

# Exploration for China's Competitive Sports Reserve Talent Cultivation Pattern

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**Abstract:** With the continuous improvement to China's international standing in recent years, China attaches more and more attention to the cultivation of sports talents. To this end, to improve the competitive sports talent cultivation pattern has already become an important task of the cultivation of sports talents. In the continuous development, China explored for more economic sports talent cultivation patterns in conformity with social requirements, so as to promote the continuous development of China's economic and sports undertakings, inherit China's sportsmanship, and carry forward our national culture. In this paper, the author will make a certain analysis on China's competitive sports reserve talent cultivation pattern, so as to promote rapid development of competitive sports undertakings in China, and cultivate more sports talents for the society.

At this stage, China's sports undertakings are gradually changing under the new economic situation. As an important link to promote the development of sports, the economic sports talent cultivation pattern has already received high attention from Chinese government. Under the continuous and deepening development of China's economic system, the establishment of competitive sports talent cultivation pattern has already become a key link. A good talent cultivation pattern can result in a batch of excellent athletes, and add to the glory to China. However, it is bound not to cultivating outstanding athletes, if there is no any good pattern for the cultivation of competitive sports reserve talents. Therefore, importance should be attached to the selection of competitive sports talent cultivation pattern.

## 1. Analysis on Economic Sports Talent Cultivation Patterns in China and Foreign Countries

Since the Olympic Games, physical education had been gradually developed, and received high attention from the governments of various countries. In both China and foreign countries, competitive sports is a relatively important sporting event mainly including track and field, all kinds of sports balls, swimming and weightlifting. The purpose of the establishment of competitive sports cultivation pattern is to cultivate more athletes with specialties in track and field, all kinds of sports balls, swimming and other sports events, and promote sound development of China's sports undertakings. However, we need to know that the competitive sports talent cultivation is different between China and other countries.

### (I) Analysis on the competitive sports reserve talent cultivation pattern in China

Through continuous practices, competitive sports have already become an integral part of sports. To cultivate more competitive sports reserve talents, China increased the cultivation degree of sports talents, and made many significant reforms through practice. The purpose is to cultivate sports talents in conformity with China's needs for social development, and drive China's social and economic development through the development of sports undertakings. In China, the competitive sports talent cultivation pattern mainly includes the pyramid cultivation pattern, the tower cultivation pattern and the migration cultivation pattern. These cultivation patterns have already obtained remarkable effects in terms of competitive sports talent cultivation.

### Analysis on the pyramid cultivation pattern in competitive sports talent cultivation

The pyramid cultivation pattern always needs to have a strong foundation in actual application. It refers to actions in different layers from the cultivation goal at the top level. Generally, there are great differences between the grass-roots training team and the highest training team. Then, it is

necessary for the competitive sports talent cultivation pattern to have a large reserve force as the foundation of talent cultivation, so as to support the development of competitive sports talent cultivation undertakings. Viewed from online competitive sports reserve talent cultivation and training in China at present, the pyramid cultivation pattern is adopted as the three-level teenager training pattern in China.

The tower cultivation pattern in competitive sports talent cultivation

The tower cultivation pattern is different from or even opposite the pyramid cultivation pattern. It is unnecessary for the foundation of the tower cultivation pattern to be supported by a strong reserve force. This cultivation pattern directly starts from the basic level, so as to execute the talent cultivation goal at the highest level. Under normal conditions, there is no great difference between the training team at the highest level and the grass-roots training team. In the talent cultivation process of many programs, the tower cultivation pattern is applied in most cases. At the same time, the application of this kind of cultivation pattern has also obtained fascinating achievements. Moreover, it is widely applied in the economic sports talent cultivation by many experts, for instance, gymnastics, competitive Wushu and synchronized swimming. The tower cultivation pattern is applied in all of these sports trainings.

The migration cultivation pattern in competitive sports talent cultivation

The migration cultivation pattern doesn't start from the cultivation of those grass-roots talents. Instead, it selects talents from other young athletes with high level and high skills. In the present competitive sports talent cultivation in China, the migration cultivation pattern is common. It is widely applied. At the same time, the migration cultivation pattern is of great importance for the promotion of the development competitive sports undertakings. For instance, the migration cultivation pattern is applied in the talent cultivation of hockey ball, softball and other sports events in China.

(II) Competitive sports reserve talent cultivation patterns in foreign countries

There are also many economic sports talent cultivation patterns in foreign countries. These competitive sports talent cultivation patterns have an unconscious effect on the development of sports undertakings. Moreover, they also play a role that cannot be neglected in sound development of sports undertakings in various countries. For example:

America, Australia, Britain and other countries share some similarities in terms of the competitive sports talent cultivation. All of these countries established competitive sports on the basis of mass sports for the purpose of creating more opportunities for teenagers to participate into sports, attracting more sports fans, and providing more sports talent recourse for the society. Under this competitive sports talent cultivation pattern, it is also necessary for cultivation institutions to cultivate good habits of teenagers to be engaged in sports undertakings for life, encourage them to overcome all difficulties in the cultivation process, cultivate their spirits of fearlessness of hardship and fatigue, excavate more sports talents in continuous development, and promote rapid development of sports undertakings in these countries.

In Germany, club sport is served as the basic organizational form of sports. This kind of organizational form is an important carrier for Germany to participate into sports activities. In the German constitution, independent and self-responsible basic principles have already been established for club sports. This provides the legal guarantee for the participation of German citizens into sports training, letting them accept the cultivation of competitive sports in a better way upon legal guarantee.

For Korea, competitive sports reserve talents are mainly cultivated by the government, financial groups and business combination at the same time. To positively promote the development of sports reserve talents in Korea, the national sports promotion group is responsible for paying special scholarship for those excellent reserve teenager talents. This action can not only improve the enthusiasm of athletes into sports but also improve the cultivation effects of competitive sportsmen.

