caused some impact, the impact factor mainly for the following two points: first, the teaching materials are too old, severely to competitive sports-based materials hinder the implementation of the student sports rights. University sports curriculum establishment stage process, the main project will Competitive sports as the main content, the content embodied in the show to teach sports skills and to enhance the ability of the student movement, and the movement of the structure as a basis for elite athletes, students will They made too much of the action technologies and standards, this phenomenon has caused dislocation teaching purposes and teaching methods of the phenomenon, so that sport to promote healthy development of students isolated in a relatively independent special sports among hinder student sports implementation and completion of the rights of the teaching task. Second, the impact of repetitive teaching content has enhanced the students' abilities, but also to
realize its right to development constraints caused by nature. College Physical Education in the process due to the obsolete teaching content, a lot of content is duplicate content for primary and secondary school education, and that does not pay attention to the introduction of physical education teaching of modern information and knowledge, we can not fully meet the students' desire for knowledge, in the Student Sports the implementation of the right to development constraints caused by nature.

**College Students own Factors of Sports Rights.** Due to limitations of students to realize their own factors also sports rights caused some impact. Many students in colleges and universities in sports learning process, the rights enjoyed by their own lack of systematic knowledge, while for traveling sports rights does not pay attention, so in the course of sports activities with which they will not enjoy the sports rights. Due to lack of awareness of students will reduce the interest in participating in sports activities, physical and mental development of the students had an impact of conditionality. At the same time, many college students lack the spirit to endure hardship. College sports curriculum will stimulate students to some extent physical ability, it is bound to bring some suited for students in stimulating phenomenon in the process, so by the exercise of the right to give up the sport

**Protection of The Rights of The College of Physical Factors**

**Realization of Sports Venues, Equipment Rationalization Construction.** In the process of the establishment of the university sports activities, sports should gradually improve the efficiency of resources, in order to fully ease the contradiction sports resources and students' ability growth. Various colleges and universities in the process of sports rights analysis, should be carried out according to their own conditions and situation analysis, student sports rights will be achieved and the learning ability to participate in sports activities as a basis for rational construct sports venues, sports venues and equipment to achieve unity with each other situation, so as to the sustainability of the development of sports activities to lay a good foundation. At the same time, the process of constructing the university sports activities, it should gradually change the traditional practice of competitive sports of standardization, improve sports equipment purchase efforts to achieve the core objectives of the emerging sports to provide scientific and sports activities to enhance the students' ability of development basis.

**Reasonable Choice of Sports Materials, Strengthen Students' Concept Sports Rights.** Existing sports textbooks too old, to a certain extent, restricted the ability of college students to participate in sports activities, but also affect the implementation of the important reasons for sports rights. Therefore, at this stage in the process of sports curriculum establishment of universities, should be through the establishment of new PE teaching mechanism, realize the vitality of the era textbooks build system, the development of mechanisms to adapt to students' physical education at the same time, improve the ability of students to participate in sports activities, thereby lay a good foundation for the implementation of student sports rights, the promotion of positive sports rights. At the same time, in the course of the exercise of the student sports rights, to a correct understanding of the rights and obligations of individuals involved in sports-related activities, highlighted by Sports Interaction improve individual students will assume social responsibility, full of students' social adaptation ability.

**Strengthening Construction of the Student Sports Union.** College Physical Education in the process, should establish community-based education system. University sports associations of college students achieve common educational goals, and actively participate in the process of sports activities, and through the formation of student groups, the establishment of a purpose, cultivate awareness of their organizational capacity and management capabilities to fully meet PE Teaching entertainment expand student exchanges, and gradually ease the pressure of intense learning. At the same time, colleges and universities should gradually strengthen students' guide to sports associations, so that students fully understand the sport right boot and organizational capacity, for college students to create a sufficiency of time, in order to stimulate students' ability to participate in sports activities.
Conclusion

All in all, in the process of the establishment of colleges and universities sports curriculum, students are the subject of teaching, while in a more important position in the relationship between teachers and students. Through the establishment of sports rights can be implemented right to implement advanced, maintain student sports rights mainly teachers, schools and basic obligations and responsibilities of government. In the process of the establishment of the university sports curriculum at this stage, there is no sufficient ability to enhance physical fitness of students noted, therefore, physical education should be strengthened through sports rights, to enable students to recognize the right to own their own use, the university also should be optimized traditional sports teaching model for students to create more exercise space, thus laying a good foundation to enhance the students' comprehensive ability.

References


