

The Present Situation and Restricting Factors of Manchu's Rural Sports in Liaoning Province

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Abstract—Manchu boasts a time-honored sports tradition, which contains the distinctive cultural connotation of northeast China and has been inherited by Manchu people until now. The development of modern sports has gone through a pivotal period. The traditional Manchu sports represent the key content of the development of modern sports, which are also needed to be integrated into it. At present, there are few kinds of literatures on the development of Manchu sports from the sports culture. Therefore, this article takes the Xiuyan Manchu Autonomous County as an example and analyzes the development of the Manchu rural sports in Liaoning. From the inheritance of the culture of Manchu traditional sports and the restriction factors in the development of modern sports, this paper summarizes the shortage in the current development sports career in Manchu Xiuyan Autonomous County. By using literature analysis, logic analysis and other research methods, this paper analyzes the direction and strategies of the future development of Manchu sports culture. With the interpretation of the Manchu traditional sports and the integration of Manchu sports and modern sports, this paper explores comprehensive sustainable development methods of modern sports in rural areas of Manchu.

Keywords—*tradition sport; rural sports; Manchu*

I. INTRODUCTION

The development of rural sports projects mainly refers to sports projects carried out in rural areas below the county level, mainly targeting farmers, with the aim of enhancing the physique of farmers, enriching cultural and leisure life, and building a new socialist countryside. With the development of rural construction, the development of sports projects has been improved to some extent, but it is still relatively slow overall. The specific performance is that the projects are single and unattractive. Many rural infrastructures are completely out of standard, and they are in line with urban sports construction. The ratio is very large, so the future development of rural sports needs to solve many constraints and find a more suitable and more practical development method.

A. Manchu Autonomous County

Manchu is one of the ethnic minorities in China, and its traditional culture is also an important part of our national culture. Manchu traditional sports and modern sports have many similarities and different places. These unique sports with Manchu are the imprint of historical and cultural activities. The cultural meaning of Manchu traditional sports is very deep, especially the Manchus once ruled China in history, so many

traditional projects are also spread to the people. Manchu is a unique nation, in addition to its traditional sports culture. In addition to entertainment and regionality, there are also some military-oriented, military training purposes. This paper mainly analyzes the development of local sports from Xiuyan Manchu Autonomous County as an example^[1].

Located in the back of the Liaodong Peninsula, Xiuyan Manchu Autonomous County is rich in water resources. It is a mountainous area in Xiuyan Manchu Autonomous County. Since the population is over 94%, it is a Manchu autonomous region. The Manchu culture of Xiuyan has strong national and regional characteristics, which are preserved by the history of the nation and created by the first people in their own production and life. With the progress and development of urbanization, the Manchus were relatively closed in the past. Living and living patterns have been changed. Nowadays, many Manchus live in daily life and do not have the habits and nationality of history. Although Xiuyan is a Manchu autonomous county, the current living conditions and methods are not much different from modern farmers. Some festival customs and sports have been preserved. At present, the state is also actively protecting the Manchu culture of Xiuyan and digging deep into its economic value^[2].

B. Manchu traditional sports

Manchu is one of the 56 ethnic groups in China. It has an excellent history and its own unique customs and habits. At the same time, Manchu also has its own traditional sports programs, which are reflected in folk festivals. Manchu is a nation with a rich cultural heritage and its own traditional sports. After the integration of Manchu and Han culture, there are also many sports and entertainment projects combining sports and entertainment. According to relevant historical records, traceable traditions there are more than 80 sports items. Many of these competitive sports are also derived from traditional national games and folk festivals. They have been preserved in the process of inheritance and continuous evolution. These are also the core cultural heritage of Manchu sports, which can be said to be the highest level of Manchu sports development. It is also the treasure of our nation^[3].

Manchu competitive sports are mainly composed of pearl balls, wrestling, weightlifting, skating, riding, Vaulting, and kicking. Many of these names are not unfamiliar to us. Some of the projects are still reserved for our daily life leisure or school physical education. The traditional sports of the Manchu not only have individual projects but also collectively participated

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in the project. In the traditional projects, the Manchu people's strength, sensitivity and wisdom are embodied. This is determined by the long-term national living environment and production methods. The great feature is competitive. This is very similar to modern sports. It can also be integrated with international and domestic sports competition rules. Today, many Manchu traditional sports are listed in the provincial and national competitions^[4].