## **2. Issues Existing in the Present Competitive Sports Talent Cultivation Pattern in China**

With the continuous development of China's economy at this stage, sports undertakings also got

continuous development accordingly. However, certain issues still exist in the China's competitive sports reserve talent cultivation in the new period. These issues need urgent settlement. These issues are mainly reflected in the following aspects:

Incomplete laws and regulations for the cultivation of sports talents

Sound laws and regulations provide effective guarantee for the circulation of sports talents and the talent flow. However, the legislation is not sound enough in terms of the cultivation of sports talents. Besides, existing laws are relatively laggard. As a result, this seriously hindered the development of sports undertakings in China. Nowadays, many departments failed to give full expression to relevant principles (such as willingness, mutual benefit, fairness and orderliness) for athletes in the actual development. To this end, it becomes a primary task to specify these contents in relevant laws and regulations. Moreover, the failure to establish a reserve talents guarantee system leads to the shortage of reserve talents in China.

Shortage of a competitive sports talent cultivation mechanism in conformity with the present market economy

At present, China is still in the primary stage of social transformation. Then, it is necessary to establish an operating mechanism in conformity with the development of this stage. However, there are still many issues in the cultivation of competitive sports talents at present in China. Many colleges and universities failed to really provide talent resources for China's competitive sports. On the contrary, these colleges and universities only solved the employment of competitive sports reserve talents. Due to limited resources of competitive sports reserve talents, especially for those fewer reserve talents with high quality, they are unable to compete against those high-level professional sports teams. This is in nonconformity with the requirements for the cultivation of competitive sports reserve talents in the social transformation period in China. Therefore, it becomes an issue for urgent settlement to establish a specific mechanism in conformity with the present competitive sports reserve talent cultivation pattern.

Low social level of the development of competitive sports in China

Nowadays, organizations engaged in sports activities transform from the administrative model to the social model. This transformation has already become a key point of social reform. Its major purpose is to give a clear definition of the role of various organizational departments and social organizations, such as functional departments and project management centers. Due to unclear existence of these issues in China, discordance is caused in the management system and the operating mechanism of the cultivation of competitive sports reserve talents. Moreover, it fails to give full play to its positive role in social aspects, resulting in a not high level of the development of competitive sports.

### **3. Analysis on the Future Development Tendency of Competitive Sports Talent Cultivation Pattern in China**

In the future development, we hope our competitive sports reserve talent cultivation pattern to be perfect and have more effective effects. To this end, we made a bold imagination of the future competitive sports reserve talent cultivation pattern:

Establish a cultivation and development pattern integrated with liberal educational concept and professional sports value

The cultivation pattern integrated with liberal educational concept and professional sports value inherits and carries forward all scientific and rational contents of the educational concept. At the same time, the professional sports value is also injected into college sports in the cultivation process. After mutual integration, the two different cultural values gradually formed a scientific competitive sports talent cultivation pattern with specific characteristics, which plays a positive role in promoting the cultivation of competitive sports talents. Thus, a set of talent cultivation pattern with closely connected features will be formed in the continuous development and implementation, so as to comprehensively connect sports from primary school to junior school and then to senior high school and university, and ensure that each athlete has high-level competitive sports skills and high cultural quality. This is quite favorable for promoting the development of sports undertakings in

China.

Establish a high-efficiency cultivation pattern for the cultivation of competitive sports reserve talents

It is necessary for the cultivation of competitive sports reserve talents to depend on education, start from the primary education for athletes, and gradually form a professional team competitive talent cultivation pattern with high level. Thus, it can effectively solve many issues in the cultivation of competitive sports reserve talents in China. We believe that this will become an important orientation for the development and reform of competitive mechanism in the future development of sports.

Establish a cultivation pattern combined with sports and education for the cultivation of competitive sports reserve talents

Viewed from the development situation of sports undertakings, sustainable development conforms to relevant requirements for the present development of sports. To ensure real realization of sustainable development, we need to reinforce the quality-oriented education for athletes, and establish a high-quality sports team. Thus, it is necessary for competent departments of sports schools at various levels to change the concept toward the cultivation of sportsmen, pay close attention to the demands of the talent market for different talents, and ensure the cultivation pattern of this school in conformity with market demands. At the same time, it is also necessary to enhance the construction of sports schools, ensure that the construction of sports schools can become a major base for the athletes to increase scientific & cultural knowledge and sports skills, fully combine sports with education, and lay a solid foundation for the future development of sports schools. Moreover, it can also cultivate athletes with high cultural level for the country, establish a good image and spirits of sports, and continuously promote the development of sports undertakings in China.

Certainly, these are expectations and imaginations for the cultivation of the future competitive sports reserve talents in China. If all Chinese sports schools can achieve these factors, then, China's sports undertakings certainly will reach a peak in the future development. Moreover, it can also bring forth greater economic benefits to China's development.

#### 4. Conclusion

To sum up, China's sports undertakings also got continuous development accordingly in economic development in recent years. This contributed a lot to the social development in China. Since successful holding of Athens Olympic Games and Beijing Olympic Games, China's sports undertakings even got prosperous development. However, there are still many issues existing in the cultivation of competitive sports reserve talents in China. These issues set certain obstacles to the development of sports undertakings. At the same time, these issues also increased the stress to the exploration for more competitive sports talent resources in China. Thus, these issues need to be solved as soon as possible. In this paper, the author mainly analyzed from three aspects (i.e. competitive sports reserve talent cultivation patterns in China and foreign countries, issues existing in the present competitive sports talent cultivation pattern in China, and the future development tendency of competitive sports talent cultivation pattern in China), making more people to understand relevant characteristics and development of the cultivation of competitive sports talents in China.

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