

Analysis on the Role of Social Practice in College Students' Quality Education

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Abstract—As social development puts higher demands on talents and knowledge, Chinese universities must focus on quality education and improving the overall quality of college students as well. As an important way of quality education for college students, social practice provides a good platform for students, which shortens the distance between students and society, improves their ability to solve problems, and enables students to use their knowledge in penetrating the society.

Keywords—social practice; college students; quality education

I. INTRODUCTION

With the development of society, higher requirements and requirements for knowledge and talents are put forward. In order to meet the needs of the development of the times, China's colleges and universities should speed up the pace of reform, change the concept of education, focus on quality education, and focus on cultivating the scientific and cultural qualities and humanities of college students. To comprehensively improve the overall quality of college students. There are many ways to quality education. Most of the articles are based on school education or different spiritual cultures, and cultivate students' comprehensive qualities. From the perspective of social education, it is also an important way to carry out quality education for college students.

II. THE CONNOTATION OF COLLEGE STUDENTS' SOCIAL PRACTICE AND QUALITY EDUCATION

A. College students' social practice

The "Opinions on Further Strengthening and Improving College Students' Social Practice" issued by the Central Propaganda Department, the Central Civilization Office, the Ministry of Education, and the Central Committee of the Communist Youth League pointed out that the content and form of social practice is "into the grassroots, In-depth study of the masses, in-depth practice, professional practice, military and political training, social investigation, production labor, volunteer service, public welfare activities, scientific and technological inventions and work-study, as well as 'three rural areas', 'four into the community' and other activities ". Based on this, we can think that college students' social practice college students have a planned and purposeful participation in social practice education activities according to the school's training plan and requirements; It is an important way to promote the all-round development of college students' quality, to make them contact with society and serve the society; It is an effective carrier for students to enhance the theoretical self-confidence, road self-confidence and institutional self-confidence of socialism with Chinese characteristics, and

to practice Xi Jinping's new era of socialism with Chinese characteristics, thus realizing the Chinese nation's great rejuvenation of the Chinese dream.

B. Quality education

Quality education is aimed at exam-oriented education. During the "Cultural Revolution", China's education system has been severely hit. After the Cultural Revolution, China's education system gradually recovered, and the enthusiasm of young people across the country rose. After the college entrance examination was resumed in 1977, the number of students enrolled in the year was 273,000, but the number of young people enrolled was 5.7 million. The national youth has accumulated more than ten years of enthusiasm for schooling, and the competition in the college entrance examination is fierce, which directly leads to fierce competition in primary and secondary schools. The drawbacks of "test-oriented education" also appear. The needs of all aspects of society have produced a historical proposition that must change from "test-oriented education" to "quality education." In 1999, the Central Committee of the Communist Party of China and the State Council "Decision on Deepening Educational Reform and Comprehensively Implementing Quality Education" pointed out that "The implementation of quality education means comprehensively implementing the party's educational policy and improving the quality of the people as the fundamental purpose, with a focus on cultivating students' innovative spirit and practical ability. Create a socialist builder and successor who has all-round development, such as ideals, morality, culture, and discipline." Therefore, quality education is to take people's all-round development as the core, based on scientific quality and cultural quality, so as to continuously improve the overall development of ideological quality and physical quality.

III. THE ROLE OF SOCIAL PRACTICE IN COLLEGE STUDENTS' QUALITY EDUCATION

A. Social practice is conducive to improving college students' ideological and moral quality

Ideological and moral quality is the soul of quality education for college students. Training college students to establish patriotism, collectivism and socialism is the main content of quality education for college students. The cultivation of college students' ideological and moral qualities must undergo the process of transformation of knowledge, love, meaning, faith and behavior. This requires students to constantly transform their own political, ideological and moral understanding into their own emotions and wills, and through certain Social practice activities externalize their emotions and

will into certain behavioral habits. Among them, social practice plays an important role in promoting the process of knowing and translating into behavioral habits. By setting up a series of ideological and political education courses, colleges and universities can enable students to establish a correct world outlook, outlook on life and values, and build patriotism, collectivism, and socialism. This series of ideas can be implemented through social practice.

B. Social practice is conducive to improving the scientific and cultural quality of college students

The quality of science and culture is essentially the professional quality of college students. The quality of science and culture is not only obtained in the classroom through the classroom, but its formation process is a process of abstract thinking to practice. In the process of practice, college students can test their own professional quality through practice, so as to continuously enhance their self-consciousness and initiative in learning scientific and cultural knowledge. Moreover, in the process of investing in society and participating in society, college students can use the problems they have discovered and explore problems, and apply knowledge in the process of practice in the process of exploring problems, thus continuously broadening the breadth and depth of their knowledge.

C. Social practice is conducive to the formation of college students' health psychological quality

In a broad sense, psychological quality includes all aspects of psychological research. It is generally believed that psychological quality refers to the sum of the psychological qualities formed and developed by the individual (including family, society, school, self-conscious and unconscious education) and social practice on the basis of congenital endowment, including intellectual quality, emotional quality, willpower, personality and mental health. Strong psychological quality is one of the important criteria for measuring talents in contemporary society. Through social practice, college students can overcome the unity of school education, get in touch with society early, understand society, shorten the social adaptation period after graduation, and help students form health. The perseverance of psychological quality has become the pillar of the social development.

D. Social practice is conducive to the formation of college students' healthy physical quality

Physical fitness is the foundation of all qualities. In modern society, competition is fierce. Most young people are under heavy work pressure. The physical quality in this context has become more and more important. "The body is the capital of the revolution."

