Foreign Language Teaching Reform in China Higher Education from "Culture Aphasia" Perspective

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Abstract: Culture is a result of the accumulation of human society, language is the important carrier of culture. Infiltration of western culture and the widely used of English, seriously hindered the globalisation of the Chinese culture, the resulting "cultural aphasia" phenomenon. As the main place of cultivating high-level talents in colleges and universities, how to use the foreign language teaching reform to change the status quo, is becoming a hot research. This paper first has carried on the outline of "cultural aphasia" phenomenon, and then analyzed the reasons, finally proposed the improvement opinions and suggestions.

Keywords: culture aphasia, teaching reform, higher education, cross-cultural communication

1. Introduction

Culture is an important tradition heritage and a sign of the national cultural differences, it is with the development of human society, forms through the accumulation of ideology with the regional characteristic. Language is an important communication tool, it is the main carrier of human civilization be able to save and inherit. There is an intimate relationship between language and culture, both influence and restraining each other. On the one hand, language reflects the culture of a nation, it is the power of culture to survive; on the other hand,On the other hand, culture’s life is spread, especially in the cross-cultural communication, new words and expressions in language restrict the development of culture. As China's comprehensive national strength has increased, triggered a boom about learning Chinese traditional culture, more and more western scholars even civilians join in it. But English as a world language, how to realize the Chinese traditional culture to the world ? It has become a new challenge for the Chinese scholars. "Aphasia" originally refers to these people who loss the brain damage expression ability, language expression ability and writing ability, due to injury or disease [1]. In 2000, a scholar named Congcong brought aphasia from the medical field into the foreign language teaching research for the first time, he pointed out that the Chinese scholars, who engaged in foreign language teaching, is difficult to deal with Chinese traditional culture when they made a conversation with foreigners, also he proposed that foreign language education should establish a national cultural identity, make a balance of English cultural assimilation[2]. "Cultural aphasia" phenomenon not only hindered cross-cultural communication, but also restricted the local outstanding cultural transmission[3]. Therefore, in order to realize the Chinese culture to go out, it is necessary to find out the cause of "cultural aphasia" phenomenon and solved.

Colleges and institutions as the main place to cultivate high-level, high-quality talents, foreign language teaching are the key to improve their ability, no matter for English majors or non-english major students. In cross-cultural communication, higher talents play a role as cultural exchange ambassadors, so how to make our culture better and further? It should integrate the local culture of learning in the process of foreign language teaching.

In this paper, it has carried on the outline of "cultural aphasia" phenomenon firstly, and then analyzed the reasons, some improvement suggestions are given finally.

2. Reasons of Culture Aphasia Phenomenon

2.1 Historical reason

Since modern times, western culture in a dominant position in the world, it is the symbol of the advanced culture, on the contrary, chinese culture is the representative of backward culture.In the exchange between east and west, chinese culture is largely influenced by western culture and even lost its voice on the world cultural exchange platform.

2.2 Economics reason

Powerful economic strength is a strong support in the development of culture, the western countries carried out the "cultural conquest" around the world , by selling its life style and ideology, some people blind pursuit of western
culture and look local culture as vulgar, cultural aphasia phenomenon is inevitable occurred.

2.3 Political reason

Policy reason mainly refers to the policy orientation is not clear. In 2007, the Ministry of Education issued the *College English Curriculum Requirements*, it stipulated that the main content of college english teaching should be including english language knowledge and application skills, cross-cultural communication and learning strategy. In spite of this, it still lack of the cross-cultural communication definition, at the same time, it only need to translate China's national conditions and culture introduction simply, and without any other requirements for Chinese culture about other abilities. The mistaken orientation of the teaching requirements makes a vast of teachers and students believe that foreign language teaching in colleges and universities is the import of foreign culture nor native culture, so they pay more attention to guide students to learn western customs, habits and values etc., ignore the important of local culture input. In addition, we used a lot of foreign raw materials in textbook arrangement (table 1 shown as follows with freshman and graduate textbook respectively), few of these about Chinese traditional culture introduction, although it may help to improve thinking ability, a lack of local culture vocabulary has caused among students.

<table>
<thead>
<tr>
<th>Names</th>
<th>Total text</th>
<th>Western culture</th>
<th>Proportion</th>
<th>Chinese culture</th>
<th>Proportion</th>
<th>Culture comparison</th>
<th>Proportion</th>
<th>Others</th>
<th>Proportion</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>40</td>
<td>35</td>
<td>87.5%</td>
<td>0</td>
<td>-</td>
<td>5</td>
<td>12.5%</td>
<td>0</td>
<td>-</td>
</tr>
<tr>
<td>Advanced English</td>
<td>60</td>
<td>50</td>
<td>83.3%</td>
<td>3</td>
<td>5%</td>
<td>5</td>
<td>8.3%</td>
<td>2</td>
<td>3.3%</td>
</tr>
</tbody>
</table>

2.4 Partial understanding of cross-cultural communication

Authors submitting a manuscript do so on the understanding that if the manuscript is accepted for publication, copyright for the article, including the right to reproduce the article in all forms and media, shall be assigned exclusively to the Publisher. For a long time, the foreign language teaching practice simply attaches great importance to the input of the target language and its culture, ignored the output of native language and Chinese culture, so it will form a “one-sided” culture communication, combined with a lack of confidence in non-english speaking countries, they just follow western culture blindly, let alone spread out the essence of local culture.

