

## Research on Embedded Teaching Model of Preschool Dance

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**Keywords:** Embedded teaching model, Preschool dance, Game.

**Abstract.** The traditional dance teaching model in the preschool stage may make the education boring and inefficient. A new teaching model named embedded teaching model which can make children more happy and healthy. This paper introduces the concept of the embedded teaching model, points out the advantages of it and elaborates the preparation and implementation of the new method in order to provide some references for the relevant researchers.

With the development of education reform in China, the embedded teaching model has been widely used in the preschool students dance teaching. Dance education is a part of quality education. It has a sense of wonder, joy, laughter, movement, freedom, creativity and the feeling to be expressed. Lev Vygotsky believes that the level of children's games is often higher than their actual level of development. The game may act as a child's recent development zone of the ladder and promote their development to help them get a higher level of ability. So games are tools that help children grow up, with the help of this tool, they can successfully cross the nearest Development Zone, realize the potential development. The primary school stage is the stage that has just crossed the infant stage. Therefore, to develop the appropriate games to make the child happy and healthy is the original intention of our embedded teaching for the preschool students.

### Concept of Embedded Teaching Model

Embedded teaching model was put forward to carry out the replacement of curriculum teaching model and can be applied to the professional software department. It's a new teaching model which includes the software enterprise development project in the software professional routine teaching. According to the project driven, case teaching ideas, to the enterprise standard computer software training this mode requires no change to the school's teaching plan, but in accordance with the implementation process of the teaching plan, the enterprise development projects according to the software life cycle decomposition, and then embedded in the form of lectures to the teaching mode of the learning theory into practice, and application of feedback teaching theory to improve the teaching quality of the embedded teaching mode into preschool dance teaching. It ensures the realization of organic integration of dance teaching and entertainment, which can improve the comprehensive quality of preschool children.

Games and dance are all functional to meet people's needs. The difference lies in that the dance will be reflected in a systematic and rigorous discipline. It has a serious academic sense; while the game is entertainment as the ultimate goal, even if there are rules of the game itself, they do not assume any other tasks outside of the entertainment. In view of the nature and value of the game and the dance is the same in order to promote the growth and development of young children. Therefore, we can integrate the game and dance, the formation of the game of the full play of the role of dance teaching their respective value. Embedded preschool dance teaching is to the game as a means of teaching swing dance teaching, is to make children in a lively atmosphere, in joyous activity. In the fierce competition, the children attain the dance skills and the necessary physical quality development. Games and dance teaching are two different activities, in practice, it is not a substitute for each other, but if they are organically combined, it is a combination of the two. Art education is the liberation of people's spiritual pressure, give people to get the pleasure of cognitive skills, to dilute the education process of depression or fear, children dance education if you want to make children overcome the fear of pain and depression in the dance training, enhance the child's self-confidence, in the spirit of full learning, only to play the game characteristics. This not only can make the children from the previous game, the occasional, scattered experience becomes clearer

and can change the boring and inefficient teaching. In the teaching of the combination of the two can be the use of the "plug" or "fusion" approach. Insert type is in the teaching process will contest, performances and other aspects of the game in a timely manner the Canucks came in, regulate classroom atmosphere, in is used both to emphasize to improve teaching effectiveness, but also to avoid the interference of children's spontaneous, autonomous activities and games. The other method is the organic fusion of the games and dance teaching, which plays the two arts' values in the maximum degree.

### **Advantages of Embedded Teaching Model of Preschool Dance**

**Stimulate Children's Interes.** Albert Einstein once said: "interest is the best teacher". As long as the children are learning something with great interest, learning activities for young children is not a burden, but a kind of enjoyment, a pleasant experience. So, the children's learning interest in the children's dance teaching has a direct impact on the learning effect, and the key to the children's learning interest lies in whether the content and form of dance learning is new and interesting. The embedded teaching model transfers the traditional single boring teaching methods into the game to stimulate children's interest in learning. Children due to their own age characteristics and psychological characteristics, lack of endurance, perseverance, although easy to show the enthusiasm and interest in art activities, but this interest and enthusiasm is difficult to maintain long-term, but often stay in a very shallow level. In order to make the children fall in love with the dance, and are willing to dance class. Only the integration of the game fact in the traditional dance teaching method can attract children's attention.

**Reinforce Children's Memory.** Children's thinking is characterized by intuitive image. The intuitive emotional things are easy to remember and keep. In dance teaching in the context of the game can enhance children's memory of the dance moves. In addition, the game of the scene can inspire children's inherent in the dance, so that children in the dance more vivid expression of the content of the dance at the same time to keep in mind the action. Such as in the coach's action, divided into bow, upward, and the dumping of first class, the teacher can use blowing bubbles scene let children experience down, looking upward, head tilt when different feeling, teachers in order to let the children better remember the action sequence can be brought bubble water children personally try to blow bubbles process: first to bow to dip the water bubble, and then upward blowing scene. Children in such a real experience, the dance of the feelings will be very realistic and the memory of the action will be more profound.