II. PRESENT SITUATION AND CONSTRAINTS OF PHYSICAL EDUCATION IN XIUYAN MANCHU AUTONOMOUS COUNTY OF LIAONING PROVINCE

Reform and opening up continue to deep into the countryside, and there are still many shortcomings in the rural areas that need to be resolved as soon as possible. This paper mainly analyzes the current problems in the rural areas of ethnic minorities through the current situation of sports development. We take the Xiuyan Manchu Autonomous County as an example to find out that there are many problems, including the lack of physical education and the issue of sports awareness. The following is a summary of the current situation of sports in Xiuyan Manchu Autonomous County.

A. *The health level of local residents*

Due to the economic underdevelopment in rural areas, life is basically only reserved for food, clothing, housing and transportation. At present, due to living habits and other reasons, farmers themselves do not have the awareness of fitness, nor do they have the habit of regular physical examination, and their living habits and medical services cannot be compared with cities. The health condition is not ideal. Many people do not know that they have problems with their health and even have sick work. According to the adult physical fitness monitoring data released by Liaoning Province, the physical quality and skills of farmers are lower than the indicators of urban residents, while the rural areas in some remote areas are still high-risk areas such as cancer and cardiovascular diseases. At present, the medical security system in Liaoning Province is still not perfect, and the physical quality of farmers is not good, so the incidence rate is relatively high first, which is also the reason that restricts the development of rural sports.

B. *Sports development lags behind others*

The difficulty in developing national fitness in Liaoning Province lies in the development of rural sports. At present, the rural population in Liaoning Province is over 60%. We analyze from a macro perspective. The current situation and trend of economic development in Liaoning Province are based on regional data. In rural areas, economic data is relatively behind; we see from the Xiuyan Manchu Autonomous County that its sports traditional folk customs or seasonal sports are passed down. Although these traditional sports cultures are retained, they are not well developed and extended, nor can they meet the needs of the modern public. Coupled with the lack of local productivity, education and culture are relatively backward, so the development and development of sports projects are very much behind.

C. *Rural school sports are backward*

1) *Development of school sports is slow*

Xiuyan Manchu Autonomous County still retains a deep test-oriented education habit. The school leaders still use the student achievement and the rate of the entrance to the school as the only standard for testing the construction of the school. The school construction is basically based on the rate of enrollment, which also becomes the test of school teaching. The standard of achievement, in this kind of education system, physical education is getting more and more attention, becoming a vassal in the overall teaching process of the school, and even often eliminating the substitution, etc., students and parents do not pay attention to the study of physical education curriculum, From the three parties do not pay attention to the teaching and learning of physical education curriculum, so the quality of the curriculum can be imagined, which is also the result of backward development of rural school sports^[5].

2) *Lack of teaching hardware*

During the visit to Xiuyan Manchu Autonomous County, we learned that rural primary school sports venues and physical education equipment are far from meeting the requirements of the new national curriculum reform. In some more remote schools, there is no basic hardware such as football fields. Many of the facilities are a dirt playground, which is basically unable to meet the needs of education. Some college basketball courts are just two dilapidated basketball stands. Even these equipment may be donations from socially-loving people accepted by schools in recent years. However, the school itself does not have any operating expenses to support the allocation and upgrading of physical education hardware. The village committee also does not respond to the financial support and setting of special physical education teaching. This is a common problem in ethnic minority areas^[6].

3) *Lack of high-quality sports faculty*

The lack of teachers resources in rural areas is also one of the main problems. In remote rural schools, due to the lack of teachers' resources, many teachers are basically in multiple positions, and even there is only one teacher in the school. They are visiting Xiuyan Manchu Autonomous County. At the time, we found that only one professional physical education teacher was teaching in the past two years. Many physical education courses are basically performed by other teachers, and even the principal is acting on behalf of the school. Because the professional quality of rural teachers is low, the number of teachers with high academic qualifications is very small, and the age is generally large, which has a great impact on the development of physical education in minority areas.

4) *The number of students is decreasing year by year*

At present, the problem in rural areas is that young and middle-aged laborers are working in the process, so some parents will take their children to take care of school. For the entire Manchu Autonomous County, the number of students in school is also decreasing year by year. As rural areas at or below the county level, schools are relatively remote, and the school itself has great difficulties. Some schools have very few students, and even adopt the method of enrolling students every other year. The decline of students leads to The school is facing a big crisis. In addition to the relationship with the young and

middle-aged work, the number of students is related to the education concept of the rural areas. Although parents generally think that learning is important, after they really face difficulties in their children's progression, they will not insist on choosing to make larger. The child went out to work.

