The Existence of Farming Types in Dryland Agriculture in Timor, Indonesia

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ABSTRACT
Timor Island is part of the East Nusa Tenggara province in Southeast Indonesia. This island is one of several large islands in East Nusa Tenggara which is climatologically included in the semi-arid area. The agroecological conditions have formed a specific dry climate dry land farming system. This study has been carried out to get an idea of the farming type within the scope of the farming system in Timor Island. This study used a survey method by collecting data and information on 370 farmers as respondents as randomly selected and assisted by a list of prepared questions. The data and information were covered the following aspects: (i). farmer characteristics; (ii). type of farming and orientation; (iv). commodity types and cropping pattern (v). planting patterns and cropping calendars, and (vi). farm management. Furthermore, all the data and information were tabulated and analyzed descriptively. It was concluded that most types of farming in East Nusa Tenggara are mixed farming, where this type of farming cultivates several commodities including livestock in one or several farming locations. This type of farming is part of an adaptation strategy to the agroecological environment in a semi-arid area by local farmers. At this stage, the farming orientation has shifted from previously being subsistence to a slight change towards commercial orientation. However, the farm performance was still classified as unproductive. This farming has faced with some challenges, namely the limited productive workforce, very simple cultivation management and not supported by cultivation technology/innovation, and the lack of available capital. There are no visible signs of an Integrated Farming System (IFS), even though IFS components are available for use.

Keywords: Integrated farming system, multi-commodity, mixed farming, semi-arid

1. INTRODUCTION
Timor Island of the province of East Nusa Tenggara (ENT) is located in Southeast Indonesia. This island is one of several large islands in East Nusa Tenggara, which is climatologically included in the category of semi-arid area. Semi-arid region is an area that has a relatively lower amount of rainfall compared to evaporation potential. Based on the amount of rainfall, the island of Timor belongs to F zone, where the amount of annual rainfall is 1500 mm with 3-4 wet months and an average temperature of 26°C [1,2].

Based on the edaphic aspect, the soils in Timor are dominated by young soils with weak weathering development, such as Entisols and Inceptisols. Weathering of the underlying limestone is the main source contributed to the development of both the Alfisols and Mollisols [3]. Both types of soil generally have a shallow solum of less than 20 cm, thus limiting the growth and development of plant roots. The nature of this soil is closely related to the condition of the source rock of local soil formation, where geologically, the island of Timor is formed from typical tectonic processes such as forces and folds. These characteristics can be seen from the existing geological formations, such as the Bobonaro Formation, the Nule Formation, and others [4,5,6,7].

It is noted that 85% of ENT household communities are farmers [8]. Thus, most of the population of ENT are farmers whose farms are faced with the biophysical conditions mentioned above. Therefore, what farmers do to deal with regional biophysical conditions like this is an adaptation strategy in farming, namely the formation of specific types of local farming systems. This adaptation
strategy is concerned with minimizing the risk for farmers [9].

The results of the identification of local farming systems, indicate that there are two forms of farming that can be seen, namely the form of monoculture farming and the form of multi-commodity-based farming. The form of monoculture farming is farming decisions based on one commodity in one land, and conversely the form of multi-commodity farming is farming that involves several commodities including livestock in one or several farming locations. Among these two forms of farming, the form of multi-commodity farming is farming in the province of East Nusa Tenggara, especially on the island of Timor.

This paper describes the existence of types of farming on the island of Timor which include types of commodities, farming calendars, production processes and management, production orientation of several dominant types of farming. The description of each of these farms is obtained from the results of a farming survey conducted for several months in 2021 in almost all districts on the island of Timor.

2. MATERIALS AND METHODS

This study was carried out using the survey method, within the scope of the farming system on Timor Island, and located in the districts of Kupang Regency, Kupang City, South Central of Timor, North Central of Timor, Belu, and Malaka. The data was collected through technical interviews assisted by a list of questions to randomly selected 370 farmers. The questions were related to the following aspects: (i). farmer characteristics; (ii). types of farming and orientation; (iii). commodity type and cropping pattern (iv). cropping patterns and cropping calendars, and (v). farm management. All of the data were tabulated and analyzed descriptively.

3. RESULTS AND DISCUSSIONS

3.1. Farmers Characteristics

The farmer characteristics related to their farming performance were the number of people per household, the number of productive workers, the number and area of land cultivated. The farmer characteristics were presented in Figure 1.

