Research on the Cultivation of Infants and Young Children' Early Reading Habits in Two-Child Family Environment

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Abstract. Reading is an extremely important way of learning for the Chinese people, through which the masses can get a lot of knowledge. However, for infants and young children, the cultivation of reading ability is not negligible. Family environment plays an important role in the development of reading ability of infants. However, in China's two-child families, how to cultivate infants' early reading habits and how to make use of the influence of two-child habit to promote infants’ interest in reading has become a puzzle for parents. Therefore, in this context, this paper conducts a detailed study on the cultivation of infants' early reading habits in the two-child family environment. First of all, the article summarizes the importance of early reading habits in infants. Then, it summarizes the problems existing in the cultivation of infants' early reading habits in the two-child family environment, and finally puts forward several targeted strategies for the cultivation of infants' early reading habits in the two-child family environment in China.

Keywords: two-child family environment; Infants and young children. Reading habits; Habit cultivation.

1. Introduction
Due to the age of infants and young children, their cognitive level and life experience are inadequate. Therefore, parents should focus on cultivating infant and young children’ habits in the process of infant education. Because, in the process of infants and young children' cognition of the world, they can be promoted to have higher efficiency in the future by developing good habits. For infants and young children to develop the habit of reading, reading is a necessary condition in everyone's learning process. In early education, parents' important task is to cultivate children's good reading habits, so as to maximize the promotion of infants and young children observation, knowledge and cognitive ability and imagination. Therefore, in the contemporary society, with the increase of the number of two-child families in China, parents pay more and more attention to how to develop infants and young children' reading habits, and how to promote the emotional communication between children has become the focus of two-child families. Therefore, this paper has certain practical significance for the research on the cultivation of infants and young children early reading habits in the two-child family environment.

2. The Importance of Early Reading Habits
First, early reading habits of infants can cultivate rich emotions and form good moral character. For infants and young children, infants and young children period is very rich in imagination, and infants and young children's curiosity strong, which makes the infants and young children in the process of reading and listening is more easy to produce different ideas to the protagonist in the article, at the same time also comes with certain moved and shed tears of emotion, which to a certain extent, to fully makes the infant get abundant emotion, raise infant mortality and the establishment of judgments, to fully develop the infant the formation of good moral character. In addition, in two-child families, the eldest child leads the second child to do early reading, which can also promote the emotion between children and help to create a harmonious atmosphere in the family.

Second, infants and young children early reading habits to develop a strong psychological quality can raise, into a good reading habit. For children, the most obvious characteristic of early childhood is hyperactivity, and this period of children lack of sensitivity to the text, more lack of knowledge of the outside world. Therefore, for parents, parents should be in this period of science for infants reading habits. For infants and young children's early reading, the practical significance of the infants and
young children's early reading is not lies in the "book", but in the whole process of infants and young children to read, in the process of the reading habit, infants and young children can be improved greatly with their attention, to raise their ability of thinking and imagination ability, at the same time also can fully exercise the baby observation, cultivate infant memory [1].

Thirdly, cultivating reading habits in infants can also promote their enjoyment of mental pleasure. For children's books, compared with other books, the theme of children's books is rich in content, description techniques are more vivid, and the content presented in the stories is more diverse [2]. For the article "in my island", this article is based on the emotions of infants, and then makes infants get some inner communication. For another example, in the picture book "grandpa does not wear a suit", the author refers to the pictures in the book, all of which have certain emotional tone and depict the characters based on the rough lines, so that the infants can release their own pressure emotions through their own imagination and deepen their thinking on life. Therefore, for infants and young children, the cultivation of their own early reading habits, from the perspective of real-life analysis can fully promote the infants to express their emotions. The cultivation of infants' reading habits can not only make them feel more warmth and love, but also make them feel ugly and promote their comprehensive experience, so as to cultivate their own emotions.

