

The Study on the Construction of Study Ability under Empowerment Theory

Yihua Liu

Xi'an Siyuan University
Xi'an, China

Abstract—This paper analyses the causes of College Students' learning ability and points out that family, school, and society cause it. Through strengthening the cultivation of College Students' overall ability, the construction of counselors' team, the construction of teachers' group and the construction of school culture, we can continuously optimize the educational environment and process, improve the quality of teaching, and train students to become high-quality skilled talents.

Keywords—*learning ability; comprehensive ability; counselor team; teacher team; campus culture*

I. INTRODUCTION

In recent years, college students account for about 60% of the total number of students enrolled in the college entrance examination. However, most college students' basic knowledge of culture is not thorough enough and not firmly grasped, and their learning ability is weak. It will cause some difficulties for their follow-up knowledge learning and will harm their future employment ability. Therefore, we analyze the causes of College Students' learning ability and explore the corresponding educational countermeasures, which will have a far-reaching impact on the future development of College students. At the same time, higher vocational colleges should speed up the pace of teaching reform; we continuously improve the quality of training, train qualified skilled personnel, and make due contributions to the economic and social development.

II. DEVELOPMENT OF ENERGY ENHANCEMENT THEORY AND ITS INFLUENCING FACTORS

Through years of teaching practice and careful observation and reflection, we can draw the following conclusions on the development of energy-increasing theory and its influencing factors:

A. Early childhood stage

Families lack early education awareness and interest in children's cultural knowledge so that children miss a valuable opportunity for early education. Many educational practices show that early education has an essential impact on children's acquired development.

B. Childhood stage

The words and deeds of parents and their relatives cannot play an exemplary role for children and form a unique guiding part. Children's growing environment has a potential impact on their acquired consciousness and habits.

C. Primary and secondary stage.

School teachers do not well Study the scientific laws of education and teaching, resulting in crude and straightforward levels and methods of training and instruction, damaging children's self-esteem and self-confidence, and making children bored with learning. Once the child falls behind, the teacher's blame, parents' blame, and the cold eyes of the same age children cause heavy psychological burden to the child, which is not conducive to the child's rational understanding of themselves and change themselves.

It is a harmful influence among children of the same age, which strengthens children's shortcomings and makes children's understanding of truth, goodness, beauty and falsehood and ugliness unclear, thus lacking consciousness and internal motivation to seek knowledge. People flock together, and things gather together. As a result, the child is willing to lag but also relaxed.

It is the child's fundamental genetic factors also have a positive impact. Individual differences always exist.

It is the doting and indifference of parents, which will make children lose the motivation of learning to a certain extent and is not conducive to the formation of good habits of children. It is difficult for children to be enterprising if they are spoiled and unable to bear hardships, indifferent, and not enthusiastic, and have no common sense of social life.

The negative aspects of the social atmosphere do great harm to children. Such negative corruption phenomena as latent rules of interpersonal relationships, luxury and carelessness, online games, money worship, hedonism, and extreme individualism have a very negative impact on the formation of children's outlook on life, misery and optimism, honor and disgrace and morality.

The above conclusions are sufficient to show that the main factors leading to students' learning ability are the interaction of family, school, and society. For such a large number of young students, their quality will determine to a certain extent the condition of the people in our community as a whole; their degree of civilization, to a certain extent, will affect the civilization process of our country as a whole. Therefore, for the young students in their golden age and adolescence, higher vocational education is essential and shoulders a particularly important responsibility. They should create a better environment for higher education than the social environment, forge their character and ability, and make them successful.

For national construction, we can rely on a team of specialized and applicable talents.

III. CONSTRUCTION OF COLLEGE STUDENTS' LEARNING ABILITY BASED ON EMPOWERMENT THEORY

Construct a professional teaching and counselor team, insist on comprehensive ability training, lay equal stress on the construction of a professional counselor team, carry out systematic and comprehensive quality education for students, and open up students' minds. Han Yu, a famous prose writer in the Tang Dynasty, said in *Shishuo*: 'Ancient scholars must have teachers. Teachers, therefore, preach and teach to solve doubts. People are not born to know, familiar with no confusion? Confused but not to follow the teacher, it is also confusing, and ultimately do not understand it.' He regards "preaching" as the first responsibility of teachers. Tao was the Confucianism he respected in his time. Today's Tao, which is the correct outlook on life, values, world outlook, and morality, contains not only Chinese cultural tradition, but also modern spiritual civilization and socialist core value system. And college students need to strengthen guidance and focus on training in this regard. They lack stable internal learning motivation. The fundamental reason is that their career development direction is not clear, which makes their learning goals unclear and their learning motivation insufficient. At present, it is a feasible and effective educational countermeasure to integrate career guidance with professional course teaching and infiltrate career education into vocational learning. This is the necessary spiritual nutrient for them to rebuild their ideals, temper their will and character, and also the internal driving force for them to complete their studies.

In this respect, we need to focus on offering the course of Comprehensive Ability Training for College Students and build a professional team of counselors to guide and manage students' daily behavior in the form of excellent teachers and friends.

Higher vocational education personnel training should be carefully combined with theoretical knowledge learning, practical ability training, and comprehensive quality improvement. If we only focus on the cultivation of professional skills, students will have "ability deficiencies" because of the single knowledge structure. It is not only challenging to complete the current Study but also challenging to cope with the severe employment situation for a long time in the future, which is not conducive to the sustainable development of students' future career. Comprehensive ability is the concrete embodiment of one's quality and the foundation of one's academic and career success. From a certain point of view, complete knowledge is the key to success or failure. Therefore, higher vocational colleges should pay attention to the establishment of comprehensive ability training courses for college students, make this course a compulsory course, as a golden key to open the minds of College students, and carry out traditional teaching.