**Cultivate Children's Imagination.** Dance itself can provide people with a wide world of imagination. The teaching of the game can let the children in this vast imagination in the wings of a bold imagination. For example, in the teaching of Chinese Dance grade second in the "imitation and imagination", the teacher can use the role of teaching methods. Teachers can play a role in the role of small animals so that children follow the rhythm of music, to be familiar with the music after the teacher to encourage children to play according to the music organization action and design any characters or animal image to play. This approach to the role of children in accordance with the method, not only conducive to the cultivation of children's divergent thinking and children in a relaxed learning environment, can make their own imagination to make their own favorite action at the same time. Children with active, aggressive, and imitation ability is strong, and have strong performance desire, eager to get the teacher, parents and people around the identity, and teaching the game rule just to meet the psychological characteristics. We can consolidate the learning and practice of dance moves in the gameso that children are willing to participate and cultivate the potential imagination and creative ability.

### **Preparation and Implementation of Embedded Teaching Model**

**Preparation.** The preparation of embedded dance teaching mainly includes the selection of music and the arrangement of action. Music is the soul of the dance, and so is the baby dance. It is directly related to the children's interest in participating in the dance. First of all, the choice of music, in

addition to the characteristics of the children in accordance with the age, selects some of the melody. Secondly, the choice of music also has a certain story. The rich story of the music not only can let the children produce the "desire", but also can stimulate their imagination to the performance of the dance. Such as the music of the hen moved into the new building is a melody simple and smooth, the rhythm is clear, with a strong story of the music. It describes an old hen after half a lifetime of hard work finally have their own new buildings, and then moved into the new building after a lot of fun and interesting things. In adults as well as children's dance class dance classroom, teachers in the use of terminology teaching, we must master the appropriate use of humor so children can ease the tension in novice dance period to help them integrate into the classroom teacher as soon as possible and to generate a sense of trust and for long-term study of children in terms of dance, humorous language will adjust classroom atmosphere, excitement mobilize children, reducing child training feeling tired this is a test for teachers, how to have the game and sense of humor discourse appropriate to speak out, and when a good grasp of time talking about what do not speak, do not only adjust atmosphere in the classroom and keep students from losing discipline, which is the second test of the level of individual teachers, teaching materials in the current children's dance. Preschool children's game teaching is the children's understanding, understanding, in the imaginary situation in the practice of imitating and recycling adults, children's music education, the fun, and the game is most directly reflected in the music game. As a result, the game is a comprehensive form of activity; it is a song, dance, music. Children's thinking is characterized by the image of the specific, attention is not focused. So we should be good at abstract exaggerated, interesting, stories of dance moves from the lives of children, like the open train, fired, contests, chase and other games of the movements, so that children are friendly, easy to learn, easy to remember, easy to accept.

Implementation. The main points of the implementation of embedded dance teaching lie in the grasp of rhythm. Children learn to dance, the first to have a strong sense of rhythm, to talk about the dance movements learning. Therefore, it is very important for the children to carry out the teaching of basic rhythm. Children's rhythm sense mainly refers to the children on the beat of music appear periodically changes in the strength, each tone and the length of phrases rhythm, keen feeling and reaction. For example, in the teaching of "small run" the basic pace, a two-step and a step to take a step of the rhythm of children is often difficult to master. I told the children that we are going to climb the mountain now, please be ready (immediately after the music), young children are doing a step by step, and the baby can be changed into a two-step at a pace. Music is repeated, repeated the pace of mountain climbing, in the mountain games children will take two steps and take a step has been mastered well, the rhythm of the future will lay a good foundation. Because of the psychological characteristics of children is: active, good imitation. Therefore, teach them to imitate some simple action is relatively easy. However, to allow children to achieve real understanding is necessary to use the means of the game. For example, in picking the fruit turn of the wrist action, teachers can bring real. Sent to each of the children, let them experience of the real, which children's wrist turn right, the teacher asked him to put the fruit into the basket, he picked the fruit and then sent him a practice, so to see who last picked the fruit of the most are the ones who will become the" small farmers. Teach children to rhythm, teachers can through the creation of scenarios in the game the children lead people dance scene, so as to achieve the teachers to teach in the game, children in the realm of game middle school. There are a lot of Children loved the musical accompaniment from the songs, and the action is also designed a children's play characteristics, but not sufficient, such as different versions of the materials has a waist of training, from the name of view there is Tim waist loose waist bend double After the suction leg bend, etc. But I think one needs to visualize the name, the second is at the same time you can add a small waist action animal figuresto help the children can play some video capture image to promote the game through enhanced teaching. Such as in the teaching of "bird dance" I let children play a role in vivid language to create a beautiful forest scene "in the beautiful forest. The mother bird with his children ah in the forest to play", due to the correct model, coupled with rich appeal scenario children began to follow me to do it. With the change of music, our range of motion also changed. Some children

said: "when the music is slow, the bird does not move to rest; when the music is fast, it means that the birds have to find a small partner to play with". Children improve the understanding and feelings of dance in the rich imagination.

## **Conclusion**

The smooth development of children's dance education requires the embedded games to attract children. The game will be the most effective means of children's dance educators. We should try to avoid boring teaching in the teaching activities, and play the active role of games in teaching practice summarize experiences. In the early life of children, game pleasure and dance pleasure have great similarities. Embedded dance teaching model integrate the game and dance in the teaching process. It is an important current trend of dance education.

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