Application of the PDCA Cycle and Six Thinking Hats to Improving the 
Teaching Quality of Specialized Courses

Ji-Cai Kuai¹,a,*

¹School of Mechanical and Power Engineering, Henan Polytechnic University, Jiaozuo 454000, China
²hitgjc@163.com
*Corresponding author

Keywords: PDCA cycle, Six thinking hats, Quality management, Teaching reform, Specialized courses.

Abstract. In order to improve the level of the university education, the study model of specialized courses is discussed using the PDCA (plan-do-check-act) cycle and Six Thinking Hats. Teaching problems existing in the teaching process and those factors that affect the teaching quality is analyzed, PDCA cycle and Six Thinking Hats and the teaching process is combined. Research show, the teaching quality is improved, the PDCA (plan-do-check-act) cycle and Six Thinking Hats is new scientific method for teaching reforms, which has important theoretical significance and practical value for the teaching reform work.

Introduction

“Modern Machining Technology (MMT)” and “Advanced Manufacturing Technology (AMT)” are a comprehensive systematic technology. It is also the generic term of advanced technology which can adapt to future manufacturing generated by the combination of the latest achievements, theories, methods in traditional manufacturing technology, basic science, management, humanities and sociology, as well as engineering technology etc. It is a kind of emerging cross-discipline integrating mechanic, electronic, information, materials and management [1, 2].

Based on previous research, this paper conducts analysis and summary on all the teaching links of MMT and AMT, and applies PDCA cycle and Six Thinking Hats approach into teaching, for the purpose of providing a new and practical method for the teaching reform.

Principle of PDCA cycle [2-5]

PDCA Cycle

PDCA cycle includes four phases, shown as Fig.1. That is, Plan, Do, Check, Action.

Stage Plan. 1) Carefully analyze the problems existing in teaching links, and conduct summary as well as classification; 2) Analyze the influencing factors of problems existing in teaching links, that is, Man, Machine, Materials, Method, Environment(4M1E);

Man: Whether there exis factors that influence teaching quality in teachers themselves in the subjective aspect;

Machine: Analyze whether there exists factors that affect teaching quality of equipment in multi-media classroom;

Materials: whether the courseware itself is perfect and whether it can take full advantage of multimedia capabilities;

Methods: there are shortages in teaching methods;

Environment: the impact of surrounding environment on the teaching quality; whether there are environmental factors that affect the teaching quality;

3) Analyze the main factors; in the above analysis, find the main factors as the problem to be solved in this PDCA cycle;

4) Against the main factors, make solutions to meet the 5W1H;

**Stage Do.** Conscientiously implement the plan made in stage P.

**Stage Check.** Conduct inspection on the implementation condition and effect in stage D.

**Stage Action.** Conduct the summary on the experience and issues of PDCA cycle, gain experience, and bring new found problems as well as those to be solved in the next PDCA cycle, for the purpose of improving the teaching quality gradually, as shown in Fig.2.

![Fig.1 Principle of PDCA cycle](image1)

![Fig.2 Quality improvement after application of PDCA cycle](image2)

**The Six Thinking Hats [6-10]**

Six Thinking Hats is a book by Edward de Bono which describes a tool for group discussion and individual thinking involving six colored hats. "Six Thinking Hats" and the associated idea parallel thinking provide a means for groups to plan thinking processes in a detailed and cohesive way, and in doing so to think together more effectively.

The premise of the method is that the human brain thinks in a number of distinct ways which can be deliberately challenged, and hence planned for use in a structured way allowing one to develop tactics for thinking about particular issues. De Bono identifies six distinct directions in which the brain can be challenged. In each of these directions the brain will identify and bring into conscious thought certain aspects of issues being considered (e.g. gut instinct, pessimistic judgment, neutral facts). None of these directions are completely natural ways of thinking, but rather how some of us already represent the results of our thinking.

Six distinct directions are identified and assigned a color, as show in Fig.3. The six directions are:

![Fig.3 The Six Thinking Hats](image3)

**Managing** Blue - what is the subject? What are we thinking about? What is the goal?

**Information** White - considering purely what information is available, what are the facts?
**Emotions** Red - intuitive or instinctive gut reactions or statements of emotional feeling (but not any justification).

**Discernment** Black - logic applied to identifying reasons to be cautious and conservative.

**Optimistic response** Yellow - logic applied to identifying benefits, seeking harmony.

**Creativity** Green - statements of provocation and investigation, seeing where a thought goes.

Coloured hats are used as metaphors for each direction. Switching to a direction is symbolized by the act of putting on a coloured hat, either literally or metaphorically. These metaphors allow for a more complete and elaborate segregation of the thinking directions. The six thinking hats indicate problems and solutions about an idea the thinker may come up with.

For instance, a meeting may be called to review teaching problems existing in the “Modern Machining Technology” and to develop a solution for the problem. The Six Thinking Hats method could then be used in a sequence to first of all explore the problem, and then develop a set of solutions, and to finally choose a solution through critical examination of the solution set.