III. CONSTRAINTS ON SPORTS DEVELOPMENT IN XIUYAN MANCHU AUTONOMOUS COUNTY, LIAONING PROVINCE

The development of Xiuyan Manchu rural sports is very difficult, which is also caused by local factors. Through the understanding of some local literature, we found the main and objective factors that restrict the development of Xiuyan Manchu rural sports. This is also the reason for the difficulty in the development of other rural sports in Liaoning. Through the collation and analysis of the literature, the Xiuyan Manchu was summarized. The restrictive factors of rural sports development, in response to these subjective and objective factors, targeted countermeasures to promote the development of Xiuyan Manchu rural sports.

A. *The root of the popular culture has caused constraints on the development of sports*

Chinese people have always had a sense of pride in their own culture. This is what history gives us. Culture is actually interpreted through three levels. The object layer refers to the state of reality, the institutional layer is an ideology, and the ideological layer is the most. The state of nature constitutes culture, and culture is the root and foundation of our nation's development. The so-called sports thought and sports consciousness are actually derived from the root culture. This is the most intrinsic factor in the innermost, has strong stability, is a deep constant factor, and is also a factor in determining the object layer and the institutional layer. The development and change of culture are changing with the times. The current development of rural sports and the direction of development are actually determined by the farmers' own sports consciousness. We have learned through the relevant literature in rural areas that rural sports have long been the construction and development is to open up the communication between traditional culture and modern culture. Without traditional culture to lay the foundation for modern culture, excessive pursuit of the development of modern sports culture is actually unable to complete the development of rural sports construction, which is why rural sports thought is weak. There is not even a reason for too much consciousness to exist.

1) *The cultural basis of sports entertainment*

The formation of national culture is a continuation throughout history. The ritual activities become celebrations, and the seasons alternate into festivals. These are the fascinating roots of traditional culture, and traditional sports culture is also evolved from festival activities, such as Dragon Boat Festival in Dragon Boat Festival, Ascending in Chongyang, etc. It can be said that festival culture is an integral part of our traditional Chinese culture, and many cultural roots come from entertainment. All traditional activities express people's pursuit of truth, goodness and beauty, and traditional sports. The event also shows the entertaining features of this harvest, joy, and celebration. In a survey of the Manchurian countryside in Xiuyan, the traditional sports activities evolved from the ancients in pursuit of spiritual entertainment and

brought people unlimited happiness. Traditional folk sports activities are entertaining and are also a happy festival for many people. This is the inheritance of the Chinese cultural roots, which is why the boundaries between traditional Chinese sports and traditional festivals are very vague. Many sports activities The party eventually evolved into a festival of people, especially for some minorities, whose festivals are more accompanied by sports^[7].

In the traditional culture of Liaoning, the peasants have excellent qualities such as respect for the elderly, industriousness, courage, optimism and cheerfulness, and many traditional sports projects also incorporate the precious national temperament. In the face of these sports folklore rooted in the countryside, it is actually the ordinary people's lifestyle, these projects are derived from the local customs and geographical environment, and they are very entertaining, so this also tells us that the development and promotion of farmers' sports projects is based on Entertainment is paramount and cannot be entertained.

2) *The cultural roots of sports and leisure*

With the development of machinery and technology, the lives of ordinary people are more convenient, and leisure time is relatively increased. Especially for farmers, heavy labor is gradually replaced by mechanization, and leisure activities also include sports in which these two are also mutually integrated relationships. We analyze from the development of world culture, leisure sports is actually an important direction of modern sports development. The development and popularization of leisure sports are quite large, and they are not part of competitive sports from any part. This can be said to be a kind of sports. The new interpretation method is also a new force in the development of sports. In the Xiuyan Manchu countryside, this kind of leisure is being replaced by other means. Due to the continuous improvement of living standards, new rural people have begun to try to use other cultural means to entertain, such as movies, television, reading, etc., which limit farmers. Awareness of participation in sports, many people are more willing to try new ways of leisure, which is the main reason for the change in rural cultural life. We can learn from random questions that many farmers choose to play cards or chat in their leisure time, and there are very few people who choose sports activities. Even in the consciousness of many farmers, it is better to participate in sports activities than to play cards or watch TV. This can clearly show that sports activities are no longer the choice of modern farmers. Even some families with a better economy will choose to travel or treat dinner instead of leisure activities, and some competitive sports broadcasts will also allow them and traditional rural areas to a certain extent. Sports projects are getting closer.

