

Three Kinds of Ability for Teachers to Carry Out Military Physical Education Curriculum

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ABSTRACT

"Moral Education" is inevitable for Military physical education curriculum teachers to carry out ideological and political curriculum. In order to cultivate excellent ideological and political quality of the students, it is necessary for the teachers to integrate ideological and political education with course teaching, and integrate the ideological and political education into the course teaching process. The realization of "Moral Education" requires the teachers of military physical education to improve the ability of value guiding, course ideological and political cognition and course teaching design.

Keywords: *curriculum ideology and politics, military academies, military physical education course, teachers, ability.*

1. INTRODUCTION

The essence of "ideological and political curriculum" in military physical education is the process of integrating ideological and political education with military physical education. For military physical education course teaching, the ideological and political education of trainees should be "spring breeze" into the course teaching process, in order to promote students to master the basic knowledge and skills at the same time, to cultivate excellent ideological and political quality. The realization of this goal requires the teachers of military physical education to improve the ability of value guiding, course ideological and political cognition and course teaching design.

2. ABILITY TO LEAD BY VALUES

Lenin said, "The most important subject in any school is ideological and political orientation. What determines this direction? It is entirely for the faculty to decide." [1] In teaching, teachers play a leading role, and their ability to lead with values directly affects the effect of ideological and political construction of military physical education courses.

2.1. LIVE MORALLY

President Xi stressed that the way to build a strong

military is to win people. College education is the main channel of military personnel training, which plays a fundamental, guiding and overall role. As a member of the faculty of colleges and universities, military physical education course teachers should be aware of their mission and responsibility, and strive to make greater contributions to the training of high-quality professional new military personnel with both moral ability and ability. Military physical education course teachers should learn the basic principles of Marxism, correct their wrong understanding with the basic stand, viewpoint and method of Marxism, and establish dialectical materialism and historical materialism world outlook. We should study Marxism-Leninism, MAO Zedong Thought and the system of theories of socialism with Chinese characteristics. In particular, we should implement Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era and consciously arm our minds with the latest achievements in adapting Marxism to Chinese conditions. We should internalize the "four good teachers", "four guiders" and "four unifications" proposed by President Xi into our own value pursuit, so as to learn high as a teacher and set an example.

2.2. GOOD FOR TEACHING

The ancients said that teachers should learn to be teachers and behave as world models. Mr. Mei Yiqi also said: "The school is like water, teachers and students are

like fish, its action is like swimming, the big fish lead, the small fish follow, from swimming, from swimming for a long time, the effect of its immersion, not to come, but to become." Every action of the teacher will have a subtle influence on the students. The instructors of military physical education course should be based on the classroom, have the wisdom of learning, dealing with the world, living and educating people, teach people both fish and fish, and be able to give students help and guidance in all aspects. Fulfill the responsibility of teaching and educating people, and embody this responsibility to ordinary, ordinary, subtle teaching work, with a lifetime to prepare a lesson, with a lifetime in three feet platform silently dedication. They should also respect, understand and tolerate students, and teach students how to love and be grateful. Timely introduce the latest teaching and scientific research achievements into classroom teaching, enrich curriculum content, reform teaching methods, and guide students to learn how to behave and work. So that a wonderful military physical education can not only improve the physical quality of students, but also meet their spiritual needs.

2.3. GOOD FOR EDUCATION

Marx once said: "A man's development depends on the development of all the others with whom he interacts directly or indirectly." [2]The educator is the teacher of man. Teaching is a process integrating moral education and intellectual education. While imparting knowledge, teachers' ideology and morality also exert an important influence on students. Soviet educator Suhomlinsky said: "the teacher becomes the moral guide of the students, does not lie in their preaching all the time, but in his attitude, can set an example for people, lies in his high moral level. The conduct of teachers, mainly in the noble ethics. Noble ethics is the most vivid, concrete and far-reaching education and influence on students. The teachers of military physical education course should study deeply the Teachers Law of the People's Republic of China and the Regulations of Military Academy Education, understand the sacred mission they shoulder in the training of military talents, and enhance the sense of pride and mission for the career of soldiers and teachers. The model abides by the military moral code, achieves "careful independence, cautious beginning", insists "embellishes the body by virtue". We should understand, respect and educate students, care about their growth and encourage their progress, and establish an equal, democratic and harmonious teacher-student relationship.