![Figure 1](image-url)

**Figure 1.** Percentage of the number of people per farmer household (a) and the percentage of the number of productive workers per farmer household (b), the amount of land cultivated by each farmer each season (c), and the area of land cultivated by each farmer each season (d)
Table 1. Agricultural commodities in Timor Island

<table>
<thead>
<tr>
<th>Commodity Group</th>
<th>Commodity</th>
<th>Agroecosystems</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food crops</td>
<td>Corn, upland rice, cassava, sweet potato, rice, bean, cowpea, pumpkin</td>
<td>Ladang, rainfed rice fields and irrigated rice fields</td>
</tr>
<tr>
<td>Livestock</td>
<td>Cows, pigs, goats, chickens</td>
<td>Garden house, grazing field</td>
</tr>
<tr>
<td>Vegetables crops</td>
<td>Mustard greens, water spinach, eggplant, tomatoes, chilies, longbeans, etc.</td>
<td>Garden house and ladang</td>
</tr>
<tr>
<td>Fruit plant</td>
<td>mango, avocado, orange, banana</td>
<td>Garden house and ladang</td>
</tr>
<tr>
<td>Plantation crops</td>
<td>cashew coconut</td>
<td>Garden house and ladang</td>
</tr>
</tbody>
</table>

Source: primary data from the survey

Table 2. Planting Patterns, Planting Time, Harvest Time in each agroecosystem on the Timor Island

<table>
<thead>
<tr>
<th>Agroecosystem</th>
<th>Planting Patterns</th>
<th>Planting Time</th>
<th>Harvest Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ladang</td>
<td>FC – Fallsows</td>
<td>November/December</td>
<td>March/April</td>
</tr>
<tr>
<td>House garden</td>
<td>FC – Fallsows</td>
<td>November/December</td>
<td>March/April</td>
</tr>
<tr>
<td></td>
<td>FC – Vegetables</td>
<td>May /June</td>
<td>June to November</td>
</tr>
<tr>
<td>Irrigated rice</td>
<td>Rice – Rice</td>
<td>January/February &amp; June/July</td>
<td>May /June &amp; Oktober/November</td>
</tr>
<tr>
<td></td>
<td>Rice – Fallsows</td>
<td>January/February</td>
<td>May /June</td>
</tr>
<tr>
<td>Upland rice</td>
<td>Rice – Fallsows</td>
<td>January/February</td>
<td>May /June</td>
</tr>
<tr>
<td>Livestock</td>
<td>-</td>
<td>All the time</td>
<td>All the time</td>
</tr>
<tr>
<td>Mamar</td>
<td>-</td>
<td>All the time</td>
<td>All the time</td>
</tr>
</tbody>
</table>

FC: Food crops: corn, rice, sorghum, beans

Figure 1 was showed that Timorese farmers have cultivated with the area, and the number of locations varied land. A total of 41% of farmers were cultivated in one location, and 46.3% had two locations. The total arable area was focused on four range categories, namely 33.2% of farmers have an arable land area of >0.5–1.0 ha, followed by 32.1% with an arable area of >1–2.0 ha. Meanwhile, the farmers with 0.5 ha of an arable area were 20.3%.

The availability of productive workers for each farmer household was showed that 46.8% of households have two workers and 41% of households only have one worker. The number of people per household showed that 4 to 5 people dominated 41.6%, 6 to 7 people occupied 30% of households, and 20.8% were settled by 2 to 3 people. The existing condition of farmer characteristics in Figure 1 was indicated that the farming management was experiencing significant challenges with the available productive workers. The 1.0 ha of the arable area was burdened and cultivated by one productive worker per household. This condition has consequences for the quality of farming management.

3.2. Agroecosystems, Commodities and Cropping Patterns

There are six main agroecosystems for farming environments in Timor Island. These six agroecosystems were ladang, house garden, rainfed rice fields, irrigated rice fields, grazing fields, and mamar. Each of these agroecosystems was characterized by its main commodity. The main commodities mainly were used for food purposes or selling to the market. As previously mentioned, the farming types were dominated by mixed farming with more than three types of commodities, including livestock. The results were showed that 100% of farmers have more than three types of commodities. A list of agricultural commodities in Timor Island was presented in Table 1.

The main factor in determining the success of farming in all agroecosystems was the availability of water. The results showed that 70% of water sources depend on rainfall, 13% on wells, and 7% on irrigation and other sources. Therefore, 66.5% of farmers often experience rain disturbances in the production process, 10% of farmers have a limited workforce, and 12.4% have low cultivation knowledge.
A majority of 92.3% of farmers were cultivated corn as the main crop, and the rest was upland rice, especially in the sloping land (71.4%). Besides, the other crops were cassava, pumpkin, and beans. These commodities were mix-cropped with corn (61.3%), followed by cassava-corn (13.3%) and beans-corn (11.1%). The commodities planted with corn on the same land and the season were included in the cropping pattern as mixed cropping.

### 3.3. Cropping Pattern, Planting Calendar and Livestock Keeping

The cropping pattern and planting calendar in Timor Island generally was followed the rainfall pattern. Therefore, the cropping pattern and planting season in dry land was carried out during the rainy season (November/December – March/April). Outside the rainy season, the soil was left open without any plants. Meanwhile, on the paddy fields with sufficient irrigation capacity, a rice-paddy cropping pattern will also be possible. The first rice planting season was usually between January/February, and the harvest in April/May. The second rice planting season was started in June/July and finished in October/November. A summary of cropping patterns by agroecosystem in Timor Island was presented in Table 2. The planting calendar for the six agroecosystems was presented in Figure 2.