B. *The backwardness of the overall economic level restricts the sports development*

The development of society depends on the development of the economy, and the development of sports is no exception. Faced with the current speed and scale of sports development, it depends largely on the degree and level of economic development. It can be said that material conditions determine the intensity of development. The investment in sports funds in Liaoning Province is based on government planning, and the

financial revenue is more sports. The investment in construction will be more; on the contrary, it will be reduced or not invested. At the current stage, the finance of Xiuyan County in Liaoning Province is relatively difficult compared with other counties and townships. It is unrealistic to want to invest funds into sports development. Therefore, the economic situation directly limits the development and consumption of this sport. Whether it is government investment or personal consumption, it has a direct relationship with the economic level.

Most of the personal income of Xiuyan Manchu rural areas is used to pay for food, clothing, housing and transportation. A small part will be used for entertainment consumption, and sports consumption can be said to be almost no. The main task of the local government is to help people increase their income. Good county economic production and other work, so the economic development of the region is the key to determining people's demand for sports. Only when survival and development are satisfied, people will consider enjoying and relaxing.

1) The overall living standards are relatively low

Although the new rural construction has helped farmers increase their income, the state has introduced many preferential policies to farmers. However, the rural economic base has not changed substantially due to long-term backwardness. The income of farmers and the income of urban and rural residents still have a large gap, according to relevant social data, shows that the basic income and expenditure of the per capita income level and consumption level of the Xiuyan Manchu rural area is nearly ten years behind that of the city, and this huge difference is also an obstacle to the national economic development. The balance of urban and rural sports development also has a huge impact. We all say that the economic base determines the superstructure, so the rural economic base and income is also the key to determining the development of rural sports.

2) The personal economic situation is backward

Rural economic development is very different from urban ones. The annual income of farmers is also very small. The living standard is basically controlled within the scope of clothing, food, housing and transportation. This is also the main reason that restricts the development of rural sports. After the 15th National Congress, the government vigorously launched a series of policies to benefit farmers, which increased the speed of rural economic development, the per capita income of farmers also gradually increased, and the quality of life was improved. However, because the peasants' living habits are still limited to labor for a long time, the choice of other leisure time is also relatively simple. The development of sports can be said to be a difficult point. According to the "Research and Research on the Current Situation of Mass Sports in Liaoning Province", often participate in sports. The average monthly income of the project is significantly higher than that of those who do not participate in sports, and the rural sports population is even less or even arguably no. The Xiuyan Manchu rural area is underdeveloped due to economic disadvantage, and the population who choose to participate in sports is less, which is also related to individuals. The direct relationship between economic income and the poor economic

situation of the individual has also led to the lack of rural sports resources and the shortage of facilities and hardware. This is caused by a series of relationships and needs to be resolved positively.

3) Insufficient allocation of site facilities resources

At present, there are more than 40,000 stadiums in Liaoning Province, but the gap between urban and rural areas is very obvious, basically the allocation of 28th. The lack of public sports facilities in rural areas is mainly caused by the different strengths of public finances for urban and rural construction. Urban construction has long dominated, and rural development has lagged behind. These have led to the current imbalance. If you want to solve this problem, the problem is bound to require a long-term process.

We should be clear that the purpose of rural sports development is to enhance the physical fitness of the people, cultivate good fitness and health awareness, and improve the quality of life of the people. With the continuous development of the national economy, many rural areas in Liaoning Province have basically asked for poverty. Everyone has basically lived a relatively rich life. However, many rural areas are concentrated in production due to economic construction, ignoring sports development and leading to some sports hardware. The lack of facilities resources is also the reason for restricting people to choose sports leisure. Therefore, in the long run, the development of Xiuyan Manchu rural sports service must be combined with the construction of site resources, reduce the uncoordinated situation in the process of sports development, and truly implement the factors that restrict the development of sports^[8].

IV. DEVELOPING COUNTERMEASURES OF MANCHU RURAL SPORTS

A. Improving people's understanding of sports culture

The development of sports is a means for people to improve their quality of life. This is not only about improving physical fitness, but also the content of competitive sports. After the 2008 Olympic Games, the domestic upsurge of the national fitness has arisen, and all walks of life have paid more attention to the problems in the fields of physical fitness and fitness, and the development of sports for farmers has begun to be concerned. At present, we are advocating the construction of new countryside, and the development of sports is also among them. We all know that the development of sports first needs to change people's sports awareness. Only after changing the sense of autonomy can sports development be put on the agenda. The change of rural physical fitness consciousness is actually the change of its ideological culture, which is the formation of farmers' daily sports thoughts.