3. Empirical

Baoding Uniwersity is one of provincial key universities, its advantage disciplines are liberal arts, such as literature, philosophy, especially in foreign language study has achieved excellent results. Based on the university as an example, this paper makes relevant research and analysis with questionnaire method among English majors and non-English major undergraduate, master's graduate students respectively. This study involved in the investigation of a total of 100 students, including 60 foreign language majors and 30 graduate students, not foreign language majors in 40 and 20 graduate students. There are totally 100 copies questionnaires, 98 effective questionnaires were taken back, the recovery rate of 98%.

3.1 The situation of student to grasp Chinese traditional culture

There are 50 topic in the questionnaire about Chinese traditional culture and it covers all aspects of traditional culture as much as possible. Each question got 2 points, if right .2 points, or else zero. From questionnaire score results, we may reached that non-English major undergraduate students for low-scoring, English major graduate serves the highest. The following are shown in table 2.

<table>
<thead>
<tr>
<th>Students category</th>
<th>English major undergraduates</th>
<th>English major graduates</th>
<th>Non-English major undergraduates</th>
<th>Non-English major graduates</th>
<th>The average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scoring rate</td>
<td>72.5%</td>
<td>78.9%</td>
<td>60.7%</td>
<td>68.9%</td>
<td>70.25%</td>
</tr>
</tbody>
</table>

3.2 Chinese traditional culture curriculum and the status of the classroom teaching

In the questionnaire, students are required to select the most closely related species about Chinese traditional culture (at least 5 course) and write down, in addition, whether there is a teacher to guide learning Chinese traditional culture or its English expression and be able to learn about Chinese traditional culture in the teaching textbook. After analysis, we found that only the English major students said the
teacher will increase traditional culture of foreign language learning gradually as the growth of the grade, the undergraduate English majors to accept such knowledge at least. Figure 1, 2, 3 as following shown.

![Fig.1 non-english major students teaching textbook form](image1)

![Fig.2 English majors teaching material form](image2)

![Fig.3 foreign language expression rate of Chinese traditional culture in class](image3)

3.3 Student's attitude to add Chinese culture in English education

There are 5 questions in questionnaire to understand students attitude about whether join Chinese traditional culture in English teaching, more than 60% of the students think it is very necessary, only 5% think it is unnecessary, as shown in figure 4. This suggests that students eager to know the foreign expression of Chinese traditional culture, but due to their knowledge is not ideal, caused the ability to carry forward the excellent culture of the Chinese nation is unsatisfactory.

![Fig.4 whether add traditional Chinese cultural knowledge in English teaching textbooks](image4)

4. Suggestions

With the "cultural aphasia" phenomenon has occured, more and more scholars put forward different opinions and suggestions, it may be said that “hundred flowers blooming and hundred schools contending”, each one has his own point of view. But on the whole, the focus of debate is how to integrate Chinese native culture how to teach Chinese native culture teaching.

4.1 Improve foreign language teachers native culture quality

Foreign language teachers is the main force of foreign language teaching in colleges and universities, playing a connecting link role in spreading Chinese culture. On the one hand, foreign language teachers are professional trained in higher education of foreign language, compared to students they have a higher capacity, in terms of understanding and the understanding of western culture, so they should take more responsibility in spreading Chinese
culture; on the other hand, as a foreign language teaching in
colleges and universities directly, it is necessary for foreign
language teachers to instruct students to learn the Chinese
culture into the western thinking, not only western culture
teaching, in order to apply to the global spread of Chinese
culture.

The foreign language teacher's own mother tongue
culture quality and the teaching idea directly affects the
student's learning effect, so it is imperative to improve their
native culture quality. First, teachers should abandon the
traditional teaching concept, fully aware of the importance
and urgency of native culture in foreign language teaching,
Improve themselves and the students' Chinese culture
accomplishment and the ability to express Chinese culture
in English consciously; accumulate the English expression
of Chinese culture, such as reading books, by
network .participate in academic exchanges irregularly and
other different ways, aims to update existing knowledge
timely and promote the communication skills.

4.2 Gradually focus on Chinese culture in foreign
language textbook arrangement

Although there has a lot of foreign language textbook
version of the higher education on the market currently, but
a common phenomenon is that the selected article material
originate from foreign periodicals or books and so on, few
of them related to Chinese traditional culture. Students just
blindly pursue how to comply with the foreign language
thinking style and make the expression more authentic, but
for how to use language to express Chinese traditional
culture is especially lacking, let alone use, "cultural
aphasia" phenomenon is unavoidable. Therefore, on the
teaching material arrangement should consciously increase
about the original foreign language of Chinese traditional
culture, it not only can make students learn authentic
language expression, but also can guide students to set up
the correct cultural values, mobilizes their interest in
initiative to explore Chinese traditional culture.

4.3 Cultivate students’ sense of national pride,
strengthen intercultural communication

The Chinese nation is the long history of nation, Chinese
culture has a long history, cultivate the students’ sense of
national pride, enhance national self-confidence, to improve
the "cultural aphasia" is also very beneficial[4].
Intercultural communication is an important way of culture
“bring in” and “go out”, it can learn foreign advanced
culture as well as introduce Chinese outstanding culture to
all over the world, to understand the differences between
cultures. Along with China plays a more and more
important role in the international arena, more and more
western scholars are keen to study Chinese traditional
culture, so a successful intercultural communication is not
simply cultural single input, local culture output more and
more is needed.

5. Conclusion

Native culture teaching foreign language teaching integral
part of culture, and in the context of global cultural
exchange, only equal, two-way communication is possible
to achieve a win-win for effective communication. So,
aiming at the phenomena of Chinese culture aphasia,
foreign language teachers to train the student to the native
culture and the culture of target language equality
consciousness, Strengthen the education of mother tongue
culture in foreign language teaching, solve the problem of
the Chinese culture aphasia, this is the need of
cross-cultural communication, also is the need of carrying
forward the culture of the Chinese nation.

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