Table 2 showed that Timor Island has two planting periods: the October – March period (OKMAR) and the April – September period (ASEP). The Okmar planting period was the planting season carried out by most farmers with the rainfall water source. The Okmar period was in line with the rainy season in the region.
Furthermore, the ASEP planting period was called the off-season period.

Figure 3 was shown that the ladang and house garden agroecosystem was more complex than the other due to accommodating all commodities, such as food crops and livestock. The difference between the two agroecosystems is the production season. Ladang agroecosystem has a production season from mid-December to April, while the house garden has a year-round. The results showed that almost all farmers have a ladang as a center for food production and have farming activities in the house garden. The house garden was also accommodated the livestock business. Almost all farmers have owned livestock in the mixed farm, and only 4.5% of farmers do not own livestock.

Figure 4 was shown that the dominant livestock types owned by Timorese farmers were cattle, pigs, chickens, and goats. Figure 5 was revealed that the livestock ownership was low. Even the percentage of farmers who

![Figure 4](image1.png)

**Figure 4.** Percentage of farmers who raise livestock by type of livestock

![Figure 5](image2.png)

**Figure 5.** % HH based on the number of cattle, pigs, goat and chickens owned
did not own cattle, pigs, goats, and chickens was higher, namely 34%, 19.5%, 55.5%, and 12.9%, respectively.

3.4. Type of Farm and Orientation

There are two types of farming in Timor Island: farming based on one commodity (monoculture) in one land and one season, and farming based on more than one commodity is not only one land and one season or referred to as mixed farming.

Monoculture farming was generally carried out by business-oriented (commercial) farmers with one commodity base following the market demand. Examples of monoculture farming were lowland rice farming, corn farming, or vegetable farming. This farming type was produced according to the market demand and applied by the farmers with the access and market networks or farmers whose locations near the city or market. On the other hand, mixed farming was a type of farming that involved several agricultural commodities grown in one area or several fields, including livestock commodities. The orientation of this farming type has shifted from previously subsistence or solely for the fulfillment of family food to the food crops for sale (figure 6).

3.5. Farm Management and Cultivation Process in Mixed Farming

Farming management in Timor was relatively simple. This level of management was closely related to the capacity of available land resources, limited productive labor, equipment, and capital, as well as the orientation of farming which still tends to be subsistence. Therefore, only a few farming activities that can be reached, such as the timing of planting, land preparation, and seed preparation. This activity has no consequences for expenses (costs).

The reference for planting time used the experience of previous planting seasons in most of East Nusa Tenggara. The planting time for food crops (corn and beans) falls between November and December. These beans farming. Following the access to information development, few corn farmers have started using pre- or post-growth herbicides to weed control.

The livestock management was also quite simple. The livestock was released and free-grazed or housed in pens. The farmers did not need to prepare feed (such as grasses from native pastures) for released and free-grazed livestock. In contrast, the feed was taken (cut and carry) from around the field for housed livestock. The types of forage were Kabesak (*Acacia leucophloea*), Beringin (*Ficus Sp*), Gamal (*Gliricidia sepium*), Lamtoro (*Leucaena leucocephala*), Turi (*Sesbania grandiflora*), and others. Especially for pigs, the feed was household waste or concentrate feed purchased from the shop.

This simple farming management has consequences for small business scale, productivity, and production. For example, corn productivity was less than 2 tons/ha, with an average arable area was 0.25 ha, would be produced 0.5 tons/household/season. Another example is the low productivity of upland rice, 1.2 tons/ha, so the product obtained was 0.3/household/season. Likewise, the productivity and production of other crops were low, such as cassava, peanuts, or green beans. In livestock farming, simple management was impacted on the low cattle productivity. For example, male Bali cattle grazed in the native pasture was needed a longer time (4-5 years) to reach market weight (250-300 kg), while with high-quality (cut and carry) forage could shorten two years to reach market weight [10,11].

Ideally, a multi-commodity farming system has the opportunity to develop an integrated farming system.
The IFS is a way of farming that manages various agricultural commodities simultaneously and supports each other. This farming system aims to make efficient use of resources (land, capital, labor) to produce food, feed, fertilizer. Several of the advantages of IFS are minimizing input from outside the system, minimizing business failure, maximizing business outputs, and diversifying sources of business income [12,13,14].

4. CONCLUSION

Farming types in ENT are closely related to the biophysical characteristics of the region which are dominated semi-arid and marginal ecosystems. Within this environment, farmers develop farming strategies to minimise risk and maintain a level of crop production for subsistence. Mixed farming practices have considered as the most common practice in ENT which are closely related to the limited productive labour, lack of capital and almost no external inputs used. Meanwhile, small number of farmers were started to embrace monoculture practice for commercial crops. Livestock is an integral important part of farming system in ENT, livestock provides main sources of animal protein for household and main source of income. A multi-commodity farming system has the opportunity to develop an integrated farming system (IFS).

AUTHORS’ CONTRIBUTIONS

TB and EH contributed to data collection, data analysis and writing related to farming systems. JN and DKH contributed on paper proof reading discussion some aspect on livestock in dryland farming system. BdR and YN contributed to the data analysis and discussion related to socio-economic aspects.

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