3. COURSE IDEOLOGICAL AND POLITICAL COGNITIVE ABILITY

The teacher is the participant and the leader of the curriculum teaching. [3]In the process of promoting the

curriculum ideological and political teaching of military physical education, the teacher deepens his understanding of the concept of "curriculum ideological and political", which is an important guarantee to promote the construction of "curriculum ideological and political" in military physical education. Only with the teachers' recognition and willingness to participate in the reform of "curriculum ideological and political", can the present situation of pure knowledge imparting and pure skill training in military physical education curriculum be fundamentally improved, and all-round education can run through the whole process of military physical education curriculum teaching.

3.1. RAISE AWARENESS OF EDUCATION

"What kind of children?" "With what?" This is the primary problem for teachers to establish the consciousness of education and the principle of the direction of quasi education. President Xi Jinping pointed out the need to "train socialist builders and successors who are well-developed morally, intellectually, physically and aesthetically", which gave educators a clear direction on the question of "what kind of people to produce." "Cultivating people with Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era is the central task of ideological and political education in the new era", In other words, educators should be guided by Xi Jinping Thought on Socialism with Chinese Characteristics for a new Era, and the implementation of curriculum ideology and politics must be the same. Military academy is a place for the party and army training, at all times to speak politics in the first place, always insist on thought of the political governance, the ideological and political education throughout the whole process of education, education guide and firm ideal faith, cast up consciousness, the soul of army win. Military PE teachers should abandon the heavy light "teaching" and "education" concept, build up the idea of education ahead of teaching and education lies in teaching and education in the teaching work in the first place, unifying value guidance and knowledge, ability training, make sure be khalid ents in students "khalid is the" correct values and knowledge to reassure "tree".

3.2. STRENGTHEN MORAL EDUCATION THINKING

Firm and correct political direction is the spiritual guidance of military education policy in the new era. Military academies must carry out the requirements of political army building, focus on the fundamental direction of cultivating students, and educate and guide students to firm up their ideals and beliefs, forge a strong military spirit, and be determined to win the army. Military physical education course teachers to strengthen the thought of moral education, one is to

highlight the goal of moral education in teaching. Morality as a kind of social consciousness, along with the constant change of social development, teachers should combine the world situation, national conditions and military situation closely with the frontier development of this profession, so that students deeply understand the current characteristics of The Times and the reality of the development of the discipline, and guide students to establish socialist morality. The second is to strengthen moral training in teaching. Through the course teaching, the possible setbacks and difficulties in students' career will be resolved, and the courage to face challenges and the fighting spirit of "not afraid of hardship, not afraid of death" will be cultivated. Thirdly, moral education should be integrated into teaching. We should fully explore the ideological and political elements contained in the curriculum, integrate the moral education core of "following the command of the Party" and the moral education principle of collectivism into the curriculum teaching, so that the students can firmly establish the lofty ideal of communism and the common ideal of socialism with Chinese characteristics, and shoulder the important task of strengthening the army and developing the army era with firm ideals and beliefs.

3.3. ENHANCE THE ABILITY OF EDUCATION

At present, the pattern of "great ideological and political" education is taking shape. As the pillar of the pattern of "great ideological and political" education, front-line teachers must take the forefront and lead the development of the pattern of "great ideological and political" education. The teachers of military physical education course should learn, believe and practice the concept of "great thinking and politics", improve the ability of education and make the course thinking and politics deeply rooted in people's hearts. One is to study Marxist theory. Military PE teachers should consciously use the marxist world outlook and methodology to analyze and solve problems, fully realize the sinicization of marxist theory and its thought is guide the inevitable choice of realizing the great revival of the Chinese nation the Chinese dream. Second, strengthen the study of relevant documents of ideological and political courses. Fully study and correctly understand president Xi's important discourse of "fostering virtue and cultivating people", study the series of documents of the CPC Central Committee and the Ministry of Education on curriculum ideological and political reform and promotion, and ensure the correct direction of curriculum ideological and political progress. Third, strengthen the study of ideological and political practice achievements. Through attending seminars, academic conferences, lectures and other various forms, I will absorb the beneficial achievements of others into my own classroom. Regularly carry out the study and discussion of the frontier theory of curriculum ideology

and politics, improve the understanding of curriculum ideology and politics, innovate the teaching methods of curriculum ideology and politics, form high-quality classes, and truly lead students to grow in the reform and development of curriculum ideology and politics.