What we need to understand is that the development of rural sports cannot be a tough change, but should be gradually infiltrated from daily life, and more emphasis is placed on the construction of recreational projects as a basis for changing farmers' awareness of sports. The formation of sports consciousness is attached to every aspect of life, such as daily environment, publicity, education, etc., in the daily life environment of the people, invisible through subtle ways, usually to strengthen fitness awareness and daily publicity.

Promotion-oriented, these can be carried out through the media such as the government or the media, guiding the people to gradually establish the awareness of physical fitness, and to integrate with entertainment culture, health care, etc., so that farmers will be more acceptable and action. We must pay attention to the fact that only through the change and trend of consciousness can we fundamentally establish the idea of sports consciousness, and only then can it penetrate into people's daily life, so as to achieve the effect of healthy development.

B. Improving sports culture communication through the government and the media

The development of rural sports needs to be integrated into daily life, behavior, values, and thinking consciousness. We all know that people have self-awareness, and self-awareness is the most fundamental reason for controlling people's actions. In the background, how to change such autonomy is particularly important. We in China have their own unique traditional cultural environment. These traditional cultures are better passed down and preserved in the countryside. This has different parts from the residents of the city. When modern civilization enters the people's life in its own way, let it be very important for farmers to accept these changes. At this time, the mass media and other social media are needed to do the correct guiding role.

According to relevant social data, the influence and orientation of the media is very large. Generally, after the media frequently plays content, the degree of social acceptance and general cognition are greatly increased. The promotion of sports events or the promotion of events will also make people pay more attention to the sports field. This will effectively shorten the distance between ordinary people and sports activities, and the communication of the media itself is a form of entertainment. And this rapid speed of transmission and wide coverage is a very suitable way for people to convert their sports consciousness, which can directly improve people's acceptance. At the same time, we should also plan rural sports development and rural overall construction together, and use the news media as a communication tool to carry out ideological education based on relevant regulations and rules, help farmers to make mistakes in sports cognition, and develop a good and healthy lifestyle.

C. Economic investment to strengthen infrastructure construction

We can see from the development of the sports system in Liaoning Province that the role played by the government is very important. According to the "People's Republic of China Sports Law": the people's government at or above the county level should include sports funds and sports capital construction funds. The financial budget and capital construction investment plan of this level, and gradually increase the investment in the sports industry with the development of the national economy. This shows that the Chinese government is very concerned about the development and construction of sports in various regions. The regulations stipulate that local sports construction, such as investment in economic support, is planned as part of the regional infrastructure. However, we can understand this point. The

support of funds is the main reason for restricting the development of local sports. Therefore, although the government recognizes the importance of economic support for sports from a macro perspective, real implementation and strategic planning are the key to local sports development, especially as rural areas and economies. It is relatively weak, and sports awareness is also relatively lacking. It is also difficult to do a good job in sports health development.

The development of rural sports needs to be based on the rules advocated by the government, and through the grassroots departments, associations, enterprises, individuals, etc. to support the economy, in addition to the government's economic budget support, there will be outside the society. In order to vigorously develop sports activities and carry out rural sports infrastructure construction. However, we must also clearly guide that the development of sports in grassroots rural areas cannot be based solely on the sponsorship of others. The real main line still needs to adjust its own industrial structure. This is also the difference between urban and rural areas in China, through industrial structure and diversification. The adjustment of the service system will improve the motivation of rural sports construction. At present, in the current situation of sports development in Xiuyan County, the development intensity is relatively small, but with the rise of the rural economy, the potential and motivation of social sports will increase, so the government should also give township enterprises and individual management in propaganda and policies. Individuals and individuals have more opportunities for development and encourage everyone to return to their hometowns to help the region develop. This can also effectively expand the source of funding. In the face of funding from the society, the grassroots government should give some preferential business policies and other benefits, so that it can be more attractive. Of course, the construction of sports facilities in Xiuyan County is relatively backward, so the school's basic sports facilities can be used as a venue for the villagers' fitness activities. At present, there are 4.2 primary schools and 1.6 middle schools in towns and villages in Liaoning Province, so they can effectively use the venues of these schools to carry out the development of farmers' sports activities^[9].