The teaching of a comprehensive ability training course for college students should be carried out step by step from oral communication, interpersonal etiquette, learning and working capacity, team spirit, psychological quality, wisdom development, career design, employment and entrepreneurship ability, innovation and development ability, etc. Help students establish a more positive and objective learning concept,

improve students' self-awareness, self-planning, self-choice, self-guidance, and other self-regulatory knowledge and self-responsible attitude. When the present learning is closely related to and organically integrated with the development of one's life, the value of experience is more comfortable to be recognized, and the initiative of learning is more suitable to mobilize and generate. The teaching practice of this course in Ulanhob Vocational College has been welcomed by all the students and achieved excellent results. It should be persisted in and continuously improved and promoted.

At the same time, higher vocational colleges should also pay attention to the team-building of counselors. In daily life, through intimate communication between teachers and students, students' thoughts and behaviors are guided. So, what kind of accomplishment should a counselor have?

First of all, we should have a systematic cultural knowledge structure and a high level of Ideological and theoretical level, which can help students solve their doubts and explain their doubts and guide them out of confusion. In the 1980s, in the new period of China's reform and opening up and ideological emancipation, Liu Ji and Li Yanjie clarified many vague ideological issues for the majority of young people in our country, and the majority of young people deeply loved them. Liu Ji's *Thoughts of the Times*, written in response to the questions posed by the majority of middle school students, has aroused the young students' deep thinking. He wrote *Today's Poems and Yesterday's Poems* by comparing *Tomorrow's Songs*, which made the young students understand the truth of "today is today again, today is how few" and "Chejian before success and career, do not regret there." Li Yanjie's "Aesthetics of Love" made young people understand that the correct concept of love and love is the truth that "love and marriage should be unified, love and morality should be unified." At that time, Liu Ji was the deputy director of the Political Department of a base of the National Defense Science and Technology Commission, and Li Yanjie was a lecturer of the Chinese Department of Beijing Normal University. The reason why they could talk about the hearts of young people and arouse the resonance of young people was that they cared for young people, cared for young people, studied young people, had profound knowledge accumulation and shouldered the responsibility of the times. This is our counselors should learn.

Secondly, we should have a spirit of dedication, personality, charm, and language artistic appeal. The excellent counselor of Inner Mongolia Autonomous Region, Mr. Wang Yongwang of Inner Mongolia University, enlightens the students to learn in this way: "What is the hardest thing for the common people to do? It is the hardest to ask for people to do things! What is the easiest thing to do? It is the easiest to get up in the morning to learn for oneself! Knowledge is power." Learning is the most considerable wealth in life. College students can only get the highest return on their Study by devoting their energies to it. Time is always the most precious, and please cherish every day! "Such a language, both simple and plain, but also highly theoretical, how can it not be thought-provoking? He combined his long-term work practice, summed up the "four steps for freshmen" and "eight aspects of University life." In 2008, I compiled a self-portrait of the documentary film "Feeling

grateful and aspiring to become a success” for college freshmen enrollment education.

All-round School Culture Construction

The formation of “unity of knowledge and practice, serving the society” style of Study and teaching, so that college students in the thinking, behavior habits, and professional quality are well exercised and nurtured. Higher vocational colleges shoulder the responsibility of training all kinds of skilled personnel for socialist modernization construction. They should also have their soul, culture, and characteristics of Vocational education. Education is the foundation of a century-long plan. A robust youth makes a stable country. Higher vocational colleges should first find a good position in the overall situation of serving the society and leading the community, combine the strengthening of professional construction with the reinforcement of the development of teachers’ and counselors’ teams, pay attention to the innovation of knowledge and skills, pay attention to the quality and characteristics of running schools, actively dock with various industries and departments of regional economic construction, and establish “schools”. Enterprises build training bases together to cultivate high-quality reserve talents for society. Secondly, we should guide and give full play to the educational functions of the Communist Youth League, student associations and associations, organize inspirational reports, talent exhibitions and public welfare activities, so that young students can learn from each other and educate each other, broaden their horizons and increase their talents in the events they organize and become a compound talent with both moral and ability. The broadcasting and self-run newspapers of schools should vigorously publicize the advanced deeds of the national model of patriotism, professionalism, and morality selected in recent years, promote righteousness and infect students. Thirdly, we should regularly organize employment situation education and employment recruitment activities, so that students can design their career as soon as possible and trigger students’ learning motivation. We also need to implement the practical training links for students, so that they can understand and adapt to the quality and skills of employees in front-line jobs, hone their will, cultivate the quality of hard work, earnest and pragmatic style and team spirit of unity and cooperation. In the construction of school culture, we should adhere to the concept of all-round, all-round, and whole-process education, and not give up every opportunity for students to receive an education. Especially at the grand opening and graduation ceremonies, the words of the principals and teachers are essential in the hearts of students and often have a significant impact on their lives. A brilliant and meaningful speech, like a light, will dispel the mist in students’ hearts, give them self-confidence and give them. Give them the power and method to be true.

IV. CONCLUSION

While improving the level of teaching, practice, and ideological guidance, we should also strengthen management and education. Nothing can be accomplished without norms and standards. College students are unavoidable to violate rules and regulations in their Study and life. In this regard, we should not only carry out criticism and self-criticism, but also

take appropriate disciplinary measures, so that students can firmly establish a sense of discipline and law-abiding, and have good moral cultivation and civilized habits. Through all-round and in-depth construction of school culture and hard cultivation in the whole process, college students can become useful talents in socialist modernization construction.

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