4. ABILITY OF CURRICULUM DESIGN

Curriculum design is an important prerequisite for the realization of curriculum objectives and tasks. [4] To develop the ideological and political education of military physical education course is to dig deeply into the rich ideological and political education content contained in the course teaching, carefully carry out the course teaching design, overall planning, arrangement and organization of the teaching process, including the design of teaching objectives, teaching content, teaching methods, teaching evaluation and other aspects.

4.1. TEACHING AIMS

In course teaching goal, stand up to ask for course education, teaching goal setting, personal goals and social goals should be organic coupling, such as students' physical, psychological, ideological combination of the students' interests, hobbies and sports and sports spirit, better achieve individual value and social value. By the spirit of sportsmanship, cultivate students the pursuit of excellence, mutual understanding, friendship first, competition second, the quality of fair competition, help students set up the correct world outlook, the outlook on life, values, carry forward the spirit of patriotism, socialism faith, through the sports teaching the carrier, help the students complete the cognitive goals. [5] Through physical exercise, we can build up our body, sharpen our character, improve ourselves, improve the ideological quality and moral quality of the trainees, so that they can grow up healthily as successors to the cause of building a strong army.

4.2. TEACHING CONTENTS

For students in military sports knowledge, skill, ability, physical education and training, training students healthy body quality at the same time, not only pay attention to the sports skill teaching and learning sports skills, but to blend in ideological and political education of military physical education curriculum teaching, raises the student good psychological quality, emotion, morality. Cultivating students' orientation of self-realization and social responsibility will have an important impact on their whole life. [6] The content of physical education should be rich and expansive. Sports not only give people physical strength, but also reflect the development of intelligence, psychology and thought, and improve people's overall quality of knowledge, emotion, intention and action. The teaching of physical education should combine theoretical knowledge with

practical teaching, so as to meet the higher value and functional needs of students and meet the requirements of military physical education in military struggle.

4.3. TEACHING METHODS

The teaching methods and means of military physical education course are the basic way to complete the teaching task, including teaching methods of teachers and learning methods of students. To change the status of the aging of the single military physical education curriculum teaching mode, abandon the traditional "ready - basic parts - end part", combined with "explanation - demonstration - students practice - faculty - summary evaluation guide" teaching model to complete the teaching task of classroom structure, change too much emphasis on teachers in the teaching process execution mode of subjectivity, Build a student centered teaching mode, to fully embody the ideological and political education into curriculum teaching organization and methods, reflected in the faculty in the way of teaching and students learning activities, fully mobilize students' learning initiative and enthusiasm, use diverse teaching methods improve the usefulness of the course teaching, fun and effectiveness, Education, edification, infection and influence on students. [7]

4.4. TEACHING EVALUATION

As to achieve the goal of moral education in the military physical education curriculum teaching evaluation is an important standard, the teaching effect of physical education should not only guarantee the effectiveness of sports knowledge, skills, such as teaching contents, teaching contents in take fully consideration of student education, the organic combination of practicality and incentive of course teaching, to achieve unity of cognition, emotion and meaning. Incorporate the attitude of students to participate in the curriculum teaching exam content, for example, from the sports attitude, sports knowledge, sports participation, sports qualities, sports skills, physical health, mental health, the individual ability to adapt, sensors and actuators, fighting spirit students all aspects of the quality and the sports ability to make a comprehensive evaluation, do more reasonable and more scientific evaluation of student achievement. [8]The students' motivation and attitude, process and effect are evaluated in a trinity, so that the process of physical education learning becomes a process of interaction between the subject and object of teachers and students, so that students can learn to evaluate and reflect through evaluation, consciously adjust their attitude, and learn to be a man and work in learning evaluation. At the same time, to evaluate the teachers "teaching", as well as evaluation of faculty teaching design, teaching methods, itself, will more faculty teaching thought, the ideological education goal, the

teaching effect of self evaluation and teaching evaluation, guide the instructor in a timely manner to reflect, to solve the problems in teaching, timely adjust the teaching goal, obtain good teaching effect. [9]

5. CONCLUSION

This project is the phased result of the key teaching and research project of College of Information and Communication, National University of Defense Technology in 2019-Reform and Practice of Research on the Ideological and Political Construction and Practice of Military Physical Education Curriculum of "Shaping Externally in Form, Internalizing in Heart".

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