3. Problems Existing in the Cultivation of Infants' Early Reading Habits in the Two-child Family Environment

3.1 Parents' Early Reading View is too One-sided

Parents' view of early reading is too one-sided, which is an important problem in the cultivation of infants' early reading habits in the two-child family environment in China. At present, parents of infants and young children in China have realized the importance of developing their early reading habits. However, some parents regard early reading as an opportunity for their children to learn to read early. The reading process of infants and young children is regarded as the process of word recognition and literacy, and this behavior of eager for quick success and instant benefit seriously affects the interest of infants and young children in reading [3]. In addition, relevant international studies have found that if it is only a simple word recognition, then for infants and young children, early reading habits for the development of various abilities of infants and young children has no significance. Therefore, in China's two-child family, parents' early reading concept is too one-sided, and the concept of one-sided literacy is not conducive to the cultivation of infants' early reading habits.

3.2 Incorrect Parental Guidance

Incorrect parental guidance is another serious problem in the early reading habits of infants in two-child families. According to relevant surveys, most parents in two-child families only choose books according to their own preferences in the process of selecting books for infants and young children, and rarely consider the age and interest needs of infants and young children. In addition, parents are often affected by their own emotions in the process of guiding their children to read. When the parents are in a good mood, they will give more guidance for a few minutes. When the parents are in a low mood, they will not even give guidance. In addition, in the two-child family environment, the frequency of parent-child reading between parents and children is constantly decreasing, which, on the whole, affects the reading time of children.

3.3 Lack of Graded Reading Concept

Based on the analysis of the current situation, the early infant education in two-child families has been highly valued in the world. Nowadays, most parents in two-child families have serious confusion between early reading and early word recognition. According to the survey, in the process of cultivating early reading habits, especially in the process of cultivating older children, most parents of two-child families usually pay more attention to children's word recognition, so parents have a one-sided method in selecting reading materials for their children. For children, graded reading refers
to reading at different levels according to their own physical and mental development rules [4]. But at present, many parents in the early reading habits, the formation of some parents in the process of mechanical urge children to read and read, resulting in children in the process of reading cannot understand the story content, and then lost interest in reading.

As for infants, they are relatively young, and parents play a leading role in developing their reading habits [5]. If children do not read in grades in the process of forming habits, and parents also lack the understanding of the concept of graded reading, then it will certainly affect the effect of early reading habits in infants. At the same time, in terms of zero to three infant early reading, there is a huge different with the common reading, the second child in the family, infant early reading habits form extremely high interactivity, this activity is not only the communication between parents and children and body contact, more performance communication and contact between the child and the child. But at present, in the second part of the child in the family parents are just too much will exchanges and communication between itself and the children, but ignored the communication between children and children, and even just communicate for a child of the family, the enthusiasm of the serious dismissed children habits, and for the cultivation of the feelings between children with a certain negative impact.

3.4 Develop the Sociality of Infants

For parents in two-child families, parents should develop children's sociality. In the process of cultivating children's early reading habits, infants and young children should not only develop and train their imagination, thinking and language, but also improve their emotion and personality to promote their outlook on life and values. Some scholars have pointed out that the development of infants' reading habits is a comprehensive process of children's accumulation of experience in book reading, writing and literacy. In the process of developing early reading habits, the reading of books is only an understanding of simple characters' personalities, but it has real social life emotions [10]. Therefore, for parents of two-child families, parents need to cultivate children's sociality, so as to ensure that children can have simple social conversations with the book during each reading and enrich their own experience by following the illustrations in the book. Through the development of infants and young children's social, and then promote children's cognition of the world, so as to improve children's emotional cultivation.

4. Conclusion

According to the discussion in this paper, the growth of China's social economy makes the Chinese people pay more and more attention to the early education of infants. In the process of infants' cognition of the world, they can be promoted to have higher efficiency in the future by developing good habits. Therefore, parents pay more and more attention to how to cultivate the habits of infants, especially the reading habits of infants. However, in China's two-child families, the early reading habits of infants and young children in the two-child family environment are seriously affected by parents' too one-sided view of early reading, parents' weak understanding of infants and young children's reading habits and incorrect parental guidance. Therefore, only by correctly helping infants and young children to set up correct reading thoughts, adopting the method of personal reading education, creating a good family reading environment, promoting the development of infant language and developing the sociality of infants and young children, can the cultivation of infants and young children's early reading habits be promoted. It is hoped that this study can be concerned by contemporary scholars and conduct in-depth research on this basis, so as to provide valuable references for parents to cultivate their children's early reading habits in China's two-child family environment.

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References