IV. STRENGTHENING SOCIAL PRACTICE AND FOCUSING ON IMPROVING THE OVERALL QUALITY OF COLLEGE STUDENTS

The important role of social practice in quality education is self-evident. The role of social practice in the development of all aspects of college students' quality is that other forms of education cannot be replaced. "The decision of the Central Committee of the Communist Party of China and the State

Council on deepening education reform and comprehensively promoting quality education" states: "To promote quality education in an all-round way, we must face modernization, the world, and the future, so that educators should adhere to the unity of learning science culture and strengthening ideological cultivation, and insist on the unity of learning book knowledge and social practice." In the ten years of social practice development, all colleges and universities have also attached great importance to social activities related activities, and have established a series of work systems from the early propaganda team, mid-term practice research, and later organization evaluation, but social practice. There are still some deficiencies and problems in the work, and there are also areas for improvement in the future social practice.

A. Focus on the combination of "point" and "face"

Quality education must take all students as the object of education, and promote the comprehensive development of students' moral, intellectual, artistic and artistic development as an educational goal. Social practice as an important way of quality education must be implemented for all students. Nowadays, college students have a low level of understanding of social practice, and their participation is not high. All colleges and universities must also do a good job in organizing publicity and mobilization of social practice in the early stage, so that the participation rate of social practice in the whole school is over 90%, and it must be active. It recruits social practice creative programs for all students, stimulates students' innovative thinking, mobilizes students to participate in enthusiasm, and increases the vitality of social practice. In the mid-term of social practice, colleges and universities can organize teams in accordance with a young teacher plus 10 to 20 students, implement peer-to-peer guidance, and conduct daily safety reports; Encourage students to actively participate in social practice. They can freely form teams in different professions or team up in different grades to achieve professional complementarity in different grades and better motivate students to participate in practice.

B. Explore the potential of classic practice forms and constantly broaden the form of practice

After years of development, social practice has formed a series of classic activities such as "three rural areas" and "double-double double-entry" in Zhejiang Province, summing up the development of "three-send, three-way love, and three participation". Such as the science and technology support for agriculture, education and care services, cultural and artistic services, love medical services, anti-drug anti-cult, beautiful Zhejiang research, assist garbage classification and other classic practice activities. In the future practice, in order to give full play to its function of cultivating students' comprehensive quality, social practice must carry out a series of new forms of activities in combination with national conditions and social conditions, such as: theoretical propaganda practice group. Focusing on the "Four Enters and Four Letters", "Youth Learning" and "My Favorite Songs of the General Secretary" series of thematic activities to carry out a variety of theoretical popularization activities. It can be combined with the 100th anniversary of the May Fourth Movement, the 70th anniversary of the founding of New China, and other special

commemorative days to carry out theoretical preaching and interpretation.

C. Attach importance to combining with professionalism and employment

The school can form a special practice group based on the characteristics and advantages of various professions and industries. The combination of social practice with professional and employment can effectively play the role of learning and carrying out ideological and political education in practice. By applying their own professional knowledge in practice, students can cultivate students' correct world outlook, outlook on life and values. On the other hand, they can cultivate students' professional interests and enhance students' professional awareness and learning initiative. For example, in the course of practice, our school can form a special practice group of "Thinking about the national economy and the small amount of people's livelihood", relying on our school's disciplines and professional advantages in measurement, standards, inspection and quarantine to carry out relevant practice, internship and research.

D. Pay attention to the construction of social practice base

"The decision of the Central Committee of the Communist Party of China and the State Council on deepening education reform and comprehensively promoting quality education" states: "All aspects of society must provide the necessary conditions for the school to carry out production labor, scientific and technological activities and other social practices, and at the same time strengthen the construction of students' off-campus labor and social practice bases." The social practice base provides basic venues, accommodations, for social practice, and is the basis and guarantee for college students' social practice. The current base construction has problems such as insufficient base resources, random construction, lack of management, and communication with the school. It can not meet the needs of college students, thus easily eroding the time and enthusiasm of college students. This requires us to overcome formalism in the process of work, and thoroughly implement the relevant policies of "three to the countryside" and "double-double", relying on policy advantages to establish a long-term and solid base check relationship and serve well. The docking work with colleges and universities provides strong support and guarantee for students to carry out social practice.

E. Form a standardized and institutionalized social practice system

As an important way of quality education, social practice has an irreplaceable role in the development of college students' comprehensive quality. All colleges and universities should form an institutionalized social practice system, and incorporate social practice into a large curriculum category of ideological and political theory courses in colleges and universities. Students who are required to be freshmen in the whole school and those who need to rebuild the ideological and political theory practice classes in the sophomores and juniors must participate. The rest of the grade students can participate in the principle of voluntary participation, and the corresponding practice and practice credits are accordingly regulated. After the practice, students should be required to

carry out reflections and summaries in a timely manner, form corresponding research reports, and organize related activities such as evaluation and defense.

V. SUMMARY

"There is a glimpse of the end of the paper, and I know that this matter must be carried out." The knowledge gained from books is not perfect enough. If you want to understand the truth in depth, you must practice it yourself. As an important way of quality education for college students, social practice provides a good platform for students, shortens the distance between students and society, improves their ability to solve problems, and enables students to use their knowledge to penetrate the society. In the course of practice, all colleges and universities should actively implement the concept of "practice and educate people", deepen the development of a series of activities such as "Double Hundred and Double Advance", carry out socialist core values education in social practice, and actively guide students in serving the society and constantly improve their overall quality.

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