In recent years, the state has been very concerned about rural education, especially for improving the construction of school hardware facilities. Currently, there is little difference in the hardware facilities resources of rural schools in Liaoning Province, and the training of rural teachers and The employment has also been greatly improved, so at the current stage, it is very valuable to use the development and investment of educational engineering to combine sports development.

D. Enhancing physical education in schools

The school's education work is to guide students to learn the excellent national culture, so the education of sports programs needs to be taken seriously by the school. This not only enriches the campus culture but also cultivates students to develop healthy living habits. Xiuyan area is a Manchu autonomous county, so it belongs to the ethnically dense area, and the Manchu itself has its own excellent traditional sports. It can be said that sports itself has a good mass foundation in such areas, so the school could be traditional in physical education.

The school's physical education should be competitive and ornamental, which can also arouse more interest for students, so as to do sports development work to make the masses pave the way, while the participation of sports projects itself is very helpful for cohesion and group awareness. This is also very beneficial for minority students to enhance their self-confidence. Schools can carry out more performance-oriented sports programs, which are suitable for more students and students of different ages, such as tug-of-war, kicking scorpions, etc., which does not have too high a requirement for students' sports literacy itself, and the suitable students are more involved. It is also widely used to enhance students' physical agility and improve physical coordination. Help students develop good healthy habits.

School education plays a great role in the development of rural sports work. The use of young people to promote the spread of sports culture, the school's physical education needs to meet the inheritance of Manchu sports culture, on this basis to deepen the reform and management of physical education. Therefore, the school needs to dig deep into the Manchu traditional sports curriculum resources, open some related traditional physical education courses, and also carry out a diversified modern physical education curriculum process.

E. Strengthening the construction of sports organizations and professional teams

We have said before that the government supports the development of rural sports, and more people need to participate in grassroots rural development. This is also to effectively ensure the smooth progress of the work. The coordination and development of sports work require the county party committee and other government leaders to The cultural workstation was renamed as the cultural and sports workstation, and then the network of sports coordination work was laid out in the countryside. This can effectively solve the contradictions in the long-term sports development at the township level, so that after solving the contradictions at all levels, it can be guaranteed. Participation in sports development has directions, organization, personnel, funding, and venues.

The development of rural sports needs to be promoted through the combination of enterprises, schools and social groups. The village committee also needs to play its own role actively. This requires cooperation between multiple industries, so it is necessary to establish a joint sports association. The provisions of the Provisional Regulations on Sports Work, the village committee as the basis for the development of sports work, the peasant sports association as the communication link, the sports guidance station is the organization network construction, which can control the vertical and horizontal network, so that the organization work truly penetrates the villagers. In the end, we must establish a comprehensive incentive mechanism to stage and summarize the work of individuals and organizations. This can effectively stimulate the motivation of grassroots sports workers and stimulate their work enthusiasm. This is the right guide. The promotion of direction also has a great help, but also to establish a sound training system, which is of great significance for the establishment of professional rural sports instructors.

At present, in the process of rural sports construction and development in Liaoning Province, it is necessary to solve related problems. At present, there are fewer employment opportunities for college sports students, but rural sports construction work requires relevant professionals, so in college education and rural sports work. Between the need for the government to carry out a series of communication and guidance work, establish a sound training mechanism, and provide some direct employment positions, so that we can establish a sound talent team for rural sports development work, and also increase the employment of sports freshmen. Opportunity, and also established a multi-level training system.

V. CONCLUSION

In the process of the change of Manchu traditional sports culture, there are problems such as the loss of traditional sports culture in the inheritance, the lack of reasonable abandonment in inheritance, the lack of communication with modern civilization, and the lack of motivation for development. In reality, Manchu traditional sports culture industry and Manchu traditional sports culture processing often have many problems that violate the laws governing the development of national culture, protect and rationally develop unique national cultural resources, and establish a good national cultural-ecological environment, which is the development of Manchu traditional sports culture. It should have its meaning. We should follow the trend of the times to develop and protect national culture, and gradually adjust the adaptability and digestive ability of national culture to modern culture, so that the traditional sports culture of Manchu can inject new cultural factors without losing the inherent cultural elements of the nation. Constantly gain new developments. In short, the urbanization process in Manchu rural areas is still accelerating, and Manchu traditional sports as an important part of traditional culture, its inheritance and development have important significance.

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