So the meeting may start with everyone assuming the **Blue** hat to discuss how the meeting will be conducted and to develop the goals and objectives. The discussion may then move to **Red** hat thinking in order to collect opinions and reactions to the problem. This phase may also be used to develop constraints for the actual solution such as who will be affected by the problem and/or solutions. Next the discussion may move to the (**Yellow then**) **Green** hat in order to generate ideas and possible solutions. Next the discussion may move between **White** hat thinking as part of developing information and **Black** hat thinking to develop criticisms of the solution set.

Because everyone is focused on a particular approach at any one time, the group tends to be more collaborative than if one person is reacting emotionally (Red hat) while another person is trying to be objective (White hat) and still another person is being critical of the points which emerge from the discussion (Black hat).

**The Comparison between the 2 Years before and after PDCA Cycle and Six Thinking Hats**

The teaching reform can make PDCA cycle and Six Thinking Hats get effective implementation in all the teaching links and make the teaching effectiveness be improved gradually.

**Tab.1** The test scores of MMT and AMT in 2013-2014

<table>
<thead>
<tr>
<th>Score</th>
<th>&lt;60</th>
<th>60-69</th>
<th>70-79</th>
<th>80-89</th>
<th>90-100</th>
<th>Top score</th>
<th>Minimum scores</th>
<th>Average score</th>
</tr>
</thead>
<tbody>
<tr>
<td>MMT</td>
<td>0</td>
<td>0</td>
<td>9</td>
<td>16</td>
<td>41</td>
<td>184</td>
<td>54</td>
<td>27</td>
</tr>
<tr>
<td>AMT</td>
<td>0</td>
<td>0</td>
<td>3.03</td>
<td>13.6</td>
<td>25.9</td>
<td>34.7</td>
<td>61.9</td>
<td>45.8</td>
</tr>
<tr>
<td>Num.</td>
<td>0</td>
<td>0</td>
<td>9</td>
<td>16</td>
<td>41</td>
<td>184</td>
<td>54</td>
<td>27</td>
</tr>
<tr>
<td>Proportion %</td>
<td>0</td>
<td>0</td>
<td>3.03</td>
<td>13.6</td>
<td>25.9</td>
<td>34.7</td>
<td>61.9</td>
<td>45.8</td>
</tr>
</tbody>
</table>

**Tab.2** The test scores of MMT and AMT 2014-2015

<table>
<thead>
<tr>
<th>Score</th>
<th>&lt;60</th>
<th>60-69</th>
<th>70-79</th>
<th>80-89</th>
<th>90-100</th>
<th>Top score</th>
<th>Minimum scores</th>
<th>Average score</th>
</tr>
</thead>
<tbody>
<tr>
<td>MMT</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>8</td>
<td>7</td>
<td>1224</td>
<td>21</td>
<td>100</td>
</tr>
<tr>
<td>AMT</td>
<td>0</td>
<td>0</td>
<td>0.4</td>
<td>14.5</td>
<td>21</td>
<td>68.5</td>
<td>38.2</td>
<td>29</td>
</tr>
<tr>
<td>Num.</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>8</td>
<td>7</td>
<td>1224</td>
<td>21</td>
<td>100</td>
</tr>
<tr>
<td>Proportion %</td>
<td>0</td>
<td>0</td>
<td>0.4</td>
<td>14.5</td>
<td>21</td>
<td>68.5</td>
<td>38.2</td>
<td>29</td>
</tr>
</tbody>
</table>

Heretofore, we have conducted the teaching of MMT and AMT in two semesters. Against the shortage existing in teaching links in 2013-2014, we conduct reform and apply PDCA and Six Thinking Hats application in teaching work in 2014-2015, we have achieved remarkable results. Table 1 is the test scores of MMT and AMT in 2013-2014. It can be seen from the table that the fraction distribution is the normal distribution and the majority of grades distribute in the range of 70-80 and 80-90, but there is no full mark and failing grade. The average score is 82.3 and 78.3.

Table 2 is the statistical analysis of the test scores of MMT and AMT in the first semester of 2014-2015. It can be seen from Table 2 that fraction distribution moves towards the high score range, where the ratio of excellent grades rises from 9.09% and 5.9% in 2013 to 29% and 27.3% in 2014, and there are two full marks, with the average test score of 86.8 and 82.1, where the average score increases by 4.77 and 3.8 points in 2013-2014.
Conclusion

This paper analyzes the general problems existing in teaching MMT and AMT and makes a useful exploration of the PDCA cycle and Six Thinking Hats for MMT and AMT Teaching. After nearly a year of teaching experiments, it shows that PDCA cycle and Six Thinking Hats for MMT and AMT reform is feasible; as the introduction of the PDCA cycle and Six Thinking Hats, the quality of MMT and AMT teaching has been greatly improved, solving the problems of unsatisfactory teaching effect due to the lack of the class and too scattered and broad teaching materials, which has great practical significance and referential value.

Acknowledgement

This research was financially supported by the National Science Foundation of China (Grant No.51475147) and the key project of science and technology of Educational Commission of Henan Province of China (Grant No.13